

Pos'n	No	Time	Status	Name	Team	Cat
1	276	0:24:12		SHARP, Stephen	Affiliated entry on day of race	SM
2	55	0:24:49		HOLLINGSWORTH, Ivan	Morpeth	SM
3	188	0:24:53		HENNESSY, Andrew	Wells City Harriers	SM
4	290	0:24:55		GARRETT, Lee	Affiliated entry on day of race	SM
5	189	0:25:05		RUSSELL, Robert	Puma TVH	SM
6	274	0:25:22		JONES, Simon	Cardiff AAC	SM
7	198	0:25:26		WURR, Simon	Thames Hare & Hounds	SM
8	187	0:25:36		SMITH, Chris	Puma TVH	SM
9	284	0:25:51		CUDDIHY, Paul	Affiliated entry on day of race	SM
10	298	0:25:54		WILLIAMS, Andy	Affiliated entry on day of race	SM
11	112	0:25:55		VAMBEN, Eric	Queens Park Harriers	SM
12	105	0:26:07		PALMER, Robert	Luton AC	SM
13	143	0:26:11		COULSON, Phil	Highgate Harriers	SM
14	156	0:26:26		MULDER, Herman	London Irish	SM
15	201	0:26:29		BARNES, Matt	Altringham	SM
16	86	0:26:31		BANGANI, Pumlani	Scunthorpe AC	SM
17	181	0:26:33		CLARK, Dean	Puma TVH	SM
18	215	0:26:37		POTTER, Martin	London Heathside	SM
19	217	0:26:44		CLARKE, Chris	Nene Valley Harriers	M45
20	219	0:26:54		LEMMON, Paul	London Heathside	M40
21	141	0:27:07		AUNGER, Ian	Nene Valley Harriers	M40
22	168	0:27:09		SUMPTER, James	Puma TVH	SM
23	233	0:27:13		COX, Dave	Woodford Green	M50
24	164	0:27:18		BUSSELL, Iain	Puma TVH	SM
25	185	0:27:29		DATNOW, Robert	Puma TVH	SM
26	190	0:27:31		WHITING, Matt	Windsor, Slough & Eton AC	SM
27	253	0:27:38		MOONEY, Chris	Nene Valley Harriers	SM
28	278	0:27:39		WELLS, Steve	Affiliated entry on day of race	M40
29	262	0:27:41		MEAD, Steve	Woodstock Runners	SM
30	58	0:27:44		PHEASEY, Ian	Milton Keynes AC	SM
31	53	0:27:46		HAUGHIAN, Tim	Windsor, Slough & Eton AC	JM
32	179	0:27:47		GODBER, James	Dulwich Runners	SM
33	160	0:27:51		KNOX, Roger	Hillingdon AC	SM
34	186	0:27:53		BRIGGS, Guy	Puma TVH	SM
35	6	0:27:55		BIGNALL, John	Harrow	SM
36	275	0:28:06		KELLY, Tim	Unaffiliated entry on day of race	M50
37	292	0:28:14		GITTINGS, Paul	Affiliated entry on day of race	M45
38	294	0:28:27		MOHAMED, Jamal	Affiliated entry on day of race	SM
39	295	0:28:30		POULTER, Robert	Affiliated entry on day of race	SM
40	268	0:28:36		TOWNSEND, Graham	London Irish	SM
41	108	0:28:37		WARBURTON, Peter	Hillingdon AC	M40
42	212	0:28:37		BATCHELOR, Robert	Bracknell	SM
43	101	0:28:39		SUMMERFIELD, Martyn	Vale of Aylesbury	SM
44	279	0:28:43		BROWN, David	Affiliated entry on day of race	SM
45	280	0:28:45		GLOSSY, David	Affiliated entry on day of race	SM
46	2	0:28:48		NEWMAN, David	Hillingdon AC	M40
47	5	0:28:56		JENKIN, Richard	Hillingdon AC	M40
48	221	0:28:57		WILLOUGHBY, John	Queens Park Harriers	M55
49	224	0:28:58		WILKINS, Matt	Hayes & Harlington Road Runn	SM
50	277	0:29:09		GALBRAITH, Tracy	Affiliated entry on day of race	F35
51	287	0:29:24		BROWN, Robert	Affiliated entry on day of race	M40
52	213	0:29:30		MCLELLAN, Keith	Luton AC	M45
53	163	0:29:37		BENJAMIN, Lee	Puma TVH	M45
54	116	0:29:39		HOBSON, Ben		SM
55	72	0:29:46		HILL, Graham	Royston Runners	SM
56	107	0:29:54		SOLEY, Robert		SM
57	69	0:29:57		ILLING, Paul		SM
58	97	0:30:03		LOWDEN, Richard	Royston Runners	SM
59	289	0:30:05		JONES, Martin	Affiliated entry on day of race	M45
60	197	0:30:08		GUNDRY, Jon		SM

61	115	0:30:14	MELVERN, Richard	Herts Phoenix	M55
62	157	0:30:28	GREEN, Robert	Hillingdon AC	SM
63	161	0:30:30	TAYLOR, Tanya	Stamford Striders	SF
64	235	0:30:34	WATERMAN, Kevin	Hillingdon AC	M40
65	16	0:30:41	MANLOW, John		SM
66	30	0:30:42	DONALD, Keith	Thames Hare & Hounds	M45
67	285	0:30:47	CHAPLIN, Mark	Affiliated entry on day of race	M45
68	205	0:30:53	WILLIAMS, Sebastian		M40
69	303	0:30:56	FORD, Fiona	Affiliated entry on day of race	SF
70	180	0:31:15	IRVINE, Gordon	Puma TVH	SM
71	118	0:31:23	MANSI, Andy	Hillingdon AC	M50
72	256	0:31:30	HIRONS, Steve	Hillingdon AC	M40
73	243	0:31:35	CAMERON, Libby	Metropolitan Police	SF
74	195	0:31:36	SKIPPER, Nicholas	London Heathside	M45
75	229	0:31:37	NOLAN, Frank	Queens Park Harriers	M50
76	260	0:31:38	MOOREKITE, Janice	Invicta East Kent	F45
77	88	0:31:40	GUTTERIDGE, Ian		SM
78	74	0:31:44	HALL, Malcolm	Royston Runners	SM
79	85	0:31:58	REID, Nick	Royston Runners	SM
80	264	0:32:00	DUNN, Stephen		SM
81	138	0:32:04	HAMILTON, Ted	Hillingdon AC	M50
82	247	0:32:17	MARTIN, David	Hillingdon AC	M45
83	252	0:32:18	SMITH, David	Hillingdon AC	SM
84	209	0:32:23	RAWLINGS, Zeta		F35
85	90	0:32:26	MAHER, Andrew	St Albans Striders	SM
86	162	0:32:28	DICKSON, Robin	Thames Hare & Hounds	M60
87	226	0:32:34	DAVIDSON, Bruce	Hillingdon Tristars	M45
88	184	0:32:36	DALLY, Richard	Puma TVH	SM
89	312	0:32:44	KERKVIET, Arran	Unaffiliated entry on day of race	SM
90	158	0:32:47	LEE, Chris		M40
91	220	0:32:49	BLOOM, Richard	Herts Phoenix	M55
92	131	0:32:54	BIGNELL, John	Hillingdon AC	M50
93	301	0:32:57	CHIN, Anthony	Affiliated entry on day of race	M45
94	238	0:33:04	REEVES, Katherine	Metropolitan Police	SF
95	216	0:33:09	WASTELL, Jacqueline	London Heathside	F40
96	19	0:33:11	VIG, Neil		SM
97	165	0:33:15	WILSON-YOUNG, Ian	Puma TVH	SM
98	254	0:33:16	STEEL, Jason	Hillingdon AC	SM
99	191	0:33:18	MCCROARY, Aidan	Queens Park Harriers	M50
100	293	0:33:23	GRIGG, Jeremy	Affiliated entry on day of race	SM
101	227	0:33:25	CARSON, Ian	West Four Harriers	SM
102	211	0:33:30	PINNELL, Chris	Hillingdon AC	SM
103	307	0:33:34	INGRAM, Mike	Unaffiliated entry on day of race	M40
104	128	0:33:38	WOODMAN, Malcolm	Reigate Priory	M40
105	127	0:33:40	JACOBS, Steven		M17
106	171	0:33:43	O'CONNOR, William	Queens Park Harriers	M55
107	283	0:33:57	FOGARTY, Edward	Affiliated entry on day of race	M55
108	21	0:34:02	ELLIS, David		M40
109	94	0:34:04	BROCKWAY, Dee	Luton AC	F45
110	60	0:34:07	HIBBERT, Robert		SM
111	22	0:34:07	ANGUS, Andrew	Queens Park Harriers	M40
112	196	0:34:08	SEAMAN, Nick	Hillingdon AC	M40
113	257	0:34:21	STRATFORD, John	Hillingdon AC	M55
114	48	0:34:27	SMITH, Richard	Serpentine Running Club	M50
115	299	0:34:36	HAYES, Daniel	Affiliated entry on day of race	SM
116	288	0:34:55	GOSNELL, Robin	Unaffiliated entry on day of race	M40
117	14	0:34:57	MORGAN, Gillian	Ealing, Southall & Middlesex	F40
118	65	0:34:59	GATHERE, William	Elmbridge	SM
119	28	0:35:01	THOMAS, Bob	Hillingdon AC	M60
120	300	0:35:15	GILES, Eddie	Affiliated entry on day of race	M55
121	9	0:35:26	O'DOWD, John	Hillingdon AC	M50

122	234	0:35:31	PLOWMAN, Robin		SM
123	146	0:35:34	YOUELL, Alex	Hillingdon AC	SM
124	106	0:35:42	KEMP, Peter	Reebok RC	M55
125	67	0:35:46	GARNER, Sue	Lingfield	F55
126	121	0:35:48	NOLAN, Terry		M45
127	12	0:35:49	SADLER, Michael		SM
128	206	0:35:51	WILLIAMS, Sharon		F40
129	130	0:35:54	SAINT, Alastair	London Heathside	SM
130	1	0:35:56	DAVIES, Nikki	Hillingdon AC	F35
131	8	0:35:56	MILLER, Mick	Hillingdon AC	M65
132	38	0:36:07	HAWES, Nick		SM
133	152	0:36:09	BRIDGES, Ian		SM
134	240	0:36:14	MCKENNA, Claire	Metropolitan Police	SF
135	175	0:36:24	BROOKES, Wayne		SM
136	129	0:36:29	CONN, Joanna		SF
137	40	0:36:54	SPOOR, Malcolm	Hillingdon AC	SM
138	311	0:36:55	KENT, Stephen	Unaffiliated entry on day of rac	M50
139	255	0:36:57	TEUTEN, Nigel	London Irish	M45
140	3	0:37:20	BELCHAMBERS, Anne	Hillingdon AC	F45
141	266	0:37:22	ISHERWOOD, Ian	Hercules Wimbledon	M50
142	45	0:37:25	MUELLER, Jeannette	Serpentine Running Club	F35
143	296	0:37:26	FRANKLIN, Damian	Unaffiliated entry on day of rac	SM
144	126	0:37:29	HAINES, Martin		SM
145	87	0:37:32	DE BOISE, Brian		SM
146	159	0:37:44	CLEGG, Lingfield	Lingfield	M60
147	7	0:37:45	COLLIS, Brian	Hillingdon AC	M55
148	230	0:37:54	BEARD, Jeremy		SM
149	32	0:38:06	GOLDSACK, Leon	Deal	SM
150	200	0:38:18	HUNT, Steven		SM
151	154	0:38:23	DAVIS, Steven		SM
152	83	0:38:31	TOWERS, Ian		SM
153	41	0:38:33	KEEGAN, Martin	Runnymede Runners	M40
154	192	0:38:35	ROBINSON, Gary	West Four Harriers	SM
155	282	0:38:59	CAMERON, Sandra	Affiliated entry on day of race	F35
156	136	0:39:33	MILNE, Jonathon		SM
157	281	0:39:41	SAUCHEL, Peter	Unaffiliated entry on day of rac	SM
158	15	0:39:45	JOHNSON, Richard	Hillingdon AC	M65
159	100	0:39:50	BELLO, Rashidat		SF
160	305	0:40:00	MAGUIRE, Edward	Affiliated entry on day of race	M45
161	239	0:40:04	REID, Jacqui	Metropolitan Police	F35
162	202	0:40:07	TORRANCE, Andrew		M45
163	134	0:40:12	EDWARDS, Malcolm		M45
164	270	0:40:29	MURPHY, Anthony		SM
165	54	0:40:29	ALLEN, David		SM
166	297	0:40:34	BLEASDALE, Sebastian	Unaffiliated entry on day of rac	SM
167	125	0:40:40	LEE, Ian		SM
168	304	0:41:01	ZANELLI-KING, Andrew	Unaffiliated entry on day of rac	M40
169	133	0:41:11	ROBINSON, David	Sunderland Strollers	M60
170	208	0:41:24	ATTWOOD, Elspeth		F45
171	241	0:41:30	BECKLEY, Cindy	Metropolitan Police	SF
172	218	0:41:54	SMART, David		M40
173	267	0:41:56	O'SULLIVAN, Brian		M40
174	71	0:41:57	CARTER, Leslie	Queens Park Harriers	SM
175	91	0:42:01	READ, Simon	Watford	M40
176	291	0:42:12	DANJARANI, Lanna	Affiliated entry on day of race	SF
177	286	0:42:20	CHAPLIN, Peter	Affiliated entry on day of race	M70
178	199	0:42:21	INAYAT, Shak		SM
179	122	0:42:21	NOLAN, Alison		F35
180	170	0:43:23	FITZGERALD, Maureen	Puma TVH	F60
181	119	0:43:46	LLEWELLYN, Keith	Road Runners Club	M60
182	144	0:44:03	MEADEN, David	Ranelagh Harriers	M55

183	132	0:44:13	KENT, Philip		M55
184	92	0:44:14	EDWARDS, Jill	Bracknell	F45
185	89	0:44:15	STAFFORD, Michael	Hillingdon AC	M65
186	172	0:44:16	WALERYCH, John	Queens Park Harriers	M45
187	272	0:44:20	EMETT, A	Serpentine Running Club	SF
188	223	0:44:21	MAYE, Gerard		SM
189	193	0:44:28	MINEARD, Tim		SM
190	98	0:44:43	MILLS, Francesca		SF
191	261	0:44:58	MINEARD, Scott		SM
192	93	0:45:03	EDWARDS, Steve		M45
193	306	0:45:09	MILLER, Rosie	Unaffiliated entry on day of rac	F40
194	271	0:45:12	YELLAND, Brett		SM
195	135	0:45:13	SMITH, Jeremy		M45
196	24	0:45:14	MCKENNA, Bronwyn	Dulwich Park Runners	F35
197	120	0:45:22	WALDRON, Nicholas		M40
198	139	0:45:25	MILLER, Paula		SF
199	155	0:45:26	MORRIS, Gary		M40
200	310	0:45:27	KIRK, Neil	Unaffiliated entry on day of rac	M40
201	207	0:45:28	KELLY, Stephen		M45
202	231	0:45:29	WOOD, David		M40
203	173	0:45:50	SIMPSON, William	Serpentine Running Club	M40
204	39	0:46:01	HARPER, Bryony		JF
205	37	0:46:01	HADLEY, Shelley		SF
206	49	0:46:03	BLANCHARD, John		M45
207	70	0:46:07	RAYNER, Chris		M40
208	11	0:46:12	WOOD, Peter		M50
209	145	0:46:20	GUMUS, Amanda		F40
210	203	0:46:39	LANGFORD, Tony		SM
211	302	0:46:39	TUITAMA, Godfrey	Unaffiliated entry on day of rac	SM
212	210	0:47:03	COMER, Roy		M45
213	117	0:47:45	EVANS, Barry		M45
214	228	0:47:56	REYNOLDS, John	London Fire Brigade S&S Secti	SM
215	153	0:47:56	WESCOMBE, Andrew		M40
216	151	0:47:57	PEYTON, Donna		SF
217	194	0:47:57	GLEESON, Janice		F35
218	109	0:48:25	HARWOOD, Julia		SF
219	150	0:48:28	O'ROURKE, Ciara		SF
220	33	0:48:32	ROOME, Steve	Serpentine Running Club	SM
221	248	0:48:59	KANE, Robert		M50
222	79	0:49:06	CRONIN, Julie		F45
223	114	0:49:06	BAKER, Jeannine		F40
224	124	0:49:09	CARTER, Christine		F50
225	59	0:49:17	GRUN, Jonathan		M45
226	52	0:49:19	COLLETT, John		SM
227	140	0:49:22	MILANOV, Jana		SF
228	77	0:49:26	BIGLIN, Janet		F40
229	246	0:49:30	O'NEILL, Peggy		F40
230	142	0:50:26	KNIGHT, Natalie		JF
231	309	0:50:29	GAITSKELL, Linda	Affiliated entry on day of race	F45
232	308	0:50:29	BARLOW, Tony	Affiliated entry on day of race	M50
233	35	0:50:30	PAVLOF, Nadia		SF
234	111	0:53:13	GREENIZAN, Ann	JAWS	F50
235	110	0:53:13	BOVINGDON, Julie		F35
236	51	0:53:56	CLEPHAN, James		M40
237	137	0:54:48	KNIGHT, Beverley		SF
238	80	0:55:27	ROSE, Katherine		SF
239	57	0:55:40	JOHNS, Matt	Hayes & Harlington Road Runn	SM
240	56	0:55:41	JOHNS, Amy		SF
241	313	0:56:41	LEVY, Graham	Unaffiliated entry on day of rac	M40
242	314	0:56:41	LEVY, Elaine	Unaffiliated entry on day of rac	F45
243	73	0:57:15	CLEWS, Gowan	Serpentine Running Club	M45

244	244	0:57:57	ROBINSON, Simon		SM
245	249	1:00:41	KANE, Sophie	Worthing & District Harriers	SF
246	250	1:00:46	KANE, Niki		F50

Categories			Reports	View	Refresh
All Competitors	Men 40	Women 35	Indiv.	Entrv	Now
Men Senior	Women Senior		Team	Finish	Auto
Men 60	Women 55		Prizes	Meeting	
Men 50	Women 45	More...		Note	Close