

LONDON CITY RUNNER METROPOLITAN LEAGUE - SATURDAY 8 OCTOBER 2005 AT CLAYBURY, WOODFORD

SENIOR MEN

1 K Murphy	WG&EL	24:29	91 B Broyd	Herts P	29:19	181 R Derrick	(V) St Alb	33:25
2 S Dixon	Lon H	24:45	92 D Grant	ESM	29:21	182 S Wicks	(V) Hill	33:25
3 C Blackburn	Serp	24:54	93 J Castro	Hill	29:23	183 J Waterfield	Met P	33:30
4 J Pepper	E&H	25:00	94 C Becker	Serp	29:29	184 J Balcombe	Met P	33:30
5 H Dodwell	High	25:11	95 P Leppard	Hill	29:30	185 R Solomans	(V) High	33:33
6 M Jubb	St Alb	25:26	96 S Lingstone	(V) GCR	29:34	186 D Newman	Lon H	33:34
7 C Smith	TVH	25:27	97 J Ferraro	(V) Lon H	29:36	187 K Wilson	(V) High	33:34
8 D Russell	SB	25:40	98 C Old	Serp	29:38	188 P Wickham	(V) HRC	33:39
9 S Martyn	High	25:49	99 R Brown	ESM	29:42	189 J Thorpe	(V) WG&EL	33:41
10 R Gamble	B&D	25:53	100 R Jenkin	(V) Hill	29:46	190 F Robinson	(V) B&D	33:41
11 A Fooks	TVH	26:00	101 A Ross	(V) Herts P	29:48	191 W Gilby	(V) Lon H	33:49
12 A Skorubskas	ESM	26:02	102 B Powell	WG&EL	29:53	192 T Kotze	Serp	33:51
13 K Robertson	SB	26:05	103 J Marshall	Hill	29:56	193 C Lukins	Met P	33:51
14 M Shone	WG&EL	26:11	104 D Manassib	Lon H	29:56	194 J Steed	(V) Herts P	34:01
15 S Pullan	St Alb	26:13	105 P Williams	Hill	29:58	195 B Cook	(V) E&H	34:03
16 R Williams	SB	26:22	106 J Gane	SB	30:02	196 M Coster	(V) HRC	34:09
17 D Lewis	SB	26:33	107 R Breen	SB	30:09	197 R Long	(V) Serp	34:12
18 M Burgess	WG&EL	26:35	108 J Lowe	(V) High	30:10	198 J Kelly	(V) SB	34:19
19 E Vamben	Serp	26:36	109 M Delahunty	ESM	30:11	199 S Sharpe	(V) WG&EL	34:21
20 G Robinson	GCR	26:37	110 A Crosby	GCR	30:19	200 E Fogarty	(V) ESM	34:22
21 C Mitchell	Lon H	26:41	111 R Harding	(V) Met P	30:20	201 T Bunbury	(V) VPH&TH	34:29
22 J Robertson	ESM	26:42	112 S McKenzie	(V) HRC	30:25	202 A Alexander	Serp	34:30
23 T Jackson	SB	26:45	113 P Fromme	Serp	30:26	203 M Doughty	(V) E&H	34:39
24 L Mangleshot	(V) WG&EL	26:46	114 B Butler	VPH&TH	30:31	204 R Devitt	(V) SB	34:44
25 M Flannelly	(V) WG&EL	26:53	115 D Barrett	(V) WG&EL	30:36	205 M Sutton	VPH&TH	34:52
26 I Campbell	(V) Met P	26:55	116 D Alcock	VPH&TH	30:38	206 A Butler	(V) Hill	35:02
27 B Reynolds	Herts P	26:57	117 R Patel	B&D	30:41	207 L Menken	Serp	35:06
28 J Sear	(V) WG&EL	26:59	118 C Hamer	(V) Lon H	30:46	208 A Thorpe	WG&EL	35:14
29 J Mohamed	NEB	27:00	119 G Kennedy	Lon FR	30:49	209 R Bloom	(V) Herts P	35:18
30 A Holt	(V) GCR	27:01	120 D Farquhar	(V) WG&EL	30:51	210 R Court	St Alb	35:25
31 J Pes	High	27:02	121 A Cleman	WG&EL	30:52	211 N Davis	GCR	35:33
32 P Lemmon	(V) Lon H	27:03	122 R Daniel	WG&EL	30:54	212 S Maddison	(V) TVH	35:37
33 M Potter	Lon H	27:05	123 S Dokic	(V) Hill	30:56	213 J Luscombe	Hill	35:42
34 S Barrett	Serp	27:09	124 J Leversedge	(V) E&H	30:59	214 J Booth	Lon FR	35:44
35 J Roche	VPH&TH	27:11	125 J Downing	ESM	31:00	215 M Smith	(V) GCR	35:46
36 C Bailey	(V) High	27:18	126 J Buckle	Morn	31:02	216 N Skipper	(V) Lon H	35:47
37 P Major	WG&EL	27:20	127 R Hogg	WG&EL	31:06	217 G French	(V) ESM	35:54
38 B Fairhall	VPH&TH	27:20	128 A Matthews	Met P	31:09	218 R Smith	(V) Serp	35:59
39 D Vaughan	GCR	27:21	129 J Tennant	(V) HRC	31:12	219 B Thomas	(V) Hill	36:03
40 T Forder	(V) Met P	27:22	130 I Birch	(V) ESM	31:16	220 T Powell	(V) WG&EL	36:06
41 R Holland	(V) WG&EL	27:25	131 M Cairns	(V) VPH&TH	31:17	221 A Cootes	(V) HRC	36:11
42 D Hamblin	Lon H	27:28	132 P Cunningham	(V) SB	31:21	222 N Yehuda	(V) Lon FR	36:12
43 M Hamer	St Alb	27:29	133 R Steer	Lon H	31:23	223 M McColgan	(V) HRC	36:18
44 P Greaves	(V) Herts P	27:32	134 N Stockman	High	31:32	224 P Sawko	GCR	36:19
45 R Browne	Lon H	27:32	135 M McGuinness	Morn	31:34	225 M Gilham	(V) Herts P	36:26
46 E Sonham	(V) High	27:33	136 D Digweed	St Alb	31:36	226 B Pickles	(V) Serp	36:29
47 A Reeves	Serp	27:33	137 A Smith	WG&EL	31:37	227 D Maher	VPH&TH	36:29
48 P Wallis	VPH&TH	27:34	138 K Turner	(V) B&D	31:45	228 M Ford	Lon FR	36:58
49 S Buckle	St Alb	27:36	139 J Williams	Lon FR	31:46	229 S Williams	(V) GCR	37:03
50 K Walden	SB	27:36	140 R Stack	Lon FR	31:46	230 J Mercer	(V) E&H	37:04
51 E O'Colgain	Serp	27:38	141 R Nash	(V) Hill	31:46	231 M Wheeler	(V) VPH&TH	37:15
52 C Braybrook	(V) St Alb	27:43	142 R Neil	Met P	31:48	232 G Turbett	Lon H	37:27
53 C Saville	Herts P	27:44	143 J Lock	Serp	31:49	233 R Collins	(V) Morn	37:41
54 E Mayers	SB	27:47	144 K Tonson	Lon H	31:51	234 J Mulliner	(V) Hill	37:55
55 T O'Rouke	ESM	27:47	145 J Steel	Hill	31:52	235 I Hall	(V) Serp	38:04
56 M Griffiths	WG&EL	27:49	146 M Pollard	Serp	31:53	236 A Cathcart	(V) VPH&TH	38:09
57 N Mitchell	(V) Lon H	27:50	147 K Waterman	(V) Hill	31:55	237 M Jones	(V) HRC	38:14
58 J Flahive	(V) Lon H	27:51	148 A Benson	Herts P	31:57	238 T NoName	(V) B&D	38:30
59 A Slack	Herts P	27:53	149 M Faughnan	(V) GCR	32:00	239 D Milsom	(V) Hill	38:47
60 A Dodd	ESM	27:59	150 J Wallis	(V) WG&EL	32:03	240 M Jamil	(V) Lon FR	39:20
61 D Browne	(V) Lon H	28:00	151 R Church	Lon FR	32:05	241 M Wells	(V) Guest	39:34
62 M Tarpey	Herts P	28:06	152 R Hooley	(V) TVH	32:06	242 O Kelly	Serp	39:36
63 A Miles	(V) Hill	28:09	153 H Preece	B&D	32:08	243 C Jenkins	(V) NEB	40:26
64 N Rowe	(V) Met P	28:12	154 K Lineham	(V) High	32:11	244 O Swarez	ESM	40:48
65 C Martin	Lon FR	28:18	155 P Stockings	(V) WG&EL	32:16	245 D Burden	(V) GCR	41:33
66 E Melin	NEB	28:19	156 D Edwards	(V) GCR	32:19	246 D Roche	VPH&TH	41:44
67 A Owen	Lon H	28:21	157 S Scrutton	(V) High	32:21	247 R Sheridan	Met P	41:49
68 M Bateman	Hill	28:26	158 S Smith	Herts P	32:22	248 M Jex	(V) HRC	42:40
69 J Roger	High	28:28	159 J McCrath	(V) Met P	32:22	249 M Zboron	(V) Lon FR	42:46
70 T Pamphilon	WG&EL	28:30	160 M Laycock	Lon FR	32:23	250 S Patterson	(V) Hill	43:05
71 H Wyber	WG&EL	28:33	161 A Holford	(V) WG&EL	32:24	251 A Salam	Morn	43:07
72 R Phillips	Guest	28:39	162 G Bagnall	VPH&TH	32:28	252 B Chapman	(V) Morn	43:23
73 S Mace	GCR	28:43	163 M Hinsley	(V) Lon H	32:28	253 M Raynor	(V) Morn	44:03
74 T Parkin	SB	28:47	164 P Holland	(V) Lon H	32:33	254 A Jamdegni	(V) Serp	47:18
75 T Mitchell-Smith	VPH&TH	28:47	165 J Blane	(V) E&H	32:34			
76 D Shirley	High	28:50	166 J Clamp	TVH	32:36			
77 T Lashmar	VPH&TH	28:50	167 B Birmingham	(V) Lon H	32:40			
78 N Morrison	(V) Herts P	28:55	168 D Randall	(V) ESM	32:43			
79 D Thompson	Hill	28:57	169 A Dickson	Lon H	32:43			
80 P Crockford	(V) Lon H	28:59	170 T Marlow	(V) Lon H	32:47			
81 L Dooley	Met P	29:01	171 M Hooper	Lon FR	32:53			
82 B Southin	Serp	29:03	172 G Deathridge	(V) VPH&TH	32:55			
83 R Stewart	High	29:03	173 J Courtney	Met P	32:56			
84 A Davies	Serp	29:03	174 J Falvey	(V) ESM	32:59			
85 P Warburton	(V) Hill	29:06	175 S Mann	(V) Herts P	33:00			
86 J Knight	Met P	29:09	176 S Doyle	(V) Herts P	33:12			
87 J Chestney	(V) GCR	29:11	177 J Shipley	Hill	33:13			
88 J Passmore	Lon H	29:15	178 L Bruce	VPH&TH	33:17	1 L Mangleshot	(V) WG&EL	26:46
89 P Wetton	TVH	29:16	179 G Collins	(V) E&H	33:17	2 M Flannelly	(V) WG&EL	26:53
90 A Duque	NEB	29:18	180 V Wilson	(V) WG&EL	33:23	3 I Campbell	(V) Met P	26:55

VET MEN

SENIOR MEN'S TEAM POSITIONS

1 Woodford Green & EL A.C.	2573	9 Victoria PH & Tower H	1713	17 Enfield & Haringey A.C.	685
2 London Heathside Runners	2474	10 Metropolitan Police AA	1683	18 Barnet & District AC	684
3 Shaftesbury Barnet H	2262	11 Garden City Runners	1650	19 Newham & Essex Beagles	592
4 Highgate Harriers	2152	12 St Albans Striders	1348	20 Harlow Running Club	486
5 Serpentine Running Club	2146	13 Woodford Green & EL A.C."B"	1284	21 Mornington Chasers	280
6 Herts Phoenix	1888	14 London Heathside Runners"B"	1254		
7 Hillingdon A.C.	1860	15 London Frontrunners	962		
8 Ealing, S M A.C.	1814	16 Thames Valley Harriers	893		

SENIOR MEN'S LEAGUE TABLE

1 Woodford Green & EL A.C.	2573	9 Victoria PH & Tower H	1713	17 Enfield & Haringey A.C.	685
2 London Heathside Runners A.C.	2474	10 Metropolitan Police AA	1683	18 Barnet & District AC	684
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VETERAN MEN'S TEAM POSITIONS

1 Woodford Green & EL A.C.	608	8 Harlow Running Club	304	15 Serpentine Running Club	106
2 London Heathside Runners A.C.	594	9 Enfield & Haringey A.C.	295	16 Thames Valley Harriers	103
3 Hillingdon A.C.	513	10 Ealing, S M A.C.	263	17 London Frontrunners	39
4 Highgate Harriers	485	11 Victoria PH & Tower H	205	18 Mornington Chasers	22
5 Metropolitan Police AA	467	12 St Albans Striders	154	19 Newham & Essex Beagles	8
6 Garden City Runners	466	13 Shaftesbury Barnet H	152		
7 Herts Phoenix	444	14 Barnet & District AC	134		

VETERAN MEN'S LEAGUE TABLE

1 Woodford Green & EL A.C.	608	8 Harlow Running Club	304	15 Serpentine Running Club	106
2 London Heathside Runners A.C.	594	9 Enfield & Haringey A.C.	295	16 Thames Valley Harriers	103
3 Hillingdon A.C.	513	10 Ealing, S M A.C.	263	17 London Frontrunners	39
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6 Garden City Runners	466	13 Shaftesbury Barnet H	152		
7 Herts Phoenix	444	14 Barnet & District AC	134		

UNDER 17 MEN

1 S Collins	E&H	13:15	19 T Gough	Herts P	14:54	37 D Southcott	WG&EL	17:06
2 A Holford	WG&EL	13:21	20 A Osman	ESM	15:12	38 D Riste	NEB	17:07
3 T Phillips	WG&EL	13:32	21 Z Fadhill	WG&EL	15:13	39 J Lang	Hill	17:10
4 N Goolab	ESM	13:42	22 B Smith	B&D	15:31	40 K Moreland	SB	17:11
5 E Semreab	Lon H	13:43	23 R Thompson	Hill	15:33	41 K Ali	WG&EL	17:26
6 R Sparke	WG&EL	13:50	24 P Harris	SB	15:41	42 J Viner	Hill	18:00
7 O Mansour	WG&EL	13:55	25 R Steve	ESM	15:43	43 A Shaw	ESM	18:13
8 A NoName	Guest	13:56	26 A Veitch	Herts P	15:48			
9 R Mann	Hill	14:09	27 B Hussain	NEB	15:50			
10 B McCallun	ESM	14:18	28 R Griffin	ESM	15:53			
11 H Gilham	Herts P	14:21	29 N Alexis	WG&EL	16:04			
12 M Onslow	High	14:23	30 M Abbam	WG&EL	16:06			
13 P Hannah	ESM	14:23	31 J Smith	Lon H	16:07			
14 Z Randall	ESM	14:31	32 P Clewett	NEB	16:09			
15 M Aden	ESM	14:32	33 A Cornwell	WG&EL	16:23			
16 L Walshe	Herts P	14:33	34 A Hunt	ESM	16:49			
17 P Townsend	Herts P	14:50	35 C Hepworth	ESM	16:53			
18 L Nicholas	ESM	14:51	36 A Gribben	ESM	16:58			

UNDER 17 MEN TEAM POSITIONS

1 Woodford Green & EL A.C.	158	5 Hillingdon A.C.	63	9 Newham & Essex Beagles	35
2 Ealing, S M A.C.	135	6 Woodford Green & EL A.C."B"	63	10 Highgate Harriers	32
3 Herts Phoenix	113	7 London Heathside Runners	52	11 Shaftesbury Barnet H	24
4 Ealing, S M A.C. "B"	98	8 Enfield & Haringey A.C.	43	12 Barnet & District AC	22

UNDER 17 MEN LEAGUE POSITIONS

1 Woodford Green & EL A.C.	158	5 Hillingdon A.C.	63	9 Newham & Essex Beagles	35
2 Ealing, S M A.C.	135	6 Woodford Green & EL A.C."B"	63	10 Highgate Harriers	32
3 Herts Phoenix	113	7 London Heathside Runners	52	11 Shaftesbury Barnet H	24
4 Ealing, S M A.C. "B"	98	8 Enfield & Haringey A.C.	43	12 Barnet & District AC	22

UNDER 13 BOYS

1 J Stainer	SB	10:43	13 J Larch	Hill	12:02	25 J O'Brien	NEB	13:26
2 B Phillips	WG&EL	10:43	14 A Walshe	Herts P	12:05	26 J Osborne	Herts P	13:27
3 D Wilson	Herts P	10:46	15 A Bekele	SB	12:06	27 L Ranola	NEB	13:39
4 R Hingley	ESM	10:46	16 S Mathieson	Hill	12:24	28 A Ali	WG&EL	13:53
5 K Shepherd	Herts P	10:46	17 J Castro	Hill	12:33	29 R James	Hill	14:12
6 R Charles	ESM	10:51	18 D Karl	NEB	12:35	30 J Coffey	Herts P	14:17
7 P Scanlan	WG&EL	10:54	19 M Smith	WG&EL	12:36	31 G Dokic	Hill	17:15
8 P Warburton	Hill	10:56	20 A Clarke	WG&EL	12:37			
9 M Speight	Hill	10:59	21 R MacFarlane	Serp	12:49			
10 C Silver	Herts P	11:41	22 R Stephenson	SB	13:04			
11 J Stockings	WG&EL	11:47	23 S Park	ESM	13:10			
12 J Carton	Hill	11:56	24 D McGuigan	ESM	13:26			

UNDER 13 BOYS TEAM POSITIONS

1 Herts Phoenix	96	4 Ealing, S M A.C.	71	7 Serpentine Running Club	11
2 Woodford Green & EL A.C.	89	5 Shaftesbury Barnet H	58		
3 Hillingdon A.C.	86	6 Newham & Essex Beagles	26		

UNDER 13 BOYS LEAGUE TABLE

1 Herts Phoenix	96	4 Ealing, S M A.C.	71	7 Serpentine Running Club	11
2 Woodford Green & EL A.C.	89	5 Shaftesbury Barnet H	58		
3 Hillingdon A.C.	86	6 Newham & Essex Beagles	26		

UNDER 15 GIRLS + UNDER 13 GIRLS

1 M Reynolds	ESM	11:15	16 E Davis	ESM	12:24	31 C Edgley	ESM	13:55
2 G Bell	ESM	11:19	17 G Ferrari	WG&EL	12:25	32 H Patmore	WG&EL	14:06
3 K Foy	WG&EL	11:29	18 H Brill	ESM	12:26	33 K Dobbin	ESM	14:13
4 K Dabhi	NEB	11:36	19 A Rai	ESM	12:38	34 J O'Connell	ESM	14:16
5 L Tembey	WG&EL	11:48	20 E Hellmans	NEB	12:41	35 S Rose	WG&EL	14:28
6 N Dabhi	NEB	12:00	21 H French	ESM	12:47	36 D Bromfield	NEB	14:47
7 B Hewitt	WG&EL	12:02	22 K Stockings	WG&EL	12:48	37 D West	Herts P	14:48
8 M Nicholes	Hill	12:05	23 M Polke	ESM	12:49	38 L Wormald	Herts P	14:53
9 R AllenderWest	WG&EL	12:07	24 N Humberstone	Herts P	12:56	39 T O'Sullivan	ESM	15:00
10 L Whitehead	Herts P	12:07	25 A Frost	NEB	12:59	40 M Singh	WG&EL	15:48
11 C Cattle	Herts P	12:13	26 N Shelley	ESM	13:01	41 E Doyle	Herts P	15:48
11 A Cattle	Herts P	12:13	27 A Holford	WG&EL	13:07	42 C O'Meara	ESM	16:04
13 D Atanda	NEB	12:19	28 J Thom	TVH	13:17	43 S Parke	WG&EL	17:07
14 C BlaneHernandez	E&H	12:23	29 L Quinn	Herts P	13:19	44 S Stoute	NEB	19:14
15 E VanBlankenstein	SB	12:24	30 C Wall	ESM	13:24	45 S Sayed	ESM	21:47

UNDER 15 GIRLS + UNDER 13 GIRLS TEAM POSITIONS

1 Woodford Green & EL A.C.	160	5 Ealing, S M A.C. "B"	95	9 Shaftesbury Barnet H	31
2 Ealing, S M A.C.	147	6 Woodford Green & EL A.C. "B"	86	10 Thames Valley Harriers	18
3 Newham & Essex Beagles	141	7 Hillingdon A.C.	38		
4 Herts Phoenix	128	8 Enfield & Haringey A.C.	32		

UNDER 15 GIRLS + UNDER 13 GIRLS LEAGUE TABLE

1 Woodford Green & EL A.C.	160	5 Ealing, S M A.C. "B"	95	9 Shaftesbury Barnet H	31
2 Ealing, S M A.C.	147	6 Woodford Green & EL A.C. "B"	86	10 Thames Valley Harriers	18
3 Newham & Essex Beagles	141	7 Hillingdon A.C.	38		
4 Herts Phoenix	128	8 Enfield & Haringey A.C.	32		

SENIOR WOMEN

1 L Hall	Herts P	14:05	41 H Brown	E&H	17:21	81 Z Wray	B&D	19:43
2 S Abel	High	14:09	42 A Stach-Kevitz	NEB	17:21	82 P Rich	(V) Serp	19:43
3 J Wright	SB	14:11	43 K Hancock	(V) Serp	17:24	83 C Farley	Guest	19:45
4 J King	(V) Lon H	14:40	44 V Metcalf	(V) Serp	17:28	84 C Blane-Hernandez	E&H	19:58
5 K Morser	WG&EL	14:46	45 A Coutinno	Met P	17:29	85 E Battson	(V) VPH&TH	20:04
6 S Bigham	Hill	14:52	46 S Chapman	(V) WG&EL	17:30	86 D Knight	Met P	20:21
7 J Kent	(V) B&D	15:08	47 L BruceBurgess	B&D	17:31	88 B Puech	VPH&TH	20:26
8 K Jenrick	(V) High	15:12	48 B Fernandez	Lon FR	17:32	89 P Cockman	VPH&TH	20:27
9 G Greenhalgh	WG&EL	15:17	49 K Solder	WG&EL	17:33	90 E Jones	Met P	20:29
10 S Hanna	High	15:25	50 S Richardson	ESM	17:40	91 S Panayi	WG&EL	20:29
11 B Pritchett	(V) WG&EL	15:27	51 K Hass	Lon H	17:42	92 O Muminova	Lon FR	20:29
12 K Woods	B&D	15:43	52 J Turner	High	17:42	93 K Moir	(V) HRC	20:32
13 A Wingler	(V) High	15:49	53 K Nunn	TVH	17:45	94 J Mitchell	(V) HRC	20:32
14 E Evans	High	15:51	54 A Wall	ESM	17:47	95 J Allan	(V) Serp	20:38
15 F Kennedy	(V) ESM	15:53	55 R Weston	(V) Lon H	17:48	96 B Vogt	(V) Serp	20:49
16 J Gray	GCR	16:00	56 C Perry	B&D	17:57	97 A Lee	Serp	20:58
17 E Ogunde	High	16:06	57 N Anderson	SB	18:00	98 L Hutchison	(V) Hill	21:09
18 E Grant	Hill	16:07	58 H Sheridan	B&D	18:00	99 L Selby	(V) HRC	21:14
19 S Fitt	(V) GCR	16:08	59 G Morgan	(V) ESM	18:04	100 S Celoni	NEB	21:45
20 S McHugh	Met P	16:10	60 F Maguire	High	18:05	101 C Dunlea	(V) HRC	21:46
21 R Spencer	WG&EL	16:12	61 A Eichen	(V) Serp	18:06	102 C Shepherd	VPH&TH	21:56
22 M Hall	GCR	16:13	62 C McGuigan	ESM	18:06	103 K Waterston	(V) Morn	21:59
23 K Gundersen	VPH&TH	16:14	63 J Bowman	(V) E&H	18:08	104 L Kettie	(V) Serp	21:59
24 V Parry	(V) Lon H	16:17	64 C Davies	Herts P	18:12	105 S Boran	Guest	23:21
25 S Simmons	Met P	16:20	65 A DaSilva	TVH	18:14	106 C Beckley	Met P	24:07
26 J Christie	Hill	16:24	66 J Thomas	(V) WG&EL	18:14	107 N Labib	(V) Serp	25:07
27 B Weekes	Hill	16:30	67 R Whittaker	Serp	18:17			
28 L Cameron	Met P	16:37	68 C McLaughlin	Serp	18:19			
29 L Goldsmith	SB	16:38	69 A Charles	NEB	18:28			
30 S Fensome	SB	16:43	70 N Froud	(V) B&D	18:30			
31 J Wastell	(V) Lon H	16:48	71 J Evans	Met P	18:34			
32 H Hoyle	(V) B&D	16:50	72 J Conn	Serp	18:46			
33 A McGuigan	ESM	16:53	73 A Palin	Serp	18:49			
34 B Pullan	St Alb	17:00	74 R Charles	ESM	19:05			
35 K Murphy	(V) B&D	17:04	75 A Wardle	(V) WG&EL	19:08			
36 G Jubb	St Alb	17:07	76 J Allen	(V) GCR	19:09			
37 A Balcona	High	17:09	77 K Bannister	VPH&TH	19:09	1 J King	(V) Lon H	14:40
38 R Bennion	VPH&TH	17:11	78 J Gristwood	(V) ESM	19:16	2 J Kent	(V) B&D	15:08
39 C Harris	(V) GCR	17:14	79 K Trimble	E&H	19:32	3 K Jenrick	(V) High	15:12
40 J Watt	(V) Lon H	17:15	80 L Blater	Met P	19:41			

VETERAN WOMEN

SENIOR WOMEN TEAM POSITIONS

1 Highgate Harriers	584	8 Hillingdon A.C.	365	15 Newham & Essex Beagles	113
2 Woodford Green & EL A.C.	507	9 Shaftesbury Barnet H	313	16 Serpentine Running Club "B"	102
3 Barnet & District AC	459	10 Serpentine Running Club	293	17 Thames Valley Harriers	98
4 London Heathside Runners A.C	443	11 Victoria PHarriers & Tower H	248	18 London Frontrunners	76
5 Metropolitan Police AA	379	12 Enfield & Haringey A.C.	165	19 Harlow Running Club	66
6 Ealing, S M A.C.	375	13 Herts Phoenix	151	20 Mornington Chasers	5
7 Garden City Runners	368	14 St Albans Striders	146		

SENIOR WOMEN LEAGUE TABLE

1 Highgate Harriers	584	8 Hillingdon A.C.	365	15 Newham & Essex Beagles	113
2 Woodford Green & EL A.C.	507	9 Shaftesbury Barnet H	313	16 Serpentine Running Club "B"	102
3 Barnet & District AC	459	10 Serpentine Running Club	293	17 Thames Valley Harriers	98
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7 Garden City Runners	368	14 St Albans Striders	146		

VETERAN WOMEN TEAM POSITIONS

1 London Heathside Runners A.C	121	5 Garden City Runners	71	9 Enfield & Haringey A.C.	18
2 Barnet & District AC	107	6 Highgate Harriers	68	10 Victoria PH & Tower H	11
3 Woodford Green & EL A.C.	88	7 Ealing, S M A.C.	65	11 Hillingdon A.C.	6
4 Serpentine Running Club	78	8 Harlow Running Club	28	12 Mornington Chasers	3

VETERAN WOMEN LEAGUE POSITIONS

1 London Heathside Runners A.C	121	5 Garden City Runners	71	9 Enfield & Haringey A.C.	18
2 Barnet & District AC	107	6 Highgate Harriers	68	10 Victoria PH & Tower H	11
3 Woodford Green & EL A.C.	88	7 Ealing, S M A.C.	65	11 Hillingdon A.C.	6
4 Serpentine Running Club	78	8 Harlow Running Club	28	12 Mornington Chasers	3