

SUNDAY 17 MARCH 2013
FINCHLEY '20' MILE ROAD RACE at RUISLIP

MEN'S RACE

1	Ben	Fish	Blackburn Harriers	1.	44. 09
2	Phil	Wicks	Belgrave Harriers	1.	44. 13
3	Steve	Way	Bournemouth AC	1.	46. 11

MEN'S TEAM (4-to-score)

1	London Heathside	128
2	St Albans Striders	138
3	Serpentine RC	189
4	London Frontrunners	194
5	Gade Valley Harriers	233
6	Garden City Runners	248
7	East London Runners	287
8	Mornington Chasers	486
9	Queens Park Harriers	603
10	Hillingdon AC	685

MEN'S MIDDLESEX CHAMPIONSHIPS

1	Robert	Wilson	Ealing Southall and Middlesex AC	1.	58. 57
2	Daniel	Higgins	Highgate Harriers	2.	00. 04
3	Roger	Barr	Stragglers RC	2.	01. 04

MEN'S 40 - 49 RACE

1	Phil	Sanders	Kent AC	2.	00. 01
2	Gary	Warren	St Albans Striders	2.	02. 20
3	Grant	Ramsay	Fairlands Valley Spartans	2.	02. 51

MEN'S 50 - 59 RACE

1	Gavin	Evans	London Heathside	2.	06. 35
2	Dave	Cox	Woodford Green with Essex Ladies AC	2.	07. 14
3	Nick	Jones	Amptill & Flitwick Flyers	2.	08. 56

MEN'S 60 - 69 RACE

1	Tom	Griffin	Tring RC	2.	36. 43
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MEN'S 70+ RACE

1

WOMEN'S RACE

1	Shona	Mcintosh	Dulwich Runners	2.	06. 08
2	Victoria	Webster	Shaftesbury Barnet Harriers	2.	07. 22
3	Charlotte	Firth	Windsor Slough Eton & Hounslow AC	2.	10. 58

WOMEN'S TEAM (3-to-score)

1	Dulwich Runners	39
2	London Heathside	40
3	Serpentine RC	54
4	David Lloyd Pacers	92
5	Winchester & District AC	161
6	Hillingdon AC	169
7	Handy Cross Runners	264
8	Queens Park Harriers	274
9	Edmonton RC	292
10	Datchet Dashers	310
11	Mornington Chasers	312
12	Watford Joggers	370
13	Metros RC	383

WOMEN'S MIDDLESEX CHAMPIONSHIPS

1	Sarah	Swinhoe	London Heathside	2.	12.	42
2	Victoria	Carter	Serpentine RC	2.	25.	30
3	Melissa	Arkininstall	Hillingdon AC	2.	36.	35

WOMEN'S 35 - 44 RACE

1	Sarah	Swinhoe	London Heathside	2.	12.	42
2	Kathryn	Chapman	Bishops Stortford RC	2.	19.	35
3	Victoria	Carter	Serpentine RC	2.	25.	30

WOMEN'S 45 - 54 RACE

1	Joanne	Kent	Barnet & District AC	2.	15.	09
2	Nicola	Froud	Barnet & District AC	2.	26.	28
3	Celia	Findlay	David Lloyd Pacers	2.	39.	21

WOMEN'S 55+ RACE

1	Elizabeth	Annetts		2.	49.	18
2	Joy	Radford	Winchester & District AC	2.	50.	31

FINCHLEY '20' RESULTS

Pos	Forename	Surname	Club	Time	Sex	Age	Mx
1	Ben	Fish	Blackburn Harriers	1. 44. 09	M	30	
2	Phil	Wicks	Belgrave Harriers	1. 44. 13	M	29	
3	Steve	Way	Bournemouth AC	1. 46. 11	M	38	
4	Charlie	May	Vale of Aylesbury AC	1. 54. 52	M	25	
5	Jacek	Cieluszecki	Bournemouth AC	1. 58. 03	M	35	
6	Nicholas	Gould	Thames Hare and Hounds	1. 58. 31	M	32	
7	Thomas	Grimes	East London Runners	1. 58. 51	M	32	
8	Robert	Wilson	Ealing Southall and Middlesex AC	1. 58. 57	M	25	Mx
9	Buzz	Shepherd		1. 59. 43	M	36	
10	Martin	Gaunt	Serpentine RC	1. 59. 58	M	30	
11	Phil	Sanders	Kent AC	2. 00. 01	M	40	
12	Daniel	Higgins	Highgate Harriers	2. 00. 04	M	34	Mx
13	Simon	Riley	St Albans Striders	2. 00. 16	M	35	
14	Guy	Bowles		2. 00. 38	M	39	
15	Roger	Barr	Stragglers RC	2. 01. 04	M	36	Mx
16	Alastair	Pickburn	New Forest Runners	2. 01. 18	M	31	
17	Gary	Warren	St Albans Striders	2. 02. 20	M	44	Mx
18	Grant	Ramsay	Fairlands Valley Spartans	2. 02. 51	M	40	
19	Simon	Jackson	Fairlands Valley Spartans	2. 03. 08	M	37	
20	Frank	Fulcher	Handy Cross Runners	2. 03. 15	M	44	
21	Patrick	Brown	East London Runners	2. 03. 38	M	27	
22	Mohammed	Ismail	Herne Hill Harriers	2. 04. 14	M	32	
23	Will	Morris	Barnet & District AC	2. 04. 27	M	26	
24	Rob	Foster	Datchet Dashers	2. 04. 42	M	37	
25	James	Gillanders	London Frontrunners	2. 04. 51	M	34	
26	Jack	Holland	26.2 RRC	2. 05. 04	M	28	
27	Roger	Braybrooks	London Heathside	2. 05. 46	M	43	
28	Guy	Woollett	Gade Valley Harriers	2. 05. 52	M	43	
29	Robert	Tuer	Clapham Chasers	2. 06. 07	M	27	
30	Shona	Mcintosh	Dulwich Runners	2. 06. 08	F	30	
31	Matt	Molloy	Woodford Green with Essex Ladies AC	2. 06. 17	M	43	Mx
32	Gavin	Evans	London Heathside	2. 06. 35	M	52	Mx
33	Chris	Hartley	London Heathside	2. 06. 39	M	48	
34	Peter	Summers	Handy Cross Runners	2. 06. 43	M	46	
35	Stuart	Ives		2. 07. 04	M	37	
36	Ryan	Tomlinson	Thames Turbo	2. 07. 11	M	36	
37	Dave	Cox	Woodford Green with Essex Ladies AC	2. 07. 14	M	59	
38	Alex	Horton	Barnet & District AC	2. 07. 17	M	26	
39	Victoria	Webster	Shaftesbury Barnet Harriers	2. 07. 22	F	27	
40	Anthony	Hall	London Heathside	2. 07. 55	M	32	Mx
41	Jonathan	Moscrop	London Frontrunners	2. 08. 39	M	39	
42	Pete	Dyson	Solo	2. 08. 45	M	23	
43	Paul	Jarman		2. 08. 49	M	48	Mx
44	Howard	Gold	London Heathside	2. 08. 51	M	43	
45	Nick	Jones	Ampthill & Flitwick Flyers	2. 08. 56	M	50	
46	James	Cooper	Enfield & Haringey AC	2. 09. 12	M	31	
47	Giles	Hopkinson	Orion Harriers	2. 09. 57	M	43	
48	Mitchell	Dann		2. 10. 25	M	37	
49	Michael	Dmitrzak	Queens Park Harriers	2. 10. 30	M	38	Mx
50	Charlotte	Firth	Windsor Slough Eton & Hounslow AC	2. 10. 37	F	28	
51	Wesley	Godfrey		2. 10. 58	M	35	
52	Neill	Hughes	Garden City Runners	2. 11. 11	M	44	
53	Craig	Horsburgh		2. 11. 54	M	32	
54	Leigh	James	London Heathside	2. 12. 02	F	29	
55	Mark	Anderson	Garden City Runners	2. 12. 23	M	34	
56	Martin	Whitworth	St Albans Striders	2. 12. 30	M	28	

57	Sarah	Swinhoe	London Heathside	2.	12. 38	F	42	Mx
58	Oliver	Sinclair	Serpentine RC	2.	12. 42	M	34	Mx
59	Shaun	Chandler		2.	12. 44	M	36	
60	David	Meller		2.	13. 00	M	46	
61	Richard	Harry	St Albans Striders	2.	13. 09	M	37	Mx
62	Vince	Ellerby	Gade Valley Harriers	2.	13. 30	M	48	
63	Edward	Holland	London Frontrunners	2.	13. 39	M	30	
64	Roger	Reid	Serpentine RC	2.	13. 54	M	43	Mx
65	Lee	Murphy	Stopsley Striders	2.	14. 01	M	23	
66	Chris	Kelly	British Airways	2.	14. 11	M	47	
67	Christopher	Westcott	Fairlands Valley Spartans	2.	14. 19	M	40	
68	Robert	Gaddie	Watford Joggers	2.	14. 43	M	45	Mx
69	Matthew	Watt	Gade Valley Harriers	2.	14. 51	M	35	
70	Joanne	Kent	Barnet & District AC	2.	14. 54	F	46	
71	Roger	Montgomery		2.	15. 09	M	45	
72	Graham	Reading		2.	15. 19	M	27	
73	Gilbert	Francourt	Serpentine RC	2.	15. 23	M	39	Mx
74	Robert	Casserley	Garden City Runners	2.	15. 24	M	40	
75	Gavin	Murrison	Serpentine RC	2.	15. 25	M	34	
76	Andrew	Gandell		2.	15. 44	M	31	
77	Gregg	Clark		2.	15. 50	M	28	
78	Paul	Boschen	London Frontrunners	2.	16. 00	M	35	
79	Chris	Dunham	Bishops Stortford RC	2.	16. 01	M	42	
80	Timothy	Nicholson	Mornington Chasers	2.	16. 28	M	27	
81	Nicholas	Copas	Serpentine RC	2.	16. 40	M	42	
82	Justin	Lee		2.	16. 54	M	42	
83	Sophie	Delderfield	Vale of Aylesbury AC	2.	17. 04	F	29	
84	Luke	Mcdonagh		2.	18. 21	M	30	
85	Alex	Leslie	Ealing Southall and Middlesex AC	2.	18. 49	M	20	Mx
86	Steve	Smythe	Dulwich Runners	2.	19. 20	M	54	
87	Kathryn	Chapman	Bishops Stortford RC	2.	19. 22	F	38	
88	Chris	Eland	Garden City Runners	2.	19. 35	M	44	
89	Desmond	Denning		2.	19. 37	M	40	
90	Peter	Chapman		2.	19. 42	M	36	
91	Robert	Wardlaw		2.	19. 53	M	56	
92	Price	Edward	Gade Valley Harriers	2.	20. 30	M	37	
93	John	Murphy	Dunstable RR	2.	20. 39	M	45	
94	Hywel	Thomas		2.	20. 40	M	47	
95	James	Oram		2.	20. 45	M	38	
96	David	Cornock	Barnes Runners	2.	21. 11	M	49	
97	Sarah	Williams	Shaftesbury Barnet Harriers	2.	21. 40	F	30	
98	Alex	Morales		2.	22. 00	M	35	Mx
99	Oliver	Greenslade		2.	22. 17	M	33	
100	Steve	Oliver	Winchester & District AC	2.	22. 21	M	52	
101	Andrew	Malyan	Hillingdon AC	2.	22. 49	M	47	Mx
102	Simon	Bellinger	Boxfit	2.	22. 50	M	42	
103	James	Josephs	London Heathside	2.	22. 58	M	35	Mx
104	Mark	Taplin	St Albans Striders	2.	23. 03	M	48	Mx
105	Stuart	Meiklejohn	London Heathside	2.	23. 19	M	32	Mx
106	Stuart	Webber		2.	23. 31	M	27	
107	Michael	Turney	Chiltern Harriers AC	2.	23. 46	M	49	
108	Abdel	Bidar	Victoria Park Harriers & THAC	2.	24. 05	M	42	
109	Keiji	Kubota	Team Paris Marathon	2.	24. 06	M	48	
110	Simon	Brotherson	Queens Park Harriers	2.	24. 10	M	48	
111	Allan	Todd	East London Runners	2.	24. 12	M	38	
112	Jon	Geller		2.	24. 19	M	35	
113	Jonathan	Quest		2.	24. 31	M	52	
114	Simon	Sampson		2.	24. 59	M	25	
115	Carl	Heap	London Heathside	2.	25. 00	M	59	Mx
116	Colin	Braybrook	St Albans Striders	2.	25. 05	M	51	
117	Oliver	Gill		2.	25. 06	M	32	
118	Chris	Watt		2.	25. 07	M	41	
119	Victoria	Carter	Serpentine RC	2.	25. 08	F	41	Mx

120	Oliver	Karger		2.	25. 30	M	33	
121	Stephen	Newing	Gade Valley Harriers	2.	25. 33	M	32	
122	Melanie	Edwards	Dulwich Runners	2.	25. 54	F	31	
123	Thomas	Wicka		2.	25. 58	M	34	
124	Richard	Slattery	Trent Park RC	2.	26. 01	M	30	
125	Nicola	Froud	Barnet & District AC	2.	26. 04	F	47	
126	John	English	Dulwich Runners	2.	26. 28	M	50	
127	Kevin	Julian	Orion Harriers	2.	26. 30	M	51	
128	Brett	Hutchinson	Hillingdon AC	2.	26. 46	M	36	
129	Bill	Hawes	Gade Valley Harriers	2.	26. 55	M	46	
130	Tom	Corbett	Ealing Eagles	2.	27. 16	M	35	
131	Nick	Brown	Paddock Wood AC	2.	27. 41	M	42	
132	Ian	Brownhill		2.	27. 50	M	43	
133	Adam	Chataway	Jesmond Jaguars RC	2.	28. 18	M	34	
134	Amelia	Hicks		2.	28. 37	F	31	
135	Stuart	Arundel		2.	28. 42	M	46	
136	Lucy	Owen	Trent Park RC	2.	28. 44	F	31	
137	Clare	Mullenger	Wimbledon Windmilers	2.	28. 56	F	34	
138	Lee	Pembroke	Witham RC	2.	29. 19	M	39	
139	Thomas	Sors		2.	29. 45	M	39	
140	Roger	Hobbs		2.	30. 09	M	52	
141	Trevor	Normoyle	Met Police AC	2.	30. 24	M	34	Mx
142	Jay	Macdonald		2.	30. 44	M	33	
143	Vincent	Phillips		2.	30. 45	M	41	
144	Simon	Burnett		2.	31. 29	M	29	
145	Andreas	Vassiliou	Trent Park RC	2.	31. 41	M	18	Mx
146	Simon	Wilson	Mornington Chasers	2.	31. 50	M	27	Mx
147	Richard	Bull	Clapham Chasers	2.	31. 57	M	25	Mx
148	Nigel	Dawson	Wimbledon Windmilers	2.	31. 59	M	35	
149	Martin	Townsend	Woodstock Harriers	2.	32. 07	M	52	
150	John	Manning	Tring RC	2.	32. 31	M	59	
151	Mike	Mcgeown	Ravens City of London RC	2.	32. 34	M	36	
152	Tim	Hurst		2.	32. 37	M	29	
153	Darren	Mcgrath	Harpenden Arrows	2.	32. 39	M	44	
154	Chris	Horrigan	Wimbledon Windmilers	2.	33. 00	M	50	
155	Adam	Parkes	Mornington Chasers	2.	33. 10	M	32	
156	Ian	Girling	Mornington Chasers	2.	33. 10	M	31	
157	Tina	Bailey	RRC	2.	33. 30	F	41	
158	Olivier	Montfort	Dulwich Runners	2.	33. 44	M	39	
159	John	Mullee	London Heathside	2.	33. 47	M	44	
160	John	Yarwood		2.	33. 55	M	40	
161	Jonathan	Green		2.	34. 03	M	52	
162	Natalie	Ruffell		2.	34. 12	F	22	
163	George	Jackson		2.	34. 16	M	49	
164	Philip	Holford		2.	34. 20	M	34	
165	Nick	Seaman	Dorking & Mole Valley AC	2.	34. 26	M	52	
166	Joao	Diogo	Queens Park Harriers	2.	34. 27	M	42	Mx
167	Claire	Levermore	Serpentine RC	2.	34. 32	F	37	
168	Sasha	Birkin		2.	34. 57	F	41	
169	Graham	Griffin	Stratford upon Avon AC	2.	35. 02	M	36	
170	Michael	Halpin		2.	35. 05	M	48	
171	Matthew	Welsh		2.	35. 33	M	29	
172	Lewis	Searle		2.	35. 49	M	28	
173	Olly	Pickard		2.	35. 53	M	25	
174	Takaaki	Yamamiya	Serpentine RC	2.	36. 21	M	49	
175	Melissa	Arkininstall	Hillingdon AC	2.	36. 29	F	36	Mx
176	David	Brooks	West 4 Harriers	2.	36. 35	M	40	
177	Russell	Price	East London Runners	2.	36. 37	M	28	
178	Tom	Griffin	Tring RC	2.	36. 38	M	65	
179	Oliver	Burdett		2.	36. 43	M	37	
180	Jon	Drake	Larkfield AC	2.	37. 32	M	40	
181	Caroline	Cattini	South London Harriers	2.	37. 34	F	39	
182	Andrew	Mckillop	St Albans Striders	2.	37. 39	M	42	

183	Andrea	Mann	Garden City Runners	2.	37. 43	F	40	
184	Alexander	Lambert	Maidstone Harriers	2.	37. 46	M	31	
185	Joe	Hurley		2.	37. 51	M	54	
186	James	Hart		2.	38. 18	M	36	
187	John	Brewer	UK Netrunner	2.	38. 47	M	51	
188	Hayley	Rogerson		2.	38. 53	F	34	
189	Rachel	Thomas	Victoria Park Harriers & THAC	2.	39. 09	F	27	
190	Celia	Findlay	David Lloyd Pacers	2.	39. 14	F	50	
191	Charles	Garbett		2.	39. 21	M	56	
192	Andrew	Taylor	Lingfield RC	2.	39. 37	M	47	
193	Craig	Fraser		2.	39. 39	M	25	
194	Scott	Henley		2.	39. 41	M	25	
195	David	Laidler		2.	39. 53	M	34	
196	Tim	Odonovan		2.	40. 12	M	50	
197	N	De Sausmarez	London Heathside	2.	40. 14	M	47	
198	Rosie	Farrell	Serpentine RC	2.	40. 16	F	29	
199	Matthew	Cox	Watford Joggers	2.	40. 23	M	42	
200	John	Chapman	Stopsley Striders	2.	40. 30	M	55	
201	Richard	Hall		2.	40. 36	M	42	
202	John	Fassnidge	Serpentine RC	2.	40. 38	M	60	Mx
203	Andrew	Mansi	Hillingdon AC	2.	40. 39	M	63	Mx
204	Michael	Hill	Datchet Dashers	2.	40. 45	M	59	
205	Anna	Thomas	Dulwich Runners	2.	40. 48	F	31	
206	Alex	Dalton		2.	41. 05	M	18	
207	Dan	Spinks	East London Runners	2.	41. 09	M	39	
208	Robert	Didd		2.	41. 12	M	43	
209	Andrew	Samuels		2.	41. 16	M	43	
210	Laura	Morgan	Victoria Park Harriers & THAC	2.	42. 17	F	28	Mx
211	James	Roberts		2.	42. 24	M	34	
212	Lissa	Pritchard	British Airways	2.	42. 38	F	35	Mx
213	George	Jarvis		2.	42. 46	M	20	
214	Simon	Froud		2.	42. 53	M	49	
215	Raymond	Yau	London Heathside	2.	43. 17	M	42	
216	Garry	Page	Chiltern Harriers AC	2.	43. 19	M	53	
217	Mikio	Sugeno		2.	43. 40	M	48	
218	Janet	Williams	David Lloyd Pacers	2.	43. 53	F	48	Mx
219	Alan	Li		2.	44. 12	M	35	
220	Cathy	Jeremiah	London Heathside	2.	44. 13	F	30	
221	Nanda	Griffioen	Ealing Eagles	2.	44. 18	F	43	
222	Dominic	Evans		2.	44. 31	M	22	
223	John	Baxter	Paddock Wood AC	2.	44. 33	M	37	
224	Andrew	Williamson	Ealing Eagles	2.	44. 38	M	46	Mx
225	Eranda	Wickramasinghe		2.	44. 54	M	36	
226	Siobhan	Reddy	Serpentine RC	2.	44. 54	F	41	
227	Ben	Chaytow	Stragglers RC	2.	45. 03	M	36	Mx
228	Geoff	Burke	Headington RR	2.	45. 20	M	47	
229	Cat	Lees	Datchet Dashers	2.	45. 27	F	31	
230	Lee	Parker		2.	45. 48	M	38	
231	James	Fleming		2.	45. 52	M	27	
232	Jennie	Roberts		2.	45. 57	F	36	
233	Mark	Harrison		2.	45. 58	M	34	
234	Emma	Bartley		2.	46. 02	F	37	
235	Iain	Betson		2.	46. 03	M	39	
236	Michelle	Trigg	David Lloyd Pacers	2.	46. 33	F	42	
237	Andrew	Phillips		2.	46. 52	M	29	
238	Scott	Langdown		2.	46. 55	M	35	
239	Abbey	Filsell	Haywards Heath Harriers	2.	46. 57	F	33	
240	Jason	Bridgen	Hillingdon Triathletes	2.	47. 01	M	43	
241	Alyson	Goddard		2.	47. 23	F	45	
242	Paul	Butler		2.	47. 45	M	26	
243	Gary	Peters		2.	47. 51	M	58	
244	Gavin	Sherman		2.	47. 57	M	37	
245	Gary	Taylor		2.	48. 13	M	48	Mx

246	Paul	East		2.	48. 25	M	41	
247	Paul	Mason		2.	48. 30	M	41	
248	Chris	Bentley		2.	48. 33	M	47	Mx
249	Marianne	Gibson		2.	48. 46	F	45	
250	Martin	Bowd	Hillingdon Triathletes	2.	49. 04	M	49	
251	Elizabeth	Annetts		2.	49. 18	F	56	
252	Peter	Hannam	London Frontrunners	2.	49. 28	M	34	
253	Gregory	Russell		2.	49. 37	M	40	
254	Peter	Collins		2.	49. 46	M	29	
255	Natalie	Longman	Tri Sport Epping	2.	49. 48	F	32	
256	Kevin	Hann	Redhill District Royal Mail RC	2.	49. 53	M	46	
257	Valentina	Zanardi		2.	50. 03	F	29	
258	Steve	Owen		2.	50. 07	M	42	
259	Sarah	Mccarthy		2.	50. 19	F	35	
260	Victoria	Lovelock		2.	50. 20	F	41	
261	Jon	Medcraft	Victoria Park Harriers & THAC	2.	50. 26	M	28	
262	Joy	Radford	Winchester & District AC	2.	50. 31	F	59	
263	Darren	Woods	Redhill District Royal Mail RC	2.	50. 42	M	25	
264	Rachel	Byers	Winchester & District AC	2.	51. 02	F	45	
265	Karl	Daniels		2.	51. 16	M	39	
266	James	Vallis		2.	51. 17	M	39	
267	Angela	Halford	Watford Harriers	2.	51. 19	F	35	
268	Carlos	Da Costa		2.	51. 27	M	32	
269	Vasso	Vassiliou		2.	51. 28	M	52	Mx
270	Dave	Wise	Gade Valley Harriers	2.	51. 44	M	45	
271	Chris	Gearren		2.	51. 59	M	38	
272	Sae	Kawai		2.	52. 18	F	53	
273	Jane	Perry		2.	52. 22	F	43	
274	Andrew	Roberts	Serpentine RC	2.	52. 23	M	60	Mx
275	Ivan	Milatovic		2.	52. 43	M	38	
276	Marie	Reynolds		2.	52. 50	F	46	
277	David	Ponting		2.	52. 51	M	59	
278	Jane	Thomas	David Lloyd Pacers	2.	52. 53	F	48	
279	Keithlyn	Carty	Datchet Dashers	2.	52. 56	M	48	
280	David	Field		2.	52. 59	M	39	
281	Patrick	Mccarter		2.	53. 07	M	33	
282	Donal	Murphy		2.	53. 09	M	36	
283	Soraya	Bux	Handy Cross Runners	2.	53. 18	F	34	
284	Amelie	Truffert		2.	53. 22	F	33	Mx
285	Jacqui	Young	Queens Park Harriers	2.	53. 24	F	31	Mx
286	Russell	Smith		2.	53. 37	M	51	
287	Michael	Woodside		2.	53. 41	M	34	
288	Susan	Edwards	Cambridge Harriers	2.	53. 44	F	56	
289	James	Mckenzie		2.	53. 46	M	25	Mx
290	Nadine	Jarvis		2.	53. 47	M	38	
291	Fiona	Cameron	Trail Running Association	2.	54. 03	F	52	
292	James	Beddow		2.	54. 05	M	30	
293	Patricia	Moody	Serpentine RC	2.	54. 16	F	46	
294	William	Cragg		2.	54. 21	M	28	
295	Stephen	Smith		2.	54. 26	M	48	
296	John	Brown	London Frontrunners	2.	54. 58	M	44	
297	Sarah	Sharman		2.	55. 13	F	49	
298	Gerald	Baron	Larkfield AC	2.	55. 18	M	59	
299	Anna	Waterman	Mornington Chasers	2.	55. 23	F	29	
300	Ben	Hoeksma		2.	55. 28	M	35	
301	Peter	Brown		2.	55. 34	M	45	
302	Larissa	Jaffe		2.	55. 36	F	36	
303	Frank	Bailey	Headington RR	2.	55. 41	M	48	
304	Annelie	Whitfield	Chiltern Harriers AC	2.	55. 55	F	50	
305	Andrew	Van Heiningen	Serpentine RC	2.	56. 03	M	48	
306	Donna	Warren	Metros RC	2.	56. 07	F	42	
307	Kate	Loach	Chiltern Harriers AC	2.	56. 17	F	51	
308	Alan	Corben		2.	56. 24	M	40	

309	Tobias	Latham		2.	56. 44	M	28
310	Martyn	Wisken		2.	56. 45	M	41
311	Hannah	Kelly	Edmonton RC	2.	56. 46	F	39
312	Steve	Paull	Metros RC	2.	56. 46	M	59 Mx
313	Emma	Geller		2.	56. 54	F	38
314	Douglas	Waller		2.	57. 06	M	53 Mx
315	Hidetoshi	Honda	Team Paris Marathon	2.	57. 19	M	48
316	Vladimir	Danis		2.	57. 27	M	29
317	Roberto	Gutierrez		2.	57. 29	M	37
318	Paul	Pantlin		2.	57. 39	M	47
319	Desiree	Clarke Noble		2.	57. 46	F	40
320	John	O'Neill		2.	57. 58	M	35
321	Carrie	Oliver	Winchester & District AC	2.	58. 14	F	51
322	Jamie	Gibbs		2.	58. 32	M	39
323	Zoran	Popovac		2.	58. 38	M	46
324	Yasunori	Shintani		2.	58. 41	M	40
325	Paul	Biswell	Watford Joggers	2.	58. 50	M	47 Mx
326	Tim	Luck	Edmonton RC	2.	58. 54	M	25
327	Jodie	Stephens		2.	58. 55	F	28
328	Nadia	Atia	London Frontrunners	2.	58. 56	M	31
329	Melanie	Spencer		2.	58. 59	F	36
330	Helen	Durance	St Albans Striders	2.	59. 00	F	29
331	Matt	Tweedie		2.	59. 10	M	41
332	Steve	Rosier		2.	59. 37	F	47
333	Chris	Marchand		3.	00. 01	M	55
334	Josefine	Eriksson		3.	00. 18	F	27
335	Pauline	Fischer	Hillingdon AC	3.	00. 19	F	55 Mx
336	Matthew	Jones		3.	00. 20	M	32
337	Lee	Dumont		3.	00. 41	M	33
338	Debbie	Brown	Hillingdon AC	3.	00. 47	F	40
339	Daniel	Smith		3.	00. 55	M	35
340	Gerard	Murphy	Purple Patch Runners	3.	01. 04	M	57
341	Paul	Cook		3.	01. 06	M	35
342	Anita	Berwick	Gade Valley Harriers	3.	01. 21	F	40
343	Melanie	Angel	David Lloyd Pacers	3.	01. 29	F	55 Mx
344	Lisa	Kirby		3.	01. 32	F	43
345	Craig	Langley		3.	01. 50	M	35
346	Dave	Clarke		3.	01. 57	M	39
347	Russell	Devitt	Shaftesbury Barnet Harriers	3.	02. 02	M	64
348	Eamon	Byrne	Mornington Chasers	3.	02. 16	M	49
349	Gareth	Tucker	Barking RR	3.	02. 21	M	32
350	Catherine	Doherty		3.	02. 23	F	32
351	Susie	Ivin	Gade Valley Harriers	3.	02. 26	F	34
352	Steve	Murray		3.	02. 42	M	51
353	Paul	Holland		3.	02. 43	M	50
354	Claire	Parsons		3.	02. 49	F	30
355	Walid	Marzouk		3.	03. 26	M	35
356	Roderic	Yapp		3.	03. 34	M	31
357	Andrew	Willson		3.	03. 40	M	42
358	Catherine	Loveridge		3.	03. 57	M	37
359	Anup	Chalisey		3.	04. 11	M	33
360	Ann	Bowles	Marlow Striders	3.	05. 00	F	63
361	Paul	Boca	Stragglers RC	3.	05. 15	M	44
362	Claire	English		3.	05. 16	F	49
363	Catriona	Scott	Headington RR	3.	05. 17	F	34
364	Peter	Cobbett	Haywards Heath Harriers	3.	05. 36	M	69
365	Barry	Chisholm	Shaftesbury Barnet Harriers	3.	05. 40	M	54
366	Thomas	Brown		3.	05. 42	M	41
367	Rob	Panman		3.	05. 52	M	33
368	Mirco	Musolesi		3.	06. 00	M	37
369	Paul	Battams	Orion Harriers	3.	06. 19	M	38
370	Stuart	Hill		3.	06. 21	M	39
371	Damien	Hampton		3.	06. 26	M	35

372	Anne	Opute	Serpentine RC	3.	06.	30	F	44	
373	Simon	Gunning		3.	06.	31	M	52	
374	Jacqueline	Mahir		3.	06.	32	M	44	
375	Peter	Jose	Metros RC	3.	06.	35	M	66	Mx
376	Mark	Highfield		3.	07.	05	M	54	
377	Linton	Joseph		3.	07.	12	M	35	
378	Daniel	Southam		3.	07.	13	M	39	
379	Aidan	Goode		3.	07.	15	M	27	
380	Ella	Braillard		3.	07.	18	F	27	
381	Leona	Mchugh		3.	08.	32	F	32	
382	Lynda	O'Leary		3.	08.	32	F	30	
383	Anya	Woolliams		3.	08.	45	F	33	
384	Jill	Gundry	London Heathside	3.	08.	55	F	56	
385	Lyn	Evans	London Heathside	3.	08.	56	F	60	
386	Matthew	Watson		3.	09.	15	M	25	
387	Janet	Conneely		3.	09.	29	F	65	
388	Nick	Slade	Watford Joggers	3.	09.	31	M	44	
389	Mary	Allieu	Met Police AC	3.	09.	42	F	40	Mx
390	Chris	Brammer		3.	09.	53	M	39	
391	Mel	Mcclure		3.	09.	55	F	55	Mx
392	Alison	Templeton		3.	10.	00	F	31	
393	Lucy	Ashdown-Parkes		3.	10.	47	F	38	
394	Lou	Walker	Winchester & District AC	3.	10.	55	F	50	
395	Jane	Stephens	London Heathside	3.	10.	59	F	51	Mx
396	Matthew	Hawkes		3.	11.	20	M	33	
397	Glen	Caswell		3.	12.	15	M	45	
398	Naomi	Newton-Fisher	Serpentine RC	3.	12.	17	F	30	
399	Lyndsey	Browne	Hillingdon AC	3.	12.	22	F	33	
400	Sharon	Davidson	Purple Patch Runners	3.	12.	28	F	35	
401	Laura	Boothman	London Heathside	3.	12.	57	F	35	
402	Celia	Edwards	Handy Cross Runners	3.	13.	11	F	52	
403	Graham	Wood	Hillingdon AC	3.	13.	15	M	60	Mx
404	Claire	Sliwerski	London Heathside	3.	13.	16	F	30	
405	Eleanor	Jones	London Heathside	3.	13.	21	F	30	
406	Agi	Palanki	London Heathside	3.	13.	23	F	35	Mx
407	Sian	Williams		3.	13.	24	M	48	
408	Carra	Carter	Watford Joggers	3.	13.	25	F	34	
409	David	English		3.	13.	26	M	37	
410	Diana	Charles	Handy Cross Runners	3.	13.	35	F	44	
411	Amanda	Martin	Queens Park Harriers	3.	13.	37	F	52	
412	Susan	Kennedy	Queens Park Harriers	3.	13.	38	F	52	Mx
413	Jo	Hensman	Fulham RC	3.	13.	41	M	38	
414	Sylwia	Tokarska	Edmonton RC	3.	13.	43	F	34	
415	Tristan	Nagler		3.	13.	46	M	37	
416	Jeanine	Ottman	David Lloyd Pacers	3.	14.	16	F	46	
417	Sarah	Rigby	Devizes RC	3.	14.	45	F	47	
418	Lorraine	Panman	Wimbledon Windmilers	3.	14.	47	F	29	
419	Claire	O'Neill		3.	15.	01	F	29	
420	Mark	Curtin		3.	15.	03	M	35	
421	Susie	Dutoit	Edmonton RC	3.	15.	09	F	29	Mx
422	Mark	Conyers	Queens Park Harriers	3.	15.	18	M	55	
423	Jane	Jaffe	David Lloyd Pacers	3.	15.	48	F	59	Mx
424	Heather	Martingell	Ranelagh Harriers	3.	16.	13	F	48	Mx
425	Tracy	Wood		3.	17.	01	F	42	
426	Adam	Daniels		3.	17.	03	M	32	
427	Katie	Shapiro		3.	17.	05	F	37	
428	No	Number		3.	17.	34			
429	Adrian	Field	Winchester & District AC	3.	17.	37	M	49	
430	Cordelia	Oxley		3.	17.	38	F	26	
431	Alison	How	Mornington Chasers	3.	18.	17	F	37	
432	Deirdre	Diamond		3.	18.	24	F	38	
433	Andrew	Diamond		3.	18.	25	M	38	
434	William	Scott		3.	18.	39	M	32	

435	Claire	Vanstone	Edmonton RC	3.	19.	16	F	24	
436	Peter	Hutchinson		3.	19.	18	M	62	
437	Cherry	Key	Datchet Dashers	3.	19.	59	F	53	
438	Martha	O'Neill		3.	20.	06	F	21	
439	Mohammed	Hanif	City Runners Club	3.	20.	06	M	30	
440	Andrew	Roberts		3.	20.	08	M	26	
441	Alexandra	Hill		3.	20.	46	F	45	
442	Brian	Feldman	Hillingdon AC	3.	20.	49	M	66	Mx
443	Tracey	Ruane	Edmonton RC	3.	20.	55	F	38	
444	John	Gorton	Metros RC	3.	21.	38	M	59	
445	Mark	Foran		3.	21.	40	M	51	
446	Jonathan	Stoller		3.	22.	25	M	30	Mx
447	Georgina	Hemington		3.	22.	30	F	40	
448	John	Hughes	Hillingdon AC	3.	22.	33	M	46	
449	Kayleigh	Dunn	Mornington Chasers	3.	22.	50	F	27	
450	Frank	Hudelmaier		3.	23.	11	M	41	
451	Roz	Fullylove	Watford Joggers	3.	23.	12	F	46	
452	Unette	Spencer	Watford Joggers	3.	23.	27	F	45	
453	Robert	Watts	London Heathside	3.	24.	56	M	40	
454	Helen	Byrne		3.	24.	59	F	25	
455	James	Haggar		3.	25.	16	M	40	
456	Samantha	Bailey	Hailsham Harriers	3.	26.	00	F	30	
457	Sotiroulla	Loizou	Edmonton RC	3.	26.	02	F	32	
458	Kathryn	Reece-Thomas		3.	26.	32	F	31	
459	Graham	Broyd	Serpentine RC	3.	27.	00	M	54	
460	Rachel	Gribben		3.	27.	44	F	39	
461	Carolina	Graterol	London Heathside	3.	27.	45	F	46	
462	Naga	Haggar		3.	27.	47	F	38	
463	Sadie	Barron		3.	28.	10	F	38	
464	Emily	Bergonzi		3.	28.	22	F	29	
465	Doug	Shepherd		3.	28.	23	M	47	
466	Chloe	Titcomb		3.	28.	24	F	27	
467	Rachel	Barron		3.	29.	53	F	38	
468	Kerry	Hastings	London Heathside	3.	30.	54	F	51	
469	Anne	Stilton		3.	31.	09	F	29	
470	Maureen	Simpson		3.	31.	44	F	41	
471	Simon	Ng		3.	32.	21	M	34	
472	Georgina	Lever		3.	32.	51	F	26	
473	Matt	Roberts		3.	33.	09	M	22	Mx
474	Conall	Mahon		3.	34.	33	M	31	
475	Katie	Garcia		3.	34.	34	F	19	
476	Kate	Roberts		3.	34.	49	F	22	
477	Helen	Garcia		3.	36.	56	F	27	
478	Dave	Kerr		3.	37.	12	M	50	
479	Michelle	Purnell	Datchet Dashers	3.	38.	27	F	31	
480	Jeff	Peters	Watford Joggers	3.	38.	27	M	43	
481	Daniel	Maynard		3.	38.	47	M	36	
482	Michael	Ransome	Metros RC	3.	39.	17	M	63	
483	Alice	Monk		3.	39.	49	F	23	
484	Katherine	Rogan	Hayes and Harlington RR	3.	40.	36	F	25	
485	Marion	Rogan	Metros RC	3.	40.	37	F	63	
486	Paul	Doyle		3.	41.	13	M	33	
487	Laura	King		3.	41.	20	F	26	
488	Amelia	Bracken		3.	42.	45	F	30	
489	Kerri	Surman		3.	42.	48	F	32	
490	Halina	Caswell		3.	43.	06	F	48	
491	Debra	Gead		3.	43.	49	F	43	
492	Julia	Bowden		3.	46.	47	M	35	
493	Sian	Griffiths	Queens Park Harriers	3.	47.	02	F	52	
494	Sue	King		3.	50.	16	F	57	
495	Sarah	King		3.	50.	18	F	25	
496	Nicola	Rochford		3.	50.	34	F	44	
497	Saki	Tanaka		3.	55.	11	F	26	

498	Constantinos	Flevas		4.	01.	36	M	34
499	Jennifer	Peuchot		4.	01.	37	F	27
500	Rajiv	Mehta		4.	16.	39	M	28
501	Anne	Ambrose	Metros RC	4.	37.	51	F	56
502	Rosemary	Egbe	Collingwood AC	4.	40.	54	F	49