

LONDON CITY RUNNER METROPOLITAN LEAGUE - SATURDAY 12th FEBRUARY 2005 AT HORSENDEN HILL

SENIOR MEN

1 S Omar	ESM	28:59	88 I Druce	Serp	34:10	175 S Mann	(V)	Herts P	39:11
2 E Malloch	WG&EL	29:30	89 P Leppard	Hill	34:11	176 S Allen		Met P	39:20
3 K Murphy	WG&EL	29:34	90 S Kerr	(V) Lon I	34:12	177 D Robinson	(V)	VPH&TH	39:24
4 H Dodwell	High	29:37	91 J Buckle	Morn	34:21	178 R Foskett	(V)	Herts P	39:25
5 R Gamble	B&D	30:10	92 D Grant	ESM	34:26	179 P Calthorp	(V)	St Alb	39:27
6 S Dixon	Lon H	30:16	93 T O'Loughlin	Lon H	34:30	180 R Green	(V)	WG&EL	39:28
7 A Slack	Herts P	30:32	94 G Carr	(V) WG&EL	34:31	181 R Church		Lon FR	39:31
8 A Murphy	SB	30:35	95 R Stewart	High	34:35	182 C Saunders		Serp	39:44
9 S Whelan	(V) Lon FR	30:43	96 S Porto	Morn	34:45	183 S Bowen	(V)	GCR	39:47
10 I Campbell	(V) Met P	30:46	97 M Bateman	Hill	34:46	184 I Maudesley		Met P	39:51
11 I Cunningham	ESM	30:56	98 A Benson	Herts P	34:50	185 R Bloom	(V)	Herts P	39:53
12 M Flannelly	(V) WG&EL	31:00	99 D Wright	WG&EL	34:52	186 N Ealand	(V)	Hill	39:54
13 A Holt	(V) GCR	31:05	100 M Faughnan	(V) GCR	34:52	187 W Gilby	(V)	Lon H	39:56
14 M Potter	Lon H	31:06	101 S Plested	(V) ESM	34:54	188 R Derrick	(V)	St Alb	40:01
15 J Roche	VPH&TH	31:08	102 D Shortridge	VPH&TH	35:00	189 A Reid		Met P	40:09
16 S Livingstone	(V) GCR	31:11	103 C Lescott	Serp	35:07	190 A Schabel		Lon FR	40:11
17 M Wilkinson	NEB	31:12	104 B Wootton	(V) WG&EL	35:15	191 G French	(V)	ESM	40:16
18 H Wyber	WG&EL	31:14	105 G Faulds	(V) VPH&TH	35:18	192 J O'Dowd	(V)	Hill	40:18
19 D Burbridge	High	31:17	106 S Weston	St Alb	35:22	193 I Hodge	(V)	Serp	40:22
20 I Ibrahim	Lon H	31:20	107 J Knight	Met P	35:22	194 R Powell	(V)	SB	40:27
21 N Mitchell	(V) Lon H	31:22	108 B Hutchinsson	Hill	35:22	195 T Marlow	(V)	Lon H	40:31
22 W Gristwood	(V) ESM	31:26	109 A Sweet	Lon H	35:23	196 S Maddison	(V)	TVH	40:47
23 J Mohamed	NEB	31:34	110 K O'Donovan	Lon H	35:24	197 N Skipper	(V)	Lon H	40:53
24 J Sear	(V) WG&EL	31:43	111 N O'Connor	Serp	35:28	198 J Kelly	(V)	SB	41:06
25 P Flewitt	ESM	31:45	112 G Dunn	Met P	35:31	199 P Sawko		GCR	41:12
26 A Welshman	Lon H	31:46	113 C Old	Serp	35:32	200 R Weston	(V)	Lon H	41:15
27 P Lemmon	(V) Lon H	31:48	114 A Smith	WG&EL	35:33	201 J Luscombe		Hill	41:18
28 B Powell	WG&EL	31:49	115 R Maciver	Serp	35:33	202 D Beasley	(V)	Herts P	41:25
29 A Pamphilon	(V) WG&EL	31:49	116 A Robins	St Alb	35:37	203 J Murphy		B&D	41:46
30 P Major	WG&EL	31:54	117 T McCarthy	(V) WG&EL	35:40	204 J Russo		NEB	41:52
31 D Browne	(V) Lon H	31:54	118 C Ayres	Hill	35:41	205 R Devitt	(V)	SB	42:06
32 C Brogan	(V) WG&EL	32:02	119 S Dokic	(V) Hill	35:42	206 J Mercer	(V)	E&H	42:11
33 H Jama	ESM	32:06	120 J Leigh	(V) Hill	35:43	207 V Wilson	(V)	WG&EL	42:16
34 M Forrest	(V) Lon FR	32:07	121 S Claridge	(V) Hill	35:44	208 O Suarez	(V)	ESM	42:27
35 J Cox	St Alb	32:09	122 J Blanchard	(V) ESM	35:45	209 M Doughty	(V)	E&H	42:39
36 N Morrison	(V) Herts P	32:11	123 R Bell	TVH	35:50	210 M Wells	(V)	WG&EL	42:46
37 G Irvine	TVH	32:23	124 J Shipley	Hill	35:51	211 J Jarvis	(V)	Serp	43:05
38 T Lashmar	VPH&TH	32:25	125 J Wallis	(V) WG&EL	35:55	212 J Mackenzie		Serp	43:10
39 T Fowler	(V) Met P	32:31	126 P Cunningham	(V) SB	35:56	213 L Menken		Serp	43:17
40 A Evans	High	32:32	127 C Suarez	ESM	35:58	214 K Leahy		Met P	43:36
41 B Weber	(V) Lon H	32:35	128 P Williams	Hill	36:00	215 T Hannah	(V)	ESM	43:50
42 C Michael	(V) B&D	32:36	129 P Doyle	Lon FR	36:01	216 G Stringar	(V)	ESM	43:59
43 L Maddock	Lon H	32:43	130 G Kennedy	Lon FR	36:08	217 B Feldman	(V)	Hill	44:04
44 S Buckle	St Alb	32:52	131 C Cottell	(V) Lon FR	36:24	218 M Reibscheid		St Alb	44:09
45 A Baci	E&H	32:54	132 D Randall	(V) ESM	36:26	219 J Owen	(V)	B&D	44:23
46 A Crosby	GCR	32:55	133 T Strudwick	(V) Lon H	36:27	220 C Jenkins	(V)	NEB	45:05
47 R Brown	ESM	32:58	134 C Hellmers	NEB	36:42	221 N Teuton	(V)	Lon I	45:17
48 C Blackburn	Serp	33:00	135 P Fitzpatrick	(V) Herts P	36:53	222 D Wheeler		Serp	45:30
49 R Holland	(V) WG&EL	33:00	136 A Ross	(V) Herts P	37:03	223 T Bunbury	(V)	VPH&TH	45:45
50 J Cullom	VPH&TH	33:04	137 A Donnelly	E&H	37:04	224 S Kester		Met P	45:49
51 R O'Sullivan	WG&EL	33:06	138 C Maydin	WG&EL	37:06	225 M McDonough		Lon FR	45:57
52 R Phillips	Serp	33:07	139 A Emberson	(V) TVH	37:11	226 G Robertson	(V)	Serp	46:27
53 M Allen	GCR	33:11	140 L Crispin	NEB	37:11	227 M Culshaw		Lon FR	46:43
54 R Mead	NEB	33:12	141 A Owen	Lon H	37:13	228 L Fryer	(V)	Lon H	47:21
55 S Barrett	Serp	33:13	142 A Stedman	(V) Herts P	37:14	229 J Balcombe		Met P	47:26
56 A Symons	SB	33:14	143 A Matthews	Met P	37:15	230 R Ainsworth		Met P	47:27
57 D Newman	(V) Hill	33:22	144 J Lock	Serp	37:17	231 A Cathcart	(V)	VPH&TH	47:28
58 C Saville	Herts P	33:30	145 A Horton	B&D	37:25	232 M Garrett	(V)	Serp	47:53
59 A Reeves	Serp	33:30	146 R Hooley	(V) TVH	37:32	233 A Gributowicz	(V)	VPH&TH	48:06
60 T Mitchell-Smith	VPH&TH	33:31	147 K Townson	Lon H	37:38	234 M French	(V)	Serp	48:45
61 D Askie	ESM	33:32	148 J Avery	(V) Herts P	37:43	235 G Valentine	(V)	Met P	49:08
62 R Eriksson	Lon H	33:35	149 S Doyle	(V) Herts P	37:48	236 S Patterson	(V)	Hill	49:15
63 C Braybrook	(V) St Alb	33:36	150 T Cochrane	Lon H	37:52	237 R Johnson	(V)	Hill	49:34
64 J Scott	St Alb	33:36	151 L Adams	Met P	37:57	238 L Steinpress	(V)	Lon H	50:21
65 A Dodd	ESM	33:39	152 T Chin	(V) Lon H	37:58	239 T Shaw	(V)	Hill	52:08
66 K Kemp	(V) Lon H	33:39	153 J Clamp	TVH	37:59	240 J Fogarty	(V)	GCR	53:30
67 P Wetton	TVH	33:40	154 G Bagnall	VPH&TH	38:01	241 D Leigh	(V)	VPH&TH	58:53
68 E Bayne	Lon H	33:43	155 A Dickson	Lon H	38:04	242 A Abbotts	(V)	Lon FR	58:53
69 E Phillips	Serp	33:44	156 D Patterson	(V) Serp	38:05				
70 N Rowe	(V) Met P	33:45	157 A Whitehead	VPH&TH	38:13				
71 L Mangleshot	(V) WG&EL	33:46	158 S Hirons	(V) Hill	38:16				
72 M Tarpey	Herts P	33:47	159 J Bignell	(V) Hill	38:18				
73 A Miles	(V) Hill	33:48	160 J Waterfield	Met P	38:21				
74 A Davies	Serp	33:51	161 T Hamilton	(V) Hill	38:25				
75 B Judge	GCR	33:52	162 D Phelan	(V) VPH&TH	38:26				
76 A O'Connor	E&H	33:53	163 D Digweed	St Alb	38:26				
77 C Hamer	(V) Lon H	33:54	164 B Cook	(V) E&H	38:30				
78 G Dench	Serp	33:56	165 R Prathalingham	Morn	38:37				
79 J Passmore	Lon H	33:57	166 M Daws	Serp	38:38				
80 P Crockford	(V) Lon H	33:58	167 C Ross	St Alb	38:40				
81 C Brotherton	WG&EL	34:00	168 M Fairbank	ESM	38:42				
82 L Rumble	Herts P	34:00	169 P Sant	Morn	38:43				
83 P Warburton	(V) Hill	34:01	170 P Williams	(V) Herts P	38:43				
84 R Green	Hill	34:03	171 F Robinson	(V) B&D	38:54				
85 T Langley	ESM	34:04	172 J Courtney	Met P	38:58				
86 S Whiting	Lon FR	34:05	173 A Mansi	(V) Hill	39:03				
87 A Coleman	(V) WG&EL	34:06	174 P Stiles	(V) E&H	39:07				

VET MEN

1 S Whelan	(V)	Lon FR	30:43
2 I Campbell	(V)	Met P	30:46
3 M Flannelly	(V)	WG&EL	31:00

SENIOR MEN'S TEAM POSITIONS

1 Woodford Green & EL A.C.	2567	9 St Albans Striders	1330	17 Shaftesbury Barnet H	671
2 London Heathside Runners A.(2491	10 Garden City Runners	1262	18 Hillingdon A.C. "B"	629
3 Ealing, S M A.C.	2251	11 London Frontrunners	1089	19 Serpentine R Club"B"	525
4 Serpentine Running Club	1951	12 Newham & Essex Beagles	909	20 Mornington Chasers	451
5 Hillingdon A.C.	1723	13 Thames Valley Harriers	840	21 London Irish A.C.	175
6 Herts Phoenix	1683	14 Highgate Harriers	814		
7 Victoria PH & Tower H	1442	15 Enfield & Haringey A.C.	690		
8 Metropolitan Police AA	1403	16 Barnet & District AC	673		

SENIOR MEN'S LEAGUE TABLE

1 London Heathside Runners A.(12556	9 Garden City Runners	7595	17 Serpentine R Club"B"	4021
2 Woodford Green & EL A.C.	12500	10 Thames Valley Harriers	7565	18 Enfield & Haringey A.C.	3957
3 Ealing, S M A.C.	11998	11 Metropolitan Police AA	6744	19 Newham & Essex Beagles	3827
4 Hillingdon A.C.	10959	12 Shaftesbury Barnet H	5300	20 Mornington Chasers	1737
5 Serpentine Running Club	10663	13 London Frontrunners	4879	21 Harlow Running Club	1734
6 St Albans Striders	9097	14 Highgate Harriers	4867	22 London Irish A.C.	1033
7 Herts Phoenix	8659	15 Hillingdon A.C. "B"	4850	23 Hayes and Harlington RR	154
8 Victoria PH & Tower H	7774	16 Barnet & District AC	4070		

VETERAN MEN'S TEAM POSITIONS

1 Woodford Green & EL A.C.	592	8 London Frontrunners	278	15 Serpentine Running Club	150
2 London Heathside Runners A.(578	9 Victoria PH & Tower H	215	16 London Irish A.C.	98
3 Hillingdon A.C.	485	10 St Albans Striders	175	17 Newham & Essex Beagles	17
4 Herts Phoenix	412	11 Shaftesbury Barnet H	164		
5 Ealing, S M A.C.	386	12 Barnet & District AC	163		
6 Garden City Runners	339	13 Thames Valley Harriers	159		
7 Metropolitan Police AA	302	14 Enfield & Haringey A.C.	153		

VETERAN MEN'S LEAGUE TABLE

1 Woodford Green & EL A.C.	3034	8 Barnet & District AC	1323	15 London Frontrunners	764
2 London Heathside Runners A.(2941	9 St Albans Striders	1241	16 Highgate Harriers	727
3 Hillingdon A.C.	2829	10 Serpentine Running Club	1222	17 Harlow Running Club	644
4 Ealing, S M A.C.	2382	11 Shaftesbury Barnet H	1071	18 London Irish A.C.	194
5 Herts Phoenix	2311	12 Enfield & Haringey A.C.	1059	19 Hayes and Harlington RR	87
6 Garden City Runners	2064	13 Thames Valley Harriers	907	20 Newham & Essex Beagles	65
7 Metropolitan Police AA	1661	14 Victoria PH & Tower H	774	21 Mornington Chasers	12

UNDER 17 MEN

1 M Burgess	WG&EL	13:24	13 D Menigistu	ESM	14:43	25 R Thompson	Hill	15:44
2 A Holford	WG&EL	13:30	14 A Mariani	WG&EL	14:44	26 B Hussain	NEB	15:48
3 A Osman	ESM	13:36	15 H Gilham	Herts P	14:50	27 A Percival	ESM	15:52
4 S Martyn	High	13:52	16 J Marshall	Hill	14:53	28 H Azabzada	ESM	15:59
5 T Phillips	WG&EL	14:13	17 B McCullon	ESM	14:55	29 M Abbam	WG&EL	16:17
6 N Goolab	ESM	14:15	18 L Nicholas	ESM	14:58	30 L Walsh	Herts P	16:33
7 D Thompson	Hill	14:16	19 A Duque	NEB	15:06	31 C Jacobs	NEB	16:42
8 R Mann	Hill	14:21	20 C Berg	WG&EL	15:11	32 C Hepworth	ESM	17:13
9 R Sparke	WG&EL	14:24	21 G O'Brien	ESM	15:18	33 B Stock	ESM	17:32
10 A Murray	WG&EL	14:36	22 P Hannah	ESM	15:24	34 M Aden	ESM	17:46
11 J Castro	Hill	14:40	23 J Stacey	ESM	15:31	35 A Russo	NEB	17:55
12 O Mansour	WG&EL	14:42	24 A Raybould	Lon H	15:42	36 G Guthrie	NEB	18:17

UNDER 17 MEN TEAM POSITIONS

1 Woodford Green & EL A.C.	131	4 Woodford Green & EL A.C."B"	92	7 Highgate Harriers	33
2 Ealing, S M A.C.	109	5 Ealing, S M A.C. "B"	64	8 Herts Phoenix	29
3 Hillingdon A.C.	106	6 Newham & Essex Beagles	37	9 London Heathside Runners A.(13

UNDER 17 MEN LEAGUE POSITIONS

1 Woodford Green & EL A.C.	839	6 Woodford Green & EL A.C."B"	498	11 Thames Valley Harriers	185
2 Ealing, S M A.C.	779	7 Shaftesbury Barnet H	360	12 Barnet & District AC	33
3 Hillingdon A.C.	539	8 Highgate Harriers	349	13 Hayes and Harlington RR	7
4 Ealing, S M A.C. "B"	518	9 Newham & Essex Beagles	319		
5 Herts Phoenix	498	10 London Heathside Runners A.C.	201		

UNDER 13 BOYS

1 Z Randall	ESM	11:24	15 B Cumberbatch	ESM	12:50
2 Z Fadhil	WG&EL	11:26	16 J Edwards	Hill	12:53
3 A Cornwell	WG&EL	11:36	17 A Haynes	ESM	13:20
4 S Caulker	TVH	11:44	18 B Clark	NEB	13:31
5 W Laing	High	11:46	19 A Shaw	ESM	13:33
6 J McCormick	SB	12:06	20 T O'Dowd	Hill	13:39
7 B Phillips	WG&EL	12:08	21 D McGuigan	ESM	13:45
8 P Warburton	Hill	12:10	22 S Park	ESM	13:48
9 C Moore	ESM	12:12	23 S Dormen	NEB	14:19
10 T O'Regan	ESM	12:16	24 S Hirons	Hill	14:50
11 K Ali	WG&EL	12:22	25 L Ranola	NEB	15:19
12 M Speight	Hill	12:33	26 C Lunson	Hill	15:24
13 D Wilson	Herts P	12:37	27 A Ali	WG&EL	16:19
14 D Toolan	SB	12:43	28 G Dokic	Hill	16:38

UNDER 13 BOYS TEAM POSITIONS

1 Woodford Green & EL A.C.	93	5 Ealing, S M A.C. "B"	37	9 Herts Phoenix	16
2 Ealing, S M A.C.	81	6 Thames Valley Harriers	25		
3 Hillingdon A.C.	60	7 Highgate Harriers	24		
4 Shaftesbury Barnet H	38	8 Newham & Essex Beagles	21		

UNDER 13 BOYS LEAGUE TABLE

1 Ealing, S M A.C.	562	5 Herts Phoenix	293	9 Barnet & District AC	42
2 Woodford Green & EL A.C.	549	6 Ealing, S M A.C. "B"	270	10 Highgate Harriers	24
3 Shaftesbury Barnet H	498	7 Thames Valley Harriers	184	11 London Heathside Runners A.C.	11
4 Hillingdon A.C.	433	8 Newham & Essex Beagles	108	12 Serpentine Running Club	3

UNDER 15 GIRLS + UNDER 13 GIRLS

1 G Bell	ESM	12:44	13 A Ali	WG&EL	13:50	25 C Edgley	ESM	14:22
2 V Dabhi	NEB	12:46	14 J Thom	TVH	13:53	26 D Lea	ESM	14:30
3 E Davis	ESM	13:02	15 E Hellmans	NEB	13:54	27 P Bailey	ESM	14:31
4 E Meakins	Herts P	13:04	16 A Frost	NEB	13:58	28 T O'Sullivan	ESM	14:51
5 H French	ESM	13:06	17 K Chapman	TVH	14:03	29 C Mollett	TVH	14:51
6 A Rai	ESM	13:10	18 N Shelley	ESM	14:05	30 K Dobbins	ESM	15:04
7 L Whitehead	Herts P	13:11	19 M Polke	ESM	14:06	31 B Wall	ESM	15:29
8 N Dabhi	NEB	13:12	20 E Henry	NEB	14:08	32 G Clark	TVH	15:31
9 G Murray	WG&EL	13:19	21 C Wall	ESM	14:11	33 L Cressen	ESM	15:50
10 H Brill	ESM	13:26	22 J O'Connell	ESM	14:14	34 E MacKenzie	Hill	15:56
11 R Charles	ESM	13:29	23 K Ramsden	NEB	14:15	35 A Quinlan	WG&EL	16:01
12 J Dormer	NEB	13:33	24 M Shaw	TVH	14:22			

UNDER 15 GIRLS + UNDER 13 GIRLS TEAM POSITIONS

1 Ealing, S M A.C.	129	4 Herts Phoenix	61	7 Hillingdon A.C.	2
2 Newham & Essex Beagles	107	5 Thames Valley Harriers	60		
3 Ealing, S M A.C. "B"	86	6 Woodford Green & EL A.C.	51		

UNDER 15 GIRLS + UNDER 13 GIRLS LEAGUE TABLE

1 Ealing, S M A.C.	808	4 Woodford Green & EL A.C.	578	7 Enfield & Haringey A.C.	207
2 Newham & Essex Beagles	723	5 Herts Phoenix	526	8 Shaftesbury Barnet H	188
3 Ealing, S M A.C. "B"	592	6 Thames Valley Harriers	290	9 Hillingdon A.C.	166

SENIOR WOMEN

1	S Stevenson	WG&EL	14:32	37	N Cendrowicz	High	17:09	73	J Weekes	Hill	19:43
2	J Bleasdale	Hill	14:42	38	H Apen	Met P	17:12	74	C Sacks	Serp	19:45
3	A Wingle	(V) High	14:46	39	Z Wray	B&D	17:18	75	J Harris	(V) Serp	19:51
4	L Jackson	WG&EL	14:51	40	M Hall	GCR	17:20	76	K French	ESM	20:05
5	S Miles	Hill	15:07	41	A McGuigan	ESM	17:23	77	J Allan	(V) Serp	20:10
6	B Anderson	Lon H	15:12	42	K Soldatt	WG&EL	17:27	78	J Gristwood	(V) ESM	20:26
7	T Slater	GCR	15:15	43	T Allen	St Alb	17:39	79	B Vogt	(V) Serp	20:27
8	J King	(V) Lon H	15:23	44	P Horton	B&D	17:40	80	C McNeill	Serp	20:32
9	K Morser	WG&EL	15:24	45	L BruceBurgess	B&D	17:41	81	L Keeler	ESM	20:34
10	M Livingstone	(V) GCR	15:27	46	L Manley	Hill	17:48	82	A Cowley	(V) Herts P	20:45
11	S Simmons	Met P	15:29	47	J Conn	Serp	17:49	83	A Norris	(V) TVH	20:54
12	E Evans	High	15:31	48	K Foster	ESM	17:54	84	L Blaber	Met P	21:01
13	K Jenrick	(V) High	15:33	49	R Bennion	VPH&TH	17:55	85	A Wardle	(V) WG&EL	21:05
14	S McHugh	Met P	15:35	50	R Miller	(V) Lon H	17:55	86	M Hvbner	Lon FR	21:14
15	A Ridley	(V) SB	15:38	51	C McGuigan	ESM	18:00	87	R Ingram	Serp	21:23
16	G Greenhalgh	WG&EL	15:45	52	J Baxter	Hill	18:02	88	K Davidson	(V) TVH	21:28
17	K Philp	GCR	15:49	53	V Metcalf	(V) Serp	18:03	89	J Reid	(V) Met P	21:40
18	V Parry	(V) Lon H	15:54	54	K Green	Hill	18:08	90	C Sephton	(V) Lon FR	22:48
19	R Lewis	SB	15:57	55	C Pardoe	(V) GCR	18:19	91	L Worth	(V) ESM	22:51
20	F Kennedy	(V) ESM	16:10	56	L Somaroo	Met P	18:24	92	C Beckley	Met P	22:59
21	J Kent	(V) B&D	16:16	57	A DaSilva	TVH	18:24	93	S Gandee	(V) Herts P	23:49
22	K Reeves	Met P	16:21	58	C Jones	(V) ESM	18:31	94	D Johnstone	(V) ESM	24:27
23	L Goldsmith	SB	16:35	59	C Weekes	Hill	18:41	95	S Pacey	Met P	25:45
24	J Wastell	(V) Lon H	16:37	60	H Patterson	(V) Serp	18:50	96	G Hilton	ESM	25:50
25	B Weekes	Hill	16:39	61	J Vlahovic	Serp	18:54				
26	S Edmunds	Serp	16:42	62	S Chapman	(V) High	18:58				
27	B Pritchett	(V) WG&EL	16:44	63	F Holland	(V) Lon H	18:59				
28	J Evans	(V) ESM	16:45	64	J Mattinson	VPH&TH	19:10				
29	L Cameron	Met P	16:46	65	R Powell	(V) Serp	19:18				
30	J Souza	(V) High	16:51	66	C Dekker	Lon FR	19:20				
31	A Possee	WG&EL	16:52	67	J Watt	(V) Lon H	19:22				
32	A Stach-Kevitz	NEB	16:55	68	R Bough	Serp	19:24				
33	P Kapur	WG&EL	16:57	69	J Allen	(V) GCR	19:27				
34	L Wilson	(V) ESM	17:05	70	B Fernandez	Lon FR	19:36				
35	J Turner	High	17:06	71	B Jones	Lon FR	19:38				
36	C Harris	(V) GCR	17:07	72	A Palin	Serp	19:42				
									<u>VETERAN WOMEN</u>		
									1	A Wingle	(V) High 14:46
									2	J King	(V) Lon H 15:23
									2	M Livingstone	(V) GCR 15:27

SENIOR WOMEN TEAM POSITIONS

1	Woodford Green & EL A.C.	494	8	Serpentine Running Club	270	15	Newham & Essex Beagles	65
2	Highgate Harriers	452	9	Barnet & District AC	239	16	Thames Valley Harriers	63
3	Garden City Runners	417	10	Shaftesbury Barnet H	234	17	Hillingdon A.C. "B"	62
4	London Heathside Runners A.C	413	11	Serpentine Running Club "B"	137	18	St Albans Striders	54
5	Metropolitan Police AA	412	12	Ealing, S M A.C. "B"	104	19	Herts Phoenix	19
6	Hillingdon A.C.	398	13	London Frontrunners	102			
7	Ealing, S M A.C.	360	14	Victoria PH & Tower H	81			

SENIOR WOMEN LEAGUE TABLE

1	Highgate Harriers	2864	9	Garden City Runners	1794	17	Ealing, S M A.C. "B"	573
2	Woodford Green & EL A.C.	2662	10	St Albans Striders	1545	18	London Frontrunners	474
3	Hillingdon A.C.	2608	11	Shaftesbury Barnet H	1114	19	Newham & Essex Beagles	408
4	London Heathside Runners A.C	2486	12	Serpentine Running Club "B"	993	20	Victoria PH & Tower H	290
5	Metropolitan Police AA	2187	13	Hillingdon A.C. "B"	891	21	Mornington Chasers	280
6	Serpentine Running Club	2012	14	Thames Valley Harriers	844	22	Harlow Running Club	77
7	Ealing, S M A.C.	1958	15	Herts Phoenix	725			
8	Barnet & District AC	1943	16	Enfield & Haringey A.C.	673			

VETERAN WOMEN TEAM POSITIONS

1	London Heathside Runners A.C	120	6	Woodford Green & EL A.C.	35	11	Metropolitan Police AA	5
2	Highgate Harriers	115	7	Shaftesbury Barnet H	33	12	London Frontrunners	4
3	Ealing, S M A.C.	103	8	Barnet & District AC	30			
4	Garden City Runners	94	9	Thames Valley Harriers	14			
5	Serpentine Running Club	70	10	Herts Phoenix	11			

VETERAN WOMEN LEAGUE POSITIONS

1	London Heathside Runners A.C	684	7	Barnet & District AC	346	13	Herts Phoenix	55
2	Highgate Harriers	642	8	St Albans Striders	252	14	Harlow Running Club	40
3	Ealing, S M A.C.	453	9	Hillingdon A.C.	145	15	Metropolitan Police AA	39
4	Woodford Green & EL A.C.	440	10	Shaftesbury Barnet H	131	16	Mornington Chasers	21
5	Serpentine Running Club	402	11	Thames Valley Harriers	85	17	London Frontrunners	16
6	Garden City Runners	376	12	Enfield & Haringey A.C.	74			

Notes version 1 of results

Further League information & statistics can be found at the Hillingdon AC website www.hillingdonac.co.uk