

Sunday 9 March 2008 - Finchley '20' Road Race at Ruislip (hosted by Hillingdon AC)

Senior Men

1	88 Paul	Martelletti	S Victoria Park Harriers & Tower Hamlets AC	1. 51. 33
2	548 James	Savage	S Stourbridge RC	1. 51. 47
3	118 Philip	Sanger	S Epsom & Ewell Harriers	1. 54. 49

Middlesex Championships Men

1	88 Paul	Martelletti	S Victoria Park Harriers & Tower Hamlets AC	1. 51. 33
2	619 Eric	Phillips	S Serpentine RC	2. 06. 40
3	516 Andy	Dodd	S Ealing, Southall & Middlesex AC	2. 09. 22

Over 40 Men

1	22 Nigel	Rackham	V45 Metros RC	1. 55. 57
2	195 Paul	Bleach	V40 City Of Portsmouth AC	2. 00. 44
3	533 Ian	Davis	V40 Trent Park RC	2. 04. 49

Over 50 Men

1	143 David	McGregor	V50 Serpentine RC	2. 03. 54
2	62 John	Chapman	V50 Stopsley Striders	2. 11. 17
3	596 David	Cook	V50 Saints & Sinners	2. 18. 49

Over 60 Men

1	602 Colin	Rees	V60 Tring AC	2. 29. 40
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Over 70 Men

1	311 Graham	Brooks	V75 Tunbridge Wells Harriers	4. 11. 07
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Men's Team (four-to-score)

1	Serpentine RC	56
2	Hillingdon AC	146

Senior Women

1	119 Laura	Cowley	S Herts Phoenix AC	2. 09. 17
2	222 Kaye	Mansbridge	S Winchester & District AC	2. 10. 20
3	189 Rachel	Zuckerman	S Serpentine RC	2. 20. 25

Middlesex Championships Women

1	315 Sarah	Swan	V35 London Heathside AC	2. 10. 15
2	613 Penny	Thorn	S Serpentine RC	2. 23. 07
3	279 Nicola	Baker	V35 Ealing, Southall & Middlesex AC	2. 31. 54

Over 35 Women

1	315 Sarah	Swan	V35 London Heathside AC	2. 10. 15
2	70 Claire	Imrie	V35 Serpentine RC	2. 17. 46
3	75 Sandra	Reynolds	V35 Chiltern Harriers	2. 18. 36

Over 45 Women

1	63 Kate	Loach	V45 Chiltern Harriers	2. 35. 15
2	265 Jane	Nodder	V45 Mornington Chasers	2. 39. 42
3	123 Claire	Bonnick	V45 Watford Harriers	2. 41. 38

Over 55 Women

1	68 Gertrud	Porter	V55 Metros RC	2. 44. 30
2	108 Christine	Egglestone	V55 Lingfield RC	2. 45. 43

Women's Team (three-to-score)

1	Serpentine RC	20
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Men's Team (four-to-score)

1	Serpentine RC	56
2	Hillingdon AC	146
3	Ranelagh Harriers	225
4	Woking AC	286
5	Reading RR	313
6	London Front Runners	329
7	The Stragglers	407
8	St Albans Striders	439
9	26.2 RRC	441
10	Metros RC	468
11	Watford Harriers	734

Women's Team (three-to-score)

1	Serpentine RC	20
2	Chiltern Harriers	41
3	Reading RR	67
4	Winchester & District AC	129
5	London Heathside AC	132
6	The Stragglers	168
7	Mornington Chasers	184
8	Metros RC	187
9	David Lloyd Pacers	209
10	Dulwich Runners	242
11	Watford Joggers	254
12	Watford Harriers	278
13	26.2 RRC	315
14	Women's Running Network	474

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1	88 Paul	Martelletti	M	S	Victoria Park Harriers & Tower Hamlets AC	Mx	1.	51.	33
2	548 James	Savage	M	S	Stourbridge RC		1.	51.	47
3	118 Philip	Sanger	M	S	Epsom & Ewell Harriers		1.	54.	49
4	115 Eric	Vamden	M	S	Serpentine RC		1.	55.	33
5	22 Nigel	Rackham	M	V45	Metros RC		1.	55.	57
6	631 Phil	Killingley	M	S	Winchester & District AC		1.	57.	54
7	641 Grant	Ramash	M	S	Barnet & District AC		1.	58.	26
8	372 Dan	Higgins	M	S	Highgate Harriers		1.	59.	00
9	195 Paul	Bleach	M	V40	City Of Portsmouth AC		2.	00.	44
10	259 Justin	Mitchell	M	S	Woking AC		2.	01.	17
11	264 Stephen	Whitehead	M	S	Ranelagh Harriers		2.	01.	45
12	X						2.	02.	45
13	268 Paul	Roberson	M	S	Reading RR		2.	03.	27
14	267 Ed	Kirk-Wilson	M	S	Clapham Chasers		2.	03.	31
15	143 David	McGregor	M	V50	Serpentine RC		2.	03.	54
16	216 Chris	Walmsley	M	S	The Stragglers		2.	03.	59
17	106 Tom	Hadfield	M	S	Belgrave Harriers		2.	04.	45
18	533 Ian	Davis	M	V40	Trent Park RC		2.	04.	49
19	255 Andrew	Robbins	M	S	Serpentine RC		2.	06.	11
20	419 Pete	Summers	M	V40	Burnham Joggers		2.	06.	27
21	619 Eric	Phillips	M	S	Serpentine RC	Mx	2.	06.	40
22	65 Graham	Bungay	M	V40	Southampton RC		2.	07.	05
23	427 Dan	Afshar	M	S			2.	07.	29
24	79 Mark	Braley	M	S	Serpentine RC		2.	07.	29
25	305 Robin	Tuddenham	M	S	Serpentine RC		2.	07.	34
26	540 Trevor	Maguire	M	V40	Ranelagh Harriers		2.	07.	58
27	449 Michael	Wiggins	M	S	Serpentine RC		2.	08.	47
28	258 Richard	Quntrill	M	S	Chiltern Harriers		2.	08.	55
29	119 Laura	Cowley	F	S	Herts Phoenix AC		2.	09.	17
30	516 Andy	Dodd	M	S	Ealing, Southall & Middlesex AC	Mx	2.	09.	22
31	228 Julian	McGowan	M	S	Hillingdon AC	Mx	2.	09.	53
32	315 Sarah	Swan	F	V35	London Heathside AC	Mx	2.	10.	15
33	222 Kaye	Mansbridge	F	S	Winchester & District AC		2.	10.	20
34	307 Chris	McIver	M	S	Ealing, Southall & Middlesex AC		2.	10.	47
35	589 Andre	Segger	M	S	Serpentine RC		2.	11.	08
36	232 Paul	Dennis	M	S	Woking AC		2.	11.	10
37	446 Paul	Siddle	M	S	St Albans Striders		2.	11.	11
38	62 John	Chapman	M	V50	Stopsley Striders		2.	11.	17
39	638 Paul	Wood	M	S	Hillingdon AC	Mx	2.	12.	28
40	196 Philip	Cross	M	V40	Woking AC		2.	12.	29
41	639 Matthew	Willis	M	S	Hillingdon AC	Mx	2.	13.	06
42	224 Henry	Andrews	M	V40	London Heathside AC		2.	13.	10
43	130 Nick	Cavalla	M	V45			2.	13.	13
44	127 Keith	Jordon	M	S			2.	13.	25
45	295 Glen	Slade	M	V40	London Front Runners		2.	13.	29
46	599 Vik	Bansal	M	S			2.	14.	14
47	122 Alan	Hall	M	S	Serpentine RC		2.	14.	18
48	138 Simon	Allan	M	S			2.	14.	30
49	116 Craig	Metcalfe	M	S	Hillingdon AC	Mx	2.	14.	50
50	61 David	Fieldhouse	M	S			2.	15.	42
51	603 Graham	Taylor	M	V45	British Airways AC	Mx	2.	15.	46
52	69 Andrew	Tate	M	V45	Runnymede Runners		2.	15.	59
53	282 Michael	Turney	M	V40	Chiltern Harriers		2.	15.	59
54	659 Paul	Mitchell	M	V40	South London Harriers		2.	16.	04
55	475 Derek	Walker	M	V45	Watford Harriers		2.	16.	41
56	562 Martin	Townsend	M	V45	Woodstock Harriers		2.	16.	54
57	168 Leigh	Head	M	S			2.	16.	56
58	211 Ben	Martin-Dye	M	S			2.	16.	59
59	628 Andrew	Orr	M	S	Serpentine RC		2.	17.	11

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60	271	Kevin	Linehan	M	S	Highgate Harriers		2. 17. 15
61	23	Nick	Fidler	M	S	Serpentine RC		2. 17. 33
62	324	Alex	Kitromilides	M	S	Mornington Chasers		2. 17. 42
63	303	Mike	Hurford	M	V45	Mornington Chasers		2. 17. 45
64	70	Claire	Imrie	F	V35	Serpentine RC		2. 17. 46
65	151	Nathan	Powell	M	S	Metros RC		2. 17. 47
66	367	Ben	Howard	M	S	Dorking & Mole Valley AC		2. 18. 18
67	208	Nicholas	Copas	M	S	Serpentine RC		2. 18. 19
68	323	Ed	Bellamy	M	S			2. 18. 23
69	409	Gavin	Rennie	M	V40	Reading RR		2. 18. 24
70	226	Ed	Barker	M	S	Ranelagh Harriers		2. 18. 26
71	124	Paul	Woodmansey	M	S	Serpentine RC		2. 18. 27
72	605	Andy	Millbank	M	V45	Herne Hill Harriers	Mx	2. 18. 30
73	75	Sandra	Reynolds	F	V35	Chiltern Harriers		2. 18. 36
74	596	David	Cook	M	V50	Saints & Sinners		2. 18. 49
75	575	Pippa	Major	F	V40	South London Harriers		2. 18. 55
76	240	William	Smith	M	V45	St Albans Striders		2. 19. 00
77	398	Gary	Rushmer	M	V45	British Airways AC		2. 19. 18
78	597	Robert	Westaway	M	S	Serpentine RC		2. 19. 40
79	347	David	Simpson	M	V45	Serpentine RC		2. 19. 41
80	218	Patrick	Doyle	M	V40	London Front Runners		2. 19. 42
81	513	Todd	Gray	M	S	Fairlands Valley Spartans		2. 20. 00
82	242	Timothy	Gascoigne	M	S	Highgate Harriers		2. 20. 21
83	407	Gary	Warren	M	S	Garden City Runners		2. 20. 23
84	189	Rachel	Zuckerman	F	S	Serpentine RC		2. 20. 25
85	606	Charlotte	Steptoe	F	S	Vale Of Aylesbury AC		2. 20. 47
86	470	Richard	Anderson	M	S			2. 21. 16
87	616	Edward	Lemon	M	S	Hillingdon AC	Mx	2. 21. 29
88	484	Ian	Gosling	M	S	Reading RR		2. 21. 47
89	391	Andrew	Pengelly	M	V40	26.2 RRC		2. 21. 57
90	342	Bill	Bennett	M	V50	Orion Harriers		2. 22. 06
91	99	Simon	Bampfylde	M	S	Serpentine RC		2. 22. 09
92	672	Velchouk	Sami	M	S	Trent Park RC	Mx	2. 22. 38
93	651	Craig	Robertson	M	S	Serpentine RC		2. 22. 54
94	613	Penny	Thorn	F	S	Serpentine RC	Mx	2. 23. 07
95	178	Daren	Roscoe	M	S	Hillingdon AC	Mx	2. 23. 11
96	96	Brent	Plump	M	S	Serpentine RC		2. 23. 15
97	7	Samuel	Boylin	M	S	Serpentine RC		2. 23. 33
98	257	Sarah	Quantrill	F	S	Chiltern Harriers		2. 23. 38
99	9	Anna	Balance	F	V35	Bracknell Forest Runners		2. 23. 39
100	543	Simon	Rowe	M	S	Hart RR		2. 23. 52
101	11	John	Matthews	M	S	26.2 RRC		2. 24. 13
102	140	David	Takacs	M	V45	London Front Runners		2. 24. 18
103	476	David	Franks	M	S			2. 24. 29
104	314	Mark	Studdart	M	V40	Watford Joggers		2. 24. 55
105	134	Michael	Wilson	M	V45	Thames Valley Harriers		2. 24. 59
106	346	Callum	Donald	M	S	Garden City Runners		2. 25. 00
107	82	Martha	Hall	F	S	Garden City Runners		2. 25. 04
108	77	Robert	Casserley	M	S	Garden City Runners		2. 25. 08
109	4	Philip	Ide	M	V50	South London Harriers		2. 25. 08
110	250	Stephen	Wood	M	S	BRJ/Huntingdon RRC		2. 25. 15
111	20	Saba	Holt	F	V35	Reading RR		2. 25. 25
112	373	Mark	Chapman	M	S	KPMG RC		2. 25. 25
113	5	Tom	Reid	M	S	Winchester & District AC		2. 25. 30
114	272	Ellie	Barnes	F	S	Reading RR		2. 25. 32
115	2	Tom	Barnes	M	S	Moorfoot Runners		2. 25. 34
116	465	Ian	Harvey	M	S	Watford Joggers		2. 25. 36
117	458	William	Kirk-Wilson	M	S	Leamington C&AC		2. 25. 56
118	445	Colin	Jones	M	V40	Barking RRC		2. 26. 09

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119	363	Joe	Warner	M	S		2. 26. 20
120	643	Matt	Baker	M	S		2. 26. 30
121	614	Martyn	Rowe	M	S	Barnet & District AC	2. 26. 44
122	359	Simon	Finch	M	V45	26.2 RRC	2. 26. 53
123	389	Tina	Bailey	F	V35		2. 27. 17
124	253	Mike	Taylor	M	V50	Portsmouth Joggers	2. 28. 45
125	447	Jim	O'Donovan	M	V45	Hillingdon Triathletes	2. 28. 58
126	552	Paul	Hooper	M	V50	Dartford Road Runners	2. 29. 02
127	51	Elizabeth	Whiting	F	S	Serpentine RC	2. 29. 09
128	602	Colin	Rees	M	V60	Tring AC	2. 29. 40
129	463	Matt	Sparrow	M	S		2. 29. 45
130	166	Bruce	Cooke	M	V60	Maidenhead AC	2. 29. 46
131	120	Barry	Chisholm	M	V45	Shaftesbury Barnet Harriers	2. 29. 57
132	241	Tim	Odonovan	M	V45	Trent Park RC	2. 30. 01
133	152	Walter	McCarthy	M	V45	Royal Mail AC	2. 30. 08
134	341	Richard	Ruffell	M	V45	British Airways AC	2. 30. 15
135	30	Chris	Lucas	M	S		2. 30. 21
136	164	Mandy	Livingstone	F	V35	Garden City Runners	2. 30. 32
137	221	Alex	Muir	M	S		2. 30. 52
138	568	Kirsty	Green	F	S	Watford Joggers	2. 30. 53
139	319	David	Randall	M	S		2. 31. 09
140	95	Jennifer	Lashua	F	S	Serpentine RC	2. 31. 17
141	310	Chris	Watt	M	S		2. 31. 20
142	441	Tiffany	Moorcroft	F	S	Preston Harriers	2. 31. 29
143	111	Daniel	Easton	M	S		2. 31. 31
144	390	Nick	Akerman	M	S		2. 31. 41
145	262	Steve	Grout	M	V45	Ranelagh Harriers	2. 31. 53
146	279	Nicola	Baker	F	V35	Ealing, Southall & Middlesex AC	Mx 2. 31. 54
147	X						2. 31. 59
148	424	Nicola	Froud	F	V40	Barnet & District AC	2. 32. 01
149	144	Adrian	Butler	M	S	London Front Runners	2. 32. 12
150	66	Martin	Garrett	M	V50	Sudbury Court RC	2. 32. 31
151	483	Diane	Haywood	F	V40	Serpentine RC	2. 32. 44
152	648	John	Brener	M	V45	UKnetrunner.co.uk	2. 33. 18
153	188	Trevor	Steeple	M	V50	Civil Service AA	2. 33. 57
154	270	Noel	Hollingsworth	M	V45	The Stragglers	2. 34. 23
155	158	Vincent	Holley	M	V40	The Stragglers	2. 34. 27
156	227	David	White	M	V45	Tri London	2. 34. 46
157	388	Michael	Hindes	M	V40		2. 34. 53
158	625	David	Griffiths	M	V55	The Stragglers	2. 34. 58
159	37	Alison	Kingston	F	S	Cove Joggers	2. 35. 08
160	43	Helen	Perera	F	V40	Cambridge Harriers	2. 35. 11
161	612	William	Simpson	M	V45	Serpentine RC	2. 35. 14
162	63	Kate	Loach	F	V45	Chiltern Harriers	2. 35. 15
163	635	Hannah	Arnold	F	S	Crowborough Runners	2. 35. 17
164	461	Michaela	Tagg	F	S		2. 35. 54
165	197	Shirish	Gandhi	M	V40		2. 36. 44
166	494	Marc	Boden	M	V40	Burnham Joggers	2. 36. 45
167	104	Phil	Bowen	M	S	Serpentine RC	2. 36. 57
168	31	Bruce	McLaren	M	V40		2. 37. 14
169	146	Alex	McGlashan	M	V45	London Heathside AC	2. 37. 17
170	97	Mariana	Ivantsoff	F	S	Serpentine RC	2. 37. 40
171	91	Kerry	James	M	S	Fairlands Valley Spartans	2. 38. 11
172	155	Kevin	Wills	M	V45	Campus 7 AC	2. 38. 13
173	157	Shaun	Mills	M	S	Campus 7 AC	2. 38. 17
174	557	Andrew	Fish	M	S		2. 38. 17
175	429	Ian	Nichol	M	V40	St Albans Striders	2. 38. 22
176	193	Mark	George	M	S	Campus 7 AC	2. 38. 25
177	453	Philip	Tsang	M	S	Victoria Park Harriers & Tower Hamlets AC	2. 38. 32

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178	657	Michael	Wilson	M	V45 East London Runners		2.	38.	35
179	194	Graham	Beamiss	M	S The Stragglers		2.	38.	48
180	50	Paul	Natali	M	S		2.	39.	03
181	48	Angharad	Palin	F	S Serpentine RC		2.	39.	05
182	148	Keith	Taylor	M	V45 Watford Harriers		2.	39.	11
183	291	Lee	Burgess	M	S		2.	39.	12
184	556	Steven	Phillips	M	S		2.	39.	16
185	443	Pete	Edwards	M	V40 Watford Joggers		2.	39.	17
186	34	Jonathan	Oliver	M	S Maidenhead AC		2.	39.	21
187	128	Kristian	Davey	M	S		2.	39.	25
188	537	Rosie	Millard	F	V40		2.	39.	28
189	74	Gavin	Imrie	M	S Sudbury Court RC		2.	39.	38
190	265	Jane	Nodder	F	V45 Mornington Chasers		2.	39.	42
191	563	Peter	Moffat	M	V45		2.	39.	52
192	150	Neil	Woodroof	M	V40 Reading RR		2.	39.	53
193	496	Vicky	Lambert	F	V40		2.	40.	05
194	656	Brian	Lynch	M	S BBC RC		2.	40.	06
195	471	Jan	Marek	M	S		2.	40.	08
196	595	Jacqui	Fry	F	V35 The Stragglers		2.	40.	49
197	55	Laura	Denham-Jones	F	V40 Clapham Chasers		2.	41.	00
198	559	MS	Firmager	F	V40 Lingfield RC		2.	41.	05
199	354	Gerard	Daly	M	S		2.	41.	11
200	567	Seamus	Harris	M	S		2.	41.	24
201	600	Desiree	Clarke Noble	F	V35 East End RR		2.	41.	24
202	331	Gareth	Hudson	M	V45 Headington RR		2.	41.	27
203	47	Alan	Richardson	M	V50 Cove Joggers		2.	41.	28
204	213	Steve	Blake	M	S 26.2 RRC		2.	41.	34
205	123	Claire	Bonnick	F	V45 Watford Harriers		2.	41.	38
206	517	Jacqueline	Bowles	F	V40 Metros RC		2.	41.	41
207	571	Stephen	Hunt	M	S		2.	41.	44
208	624	Carly	Relf	F	S Reading RR		2.	42.	02
209	536	Graeme	Chamberlin	M	S		2.	42.	13
210	184	C	Boyle	F	V40 Victoria Park Harriers & Tower Hamlets AC		2.	42.	20
211	87	Neil	Daly	M	S		2.	42.	23
212	653	Kevin	Dutton	M	V40		2.	42.	30
213	300	Andreas	Goldau	M	V40		2.	42.	33
214	457	Mark	Russell	M	V40 Orpington RR		2.	42.	37
215	514	Gill	Hardy	F	V35		2.	42.	48
216	135	Mike	Sharp	M	V40		2.	42.	48
217	326	Ian	Atkinson	M	S		2.	43.	00
218	525	Michael	Mello	M	V45 North Herts RR		2.	43.	09
219	621	Alastair	Scoffham	M	V50 Metros RC	Mx	2.	43.	18
220	3	Clare	Bird	F	V35 Reading RR		2.	43.	32
221	673	Armando	Lamagna	M	S		2.	43.	47
222	162	Mark	Kolesnikow	M	S	Mx	2.	43.	50
223	448	Megan	Thomas	F	S Mornington Chasers		2.	43.	50
224	646	Bernadette	Maher	F	S Wimbledon Milers		2.	43.	54
225	231	Chantal	Lefevre	F	S Serpentine RC		2.	44.	05
226	604	Cliff	Golding	M	V50 Shaftesbury Barnet Harriers	Mx	2.	44.	23
227	68	Gertrud	Porter	F	V55 Metros RC		2.	44.	30
228	497	Grant	Cunningham	M	S The Stragglers		2.	44.	36
229	655	Tracey	Williams	F	V35		2.	44.	37
230	588	Kath	Humpidge	F	V40		2.	44.	47
231	466	Jane	Lee	F	V40 David Lloyd Pacers		2.	44.	50
232	481	Pam	Rutherford	F	V35 Serpentine RC		2.	45.	03
233	664	Neil	Chapman	M	V45 The Stragglers		2.	45.	05
234	121	Jaran	Finn	M	S Serpentine RC		2.	45.	07
235	73	Jackie	Ducker	F	V40 Winchester & District AC		2.	45.	08
236	491	David	Robins	M	S		2.	45.	19

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237	207	Brian	Feldman	M	V60 Hillingdon AC	Mx	2. 45. 24
238	592	Craig	Pont	M	S West 4 Harriers		2. 45. 25
239	21	Caroline	Doyle	F	S Serpentine RC		2. 45. 31
240	108	Christine	Egglestone	F	V55 Lingfield RC		2. 45. 43
241	551	Anthony	Smith	M	V45 Thames Valley Harriers		2. 45. 47
242	125	Anna	Saville	F	S		2. 45. 51
243	35	Paul	Reading	M	V40		2. 46. 07
244	360	Matthew	Daly	M	S		2. 46. 09
245	618	Maureen	Noel	F	V40 Belgrave Harriers		2. 46. 26
246	285	Barry	Hayden	M	S		2. 46. 34
247	412	Kate	Viner	F	S Serpentine RC		2. 46. 38
248	239	Siobhan	Reddy	F	V35 Serpentine RC		2. 46. 59
249	153	Timothy	Hollingsworth	M	V45 David Lloyd Pacers		2. 47. 05
250	173	Gary	Bamforth	M	S		2. 47. 22
251	504	Karen	Levy	F	S Barnet & District AC		2. 47. 24
252	160	Andy	Murray	M	V50 Dulwich Runners		2. 47. 28
253	566	Patrick	Wilson	M	V50		2. 47. 34
254	98	Sue	Lambert	F	V65 Serpentine RC		2. 47. 40
255	402	Laura	Denison	F	S Serpentine RC		2. 47. 45
256	170	Pat	Higgins	M	V50 St Albans Striders		2. 48. 06
257	182	Nigel	Mann	M	V45 Hillingdon AC	Mx	2. 48. 24
258	180	Kate	Pettican	F	V40 London Heathside AC		2. 48. 25
259	139	Michelle	Trigg	F	V35 David Lloyd Pacers		2. 48. 32
260	569	David	Leigh	M	S		2. 48. 38
261	329	Mark	Haines	M	S		2. 49. 09
262	304	Gerry	Murphy	M	V50 Purple Patch		2. 49. 24
263	530	Gillian	Duggan	F	V40 The Stragglers		2. 49. 28
264	177	Andy	Mansi	M	V55 Hillingdon AC	Mx	2. 49. 30
265	332	Mehul	Bakrania	M	S		2. 49. 33
266	299	Simon	Maughan	M	S Serpentine RC		2. 49. 35
267	105	Dominic	Whelan	M	S Serpentine RC		2. 49. 43
268	534	Martin	Winter	M	V50		2. 49. 43
269	477	Jim	Green	M	S		2. 49. 46
270	623	Kylie	Coulter	F	S Reading RR		2. 49. 48
271	161	Ros	Tabor	F	V55 Dulwich Runners		2. 49. 57
272	261	Amy	Balchin	F	S Serpentine RC		2. 50. 15
273	400	Tom	Duff	M	S		2. 50. 24
274	147	Kim	Hochfeld	F	V35 London Heathside AC		2. 50. 27
275	541	Nick	Stewart	M	V45 Fairlands Valley Spartans		2. 50. 28
276	394	Howard	Monk	M	S London Heathside AC		2. 50. 30
277	174	Jane	Harris	F	V40 Serpentine RC		2. 50. 31
278	325	Gary	Cann	M	S		2. 50. 33
279	126	Vanessa	Mitcheel	F	V35 The Stragglers		2. 50. 37
280	196	Philip	Cross	M	V40 Woking AC		2. 50. 47
281	411	Edward	Tolchard	M	S		2. 50. 55
282	309	Graham	Lane	M	S Dulwich Runners		2. 51. 19
283	593	Leslie	Youngman	M	V40		2. 51. 22
284	343	Louise	Vacher	F	V40 Victoria Park Harriers & Tower Hamlets AC		2. 51. 23
285	392	Richard	Phillips	M	S		2. 51. 24
286	490	Keely	Williams	F	V35 St Albans Striders		2. 51. 35
287	281	Kevin	Walling	M	V40		2. 51. 45
288	29	Darren	Over	M	S Serpentine RC		2. 51. 50
289	198	Richard	North	M	S Serpentine RC		2. 51. 51
290	489	Gavin	Burt	M	V40 Mornington Chasers		2. 51. 59
291	587	William	Smith	M	V45 Hillingdon AC	Mx	2. 52. 04
292	36	Matt	Taylor	M	S Serpentine RC		2. 52. 12
293	408	Catherine	Dubois	F	S Serpentine RC		2. 52. 13
294	442	Esme	Ireland	F	V50 Winchester & District AC		2. 52. 20
295	426	John	Wilkinson	M	V45		2. 52. 21

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296	474	Jo	Price	F	S		2.	52.	27	
297	416	Andrea	Bennett	F	S	Reading RR	2.	52.	43	
298	92	Bob	Brookes	M	V50	Reading RR	2.	52.	49	
299	12	Claire	Levermore	F	S	Serpentine RC	2.	52.	49	
300	415	Gavin	Bluck	M	S		2.	52.	51	
301	296	Sharon	Latham	F	V40		2.	52.	53	
302	42	Helen	Guest	F	V45	Cambridge Harriers	2.	52.	56	
303	395	Max	Penvern	M	V40	London Front Runners	2.	52.	57	
304	27	Graham	Carson	M	V60	Serpentine RC	2.	53.	02	
305	413	David	McManus	M	S		2.	53.	14	
306	538	Philip	Clothier	M	V45		2.	53.	31	
307	290	Paul	Nagle	M	S		2.	53.	37	
308	529	Fleur	Tunnard	F	S	Reading RR	2.	53.	41	
309	649	Martin	Rainsford	M	V50		2.	53.	43	
310	172	Derek	Bamforth	M	V50	Metros RC	2.	53.	52	
311	579	Daniel	Murray	M	S		2.	54.	06	
312	112	Deborah	Somers	F	V35	Serpentine RC	2.	54.	15	
313	387	Jayne	Morgan	F	V40	Watford Joggers	2.	54.	25	
314	54	Mark	Highfield	M	V45	Watford Harriers	2.	54.	27	
315	288	Kenneth	Lawrence	M	V45	26.2 RRC	2.	54.	36	
316	440	Chris	Bailey	M	S		2.	54.	38	
317	422	Claire	Parsons	F	S	Dulwich Runners	2.	54.	51	
318	41	Stephen	Hind	M	V45		2.	55.	00	
319	199	Peter	Chambers	M	S	Serpentine RC	2.	55.	12	
320	642	Ella	Trace	F	S		2.	55.	17	
321	377	Olov	Hansen	M	V50	Marlow Striders	2.	55.	18	
322	464	Curtis	Allman	M	V40		2.	55.	29	
323	652	Simon	Unger	M	V45	Watford Joggers	2.	55.	32	
324	8	Harald	Ludwigsen	M	S	Ealing, Southall & Middlesex AC	2.	55.	35	
325	370	Andy	Sly	M	V40	Serpentine RC	2.	56.	05	
326	352	Clare	Noble	F	S		2.	56.	16	
327	107	Janet	Conneely	F	V60		2.	56.	18	
328	371	Will	Bisley	M	S		2.	56.	24	
329	289	Anne	Lewington	F	V40		2.	56.	34	
330	191	John	Walker	M	S		2.	56.	42	
331	622	Graham	Wood	M	V55	Hillingdon AC	Mx	2.	56.	53
332	353	Susan	Kennedy	F	V45	Serpentine RC	2.	57.	04	
333	615	David	Walker	M	V60	Chiltern Harriers	2.	57.	05	
334	100	Phil	Spalton	M	V60	Oxted Runners	2.	57.	08	
335	248	Paul	Weir	M	S	Striders Of Croydon	2.	57.	12	
336	636	Andrew	Joseph	M	S		2.	57.	17	
337	637	Jonathan	Welsh	M	S		2.	57.	34	
338	629	Jeremy	Gore	M	V45		2.	57.	34	
339	518	Stephen	Webster	M	V45		2.	57.	44	
340	366	Brian	Chamberlain	M	V65	Hart RR	2.	57.	48	
341	328	Mark	Lemming	M	S		2.	57.	52	
342	645	David	Brown	M	V55	Metros RC	Mx	2.	57.	53
343	263	Stephanie	Niven	F	S		2.	57.	54	
344	507	Andy	Frost	M	S		2.	57.	57	
345	202	Robert	Littlejohn	M	V45		2.	58.	01	
346	610	Derek	Clark	M	V40	Maidenhead AC	2.	58.	14	
347	609	Serena	Hotson	F	S		2.	58.	23	
348	16	Florian	Leder	M	S	Serpentine RC	2.	58.	37	
349	45	Karen	Samuel	F	V45	Orpington RR	2.	58.	50	
350	185	Jacqui	Reid	F	V40	Metropolitan Police AC	2.	58.	54	
351	386	Jana	Hladun	F	S	Dulwich Runners	2.	59.	02	
352	1	David	Wylie	M	S		2.	59.	04	
353	247	Andrea	Broughton	F	V40	Thames Valley Harriers	2.	59.	35	
354	24	Gavin	O'Grady	M	S		2.	59.	37	

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355	674	Shelley	Hindson	F	S		2.	59.	39
356	671	Christopher	Vernon	M	V60 Dulwich Runners		2.	59.	41
357	558	Rose	Baldwin	F	V35 David Lloyd Pacers		2.	59.	44
358	580	Robert	Davies	M	S		2.	59.	56
359	233	Philip	Allen	M	S		3.	00.	27
360	425	Stuart	Holliday	M	S		3.	00.	34
361	420	Elspeth	McCreadie	F	S		3.	00.	44
362	278	Ruth	Jackson	F	V40 Sudbury Court RC		3.	00.	45
363	203	Stephen	Rodrigues	M	S		3.	00.	59
364	337	Carin	Eilerts De Haan	F	V60		3.	01.	14
365	149	Mary	Davis	F	V40		3.	01.	15
366	647	Richard	Davies	M	V40 Queens Park Harriers		3.	01.	17
367	401	Donna	Warren	F	V35 Metros RC		3.	01.	26
368	620	Julian	Lloyd	M	S Victoria Park Harriers & Tower Hamlets AC		3.	01.	56
369	317	Ann	Bath	F	V55 26.2 RRC		3.	02.	13
370	535	John	Anton	M	V45		3.	02.	20
371	634	Martin	Ansell	M	V45 David Lloyd Pacers		3.	02.	49
372	528	Andrew	Taylor	M	V40 Lingfield RC		3.	02.	51
373	183	Annie	Deadman	F	V45		3.	02.	57
374	584	Sean	Wareham	M	S		3.	03.	42
375	650	Hitesh	Patel	M	S Vegan Runners		3.	03.	46
376	560	Michael	Swan	M	V45 Lingfield RC		3.	03.	59
377	181	Sandra	Sims	F	V40 David Lloyd Pacers		3.	04.	09
378	585	Kristy	Wilson	F	S Enfield & Haringey AC		3.	04.	28
379	141	Sharon	Andrew	F	V40 26.2 RRC		3.	04.	35
380	397	Carmela	Pengelly	F	V40 26.2 RRC		3.	04.	43
381	275	Georgina	Burnett	F	S Mornington Chasers		3.	04.	43
382	26	Angus	Searcy	M	V40 Serpentine RC		3.	05.	24
383	114	John	Murphy	M	S Barnet & District AC		3.	05.	49
384	344	Stephen	Wright	M	S Orpington RR		3.	06.	27
385	165	Amy	Redhead	F	S Watford Harriers		3.	06.	32
386	109	Stephanie	Vaatz	F	S Serpentine RC		3.	07.	26
387	576	Jane	Holt	F	V45 Marlow Striders		3.	07.	30
388	356	Gary	Foley	M	V40		3.	07.	35
389	382	Lizanne	Crowther	F	V35		3.	07.	45
390	320	Rachel	Tuddenham	F	S		3.	08.	04
391	132	Trevor	Jones	M	V50 Hillingdon AC	Mx	3.	08.	35
392	103	Steve	Bull	M	S		3.	08.	39
393	89	Barry	Feltham	M	V55		3.	08.	56
394	433	B	Mayhead	F	V40 Farnham Runners		3.	09.	05
395	251	Heather	MacKay	F	S 26.2 RRC		3.	10.	05
396	439	Jacqueline	Godfrey	F	S 26.2 RRC		3.	10.	19
397	14	Suzy	Vickers	F	S		3.	10.	19
398	502	Leanne	Parkinson	F	S		3.	10.	32
399	493	Lucy	Gordon	F	S London Heathside AC		3.	10.	48
400	577	Richard	Black	M	V45		3.	11.	17
401	561	Liesel	Badenhorst	F	S		3.	12.	02
402	670	Jacqui	Millward	F	V40		3.	12.	07
403	578	Nicola	White	F	V35		3.	12.	22
404	539	Perry	Tully	M	S		3.	13.	18
405	117	Fauzi	Waraich	M	S		3.	13.	40
406	626	Hidetoshi	Honda	M	V40		3.	13.	59
407	129	Rie	Hayashi	F	V35		3.	14	41
408	663	Susan	Cordeaux	F	V40		3.	15	07
409	190	Lisa	Rafferty	F	S		3.	15	34
410	591	Andrew	Pearce	M	S		3.	15	51
411	350	Joanna	James	F	S		3.	16	09
412	X		Ferris?				3.	16	53
413	6	John	Elmez	M	V40 View Joggers		3.	17	48

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414	376	Barbro	Julin	F	V45 Marlow Striders	3.	18	32	
415	594	Tom	Corbett	M	S	3.	18	40	
416	472	Sheila	Sherman	F	V45 Orpington RR	3.	19	03	
417	431	Eluned	Jones	F	V35	3.	19	12	
418	666	Ibrahim	Khaliq	M	S	3.	19	41	
419	110	Neil	Roddy	M	V45	3.	20	04	
420	630	Catherine	Millward	F	S	3.	20	12	
421	137	Karen	Broadbent	F	S	Watford Harriers	3.	20	15
422	403	David	Farrell	M	S	3.	21	19	
423	209	Colin	Micklewright	M	V40	3.	21	33	
424	210	Kelly	Micklewright	F	V35	3.	21	33	
425	333	Janine	Nathan	F	V40	3.	22	07	
426	565	Brian	Phillips	M	V45	3.	23	19	
427	547	Briony	Fane	F	V50 London Heathside AC	3.	23	58	
428	327	Sara	Robinson	F	S	3.	23	58	
429	509	Claire	Cross	F	S	3.	24	29	
430	469	Katie	Littler	F	S	3.	24	31	
431	542	Beth	Milner	F	S	3.	24	32	
432	553	Marie	Shannon	F	V35 London Heathside AC	3.	24	44	
433	186	Lee	Nagel	F	S	Cove Joggers	3.	25	08
434	187	Richard	Nagel	M	V50 Cove Joggers	3.	25	08	
435	15	Simon	Vickers	M	S	Army Triathlon	3.	25	30
436	169	Kayt	Wilson	F	S	3.	25	41	
437	479	Raul	Kharbanda	M	S	Serpentine RC	3.	25	59
438	113	Elisca	Bester	F	S	3.	26	02	
439	468	Rosalind	Smith	F	V35 Serpentine RC	3.	26	46	
440	375	Miho	Nakashita	F	S	Serpentine RC	3.	28	03
441	434	Georgina	Beechinor	F	S	3.	29	53	
442	322	Louise	Breen	F	S	Dulwich Park Runners	3.	30	07
443	13	Kio	Vejdani	M	V65 Lingfield RC	3.	30	07	
444	204	Sarah	Mayne	F	V40 Mornington Chasers	3.	30	22	
445	572	Lizzie	McPhee	F	V35	3.	30	23	
446	510	Scott	Lingard	M	S	3.	30	32	
447	78	Josh	Gonnella	M	S	Serpentine RC	3.	30	47
448	83	Catherine	Shang	F	V35 Mornington Chasers	3.	31	38	
449	523	Louisa	MacKrell	F	S	Dulwich Park Runners	3.	31	42
450	581	Neil	Dulake	M	S	3.	32	16	
451	532	Kirsty	Gordon	F	S	3.	33	05	
452	495	Frances	Learner	F	S	3.	33	05	
453	234	Jennifer	Kelly	F	S	3.	33	31	
454	102	Ashok	Jamdagni	M	V60 Serpentine RC	3.	33	33	
455	482	James	Lawlor	M	S	3.	33	47	
456	357	Jackie	Armstrong	F	V45 Watford Joggers	3.	34	49	
457	18	Geraldine	Nogami	F	V55 Serpentine RC	3.	36	38	
458	131	Anne	Belchambers	F	V50 Hillingdon AC	Mx	3.	36	42
459	662	Mark	Culshaw	M	V40 London Front Runners	Mx	3.	36	42
460	277	Helen	Ruane	F	V40 Women's Running Network	3.	37	11	
461	286	Mary	Alexander	F	V55 Women's Running Network	3.	37	12	
462	381	Margaret	Ruttle	F	V40 Women's Running Network	3.	37	24	
463	640	Nicholas	Kilhams	M	V40	3.	39	42	
464	644	Giselle	Smith	F	S	3.	40	12	
465	292	Veronica	MacFarlane	F	V45	3.	42	17	
466	10	Michael	Bryant	M	V65 26.2 RRC	3.	42	54	
467	283	Garnet	Walters	F	V40 Serpentine RC	3.	42	56	
468	335	Charlotte	Leigh	F	S	3.	43	14	
469	48	Angharad	Palin	F	S	Serpentine RC	3.	47	24
470	136	Peter	Broadbent	M	S	Watford Harriers	3.	47	24
471	101	Sarah	William	F	S	3.	49	30	
472	175	Suzanne	Nottage	F	S	3.	55	38	

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473	607	JP	Lamarque	M	S	Striders Of Croydon	Mx	3.	56.	31
474	39	Frederica	Whitehead	F	V35			4.	01.	06
475	64	Catherine	Allcard	F	V45	Sudbury Court RC		4.	06.	47
476	658	Louise	Cheung	F	S			4.	09.	38
477	154	Sabrina	Bajwah	F	S			4.	10.	21
478	311	Graham	Brooks	M	V75	Tunbridge Wells Harriers		4.	11.	07