

LONDON CITY RUNNER METROPOLITAN LEAGUE - SATURDAY 29 OCTOBER 2005 AT WORMWOOD SCRUBS

SENIOR MEN

1 S Cairns	Met P	28:09	96 J Fitzsimmons	SB	33:39	191 G Deathridge	(V) VPH&TH	37:39
2 H Dodwell	High	28:15	97 R Tarpey	Herts P	33:41	192 N Ealand	(V) Hill	37:48
3 R Gamble	B&D	28:31	98 I Lawson	GCR	33:43	193 C Saunders	Serp	37:51
4 M Jubb	St Alb	28:36	99 M Delahunty	ESM	33:44	194 R Howells	Serp	37:56
5 O Edwards	SB	28:50	100 A Hennessey	Serp	33:47	195 T Powell	(V) WG&EL	38:00
6 K Robertson	SB	29:00	101 B Stock	ESM	33:49	196 D Robinson	(V) VPH&TH	38:00
7 S Pullan	St Alb	29:15	102 M Potter	Lon H	33:55	197 V Wilson	(V) WG&EL	38:05
8 D Lewis	SB	29:16	103 D Buckeridge	(V) ESM	33:58	198 D Darnell	(V) NEB	38:06
9 S Martyn	High	29:18	104 K Waterman	(V) Hill	34:01	199 M Ford	Lon FR	38:08
10 A Skorubskas	ESM	29:19	105 M Hinsley	(V) Lon H	34:03	200 S Maddison	(V) TVH	38:11
11 J Sumpter	TVH	29:36	106 K Clarke	Serp	34:04	201 M Smith	(V) GCR	38:15
12 J Robertson	ESM	29:42	107 S Plested	(V) ESM	34:05	202 S Williams	(V) GCR	38:20
13 M Burgess	WG&EL	29:43	108 S Hiron	(V) Hill	34:06	203 G French	(V) ESM	38:25
14 J Mohamed	NEB	29:47	109 A Other	Lon H	34:09	204 J Steed	(V) Herts P	38:27
15 A Holt	(V) GCR	29:55	110 P Williams	Hill	34:10	205 J Booth	Lon FR	38:29
16 T Grant	Hill	30:01	111 J Edgar	Serp	34:15	206 J Myall	(V) Hill	38:34
17 M DaSilva	TVH	30:09	112 B Butler	VPH&TH	34:17	207 J Balcombe	Met P	38:49
18 M Halman	VPH&TH	30:10	113 D Digweed	St Alb	34:18	208 N Mann	(V) Hill	38:55
19 R Browne	Lon H	30:13	114 I Cumming	(V) WG&EL	34:19	209 I Maudesley	Met P	38:59
20 A Murphy	SB	30:17	115 M Faughnan	(V) GCR	34:20	210 D Beasley	(V) Herts P	39:02
21 J Critchlow	(V) Guest	30:20	116 C Mann	(V) Met P	34:21	211 M Gilham	(V) Herts P	39:04
22 P Coulson	High	30:22	117 A Sweet	Lon H	34:23	212 J Owen	(V) B&D	39:06
23 I Campbell	(V) Met P	30:23	118 J Nelson	Serp	34:26	213 A Dickson	Lon H	39:09
24 C Saville	Herts P	30:27	119 J Wallis	(V) WG&EL	34:28	214 P Warren	(V) Serp	39:10
25 S Barrett	Serp	30:29	120 A Smith	WG&EL	34:30	215 G Brons	Serp	39:13
26 G Robinson	GCR	30:32	121 C Hamer	(V) Lon H	34:31	216 B Thomas	(V) Hill	39:17
27 E O'Colgain	Serp	30:34	122 S Dokic	(V) Hill	34:33	217 J Wheeler	Lon FR	39:27
28 D Askie	ESM	30:36	123 A Robins	St Alb	34:34	218 R Powell	(V) SB	39:36
29 A Reeves	Serp	30:39	124 C Brotherton	WG&EL	34:39	219 R Bloom	(V) Herts P	39:38
30 B Powell	WG&EL	30:40	125 P Fitzpatrick	(V) Herts P	34:44	220 P Bond	(V) Morn	39:40
31 C Bailey	(V) High	30:41	126 E Bayne	Lon H	34:49	221 R Court	St Alb	39:45
32 N Mitchell	(V) Lon H	30:43	127 J Nisbet	(V) H&H	34:52	222 R Collins	(V) Morn	39:50
33 G Coppin	WG&EL	30:46	128 N Ingle	ESM	34:53	223 M Wilson	(V) ESM	40:01
34 M Forrest	(V) Lon FR	30:49	129 D Smith	(V) Hill	34:55	224 A Wakonda	Lon FR	40:03
35 P Lemmon	(V) Lon H	30:51	130 K Townson	Lon H	34:59	225 J Mercer	(V) E&H	40:09
36 D Russell	SB	30:56	131 J Nkrumah	NEB	35:01	226 A Brandimarti	Serp	40:17
37 E Mayers	SB	31:00	132 R Neil	Met P	35:02	227 R Devitt	(V) SB	40:19
38 A Dodd	ESM	31:01	133 J Lock	Serp	35:03	228 A Thorpe	WG&EL	40:26
39 P Perry	Serp	31:03	134 B Hutchinson	Hill	35:08	229 A Davies	WG&EL	40:42
40 T Parkin	SB	31:07	135 A Benson	Herts P	35:08	230 J Walsh	Lon FR	40:48
41 S Mitchell	E&H	31:09	136 J Howe	Lon H	35:10	231 R Robinson	Lon FR	40:50
42 J Flahive	(V) Lon H	31:10	137 D Edwards	(V) GCR	35:12	232 R Lewis	NEB	40:54
43 S Mace	GCR	31:13	138 A Stranger-Jones	(V) Serp	35:13	233 A Edwards	NEB	40:55
44 M Bateman	Hill	31:15	139 R Prathalingham	Morn	35:16	234 J Mulliner	(V) Hill	40:56
45 P Adams	St Alb	31:16	140 K Lineham	(V) High	35:22	235 T Mullbury	(V) VPH&TH	41:01
46 J Cunningham	Serp	31:17	141 R Nash	(V) Hill	35:27	236 D Wheeler	Serp	41:06
47 B Southin	Serp	31:17	142 B Birmingham	(V) Lon H	35:33	237 N Yehuda	(V) Lon FR	41:15
48 B Judge	GCR	31:19	143 S Smith	Herts P	35:35	238 P Sawko	GCR	41:16
49 A Duque	NEB	31:21	144 G Bagnall	VPH&TH	35:37	239 R Weston	(V) Lon H	41:28
50 R Jenkin	(V) Hill	31:23	145 M Hooper	(V) Lon FR	35:38	240 T Hamilton	(V) B&D	41:35
51 C Martin	Lon FR	31:24	146 J Deane	High	35:42	241 D Milsom	(V) Hill	41:43
52 A Miles	(V) Hill	31:27	147 M McGuinness	Morn	35:45	242 T Smith	(V) TVH	42:02
53 N Rowe	(V) Met P	31:30	148 N Millott	Morn	35:45	243 M Head	Met P	42:05
54 J Roger	High	31:33	149 K Wilson	(V) High	35:47	244 L Menken	Serp	42:39
55 M Tarpey	Herts P	31:34	150 L Benjamin	(V) TVH	35:48	245 A Cathcart	(V) VPH&TH	42:45
56 K Walden	SB	31:38	151 P Cunningham	(V) SB	35:49	246 J Pronting	(V) GCR	42:53
57 J Passmore	Lon H	31:38	152 K Barczax	SB	35:50	247 C Jenkins	(V) NEB	43:11
58 C Old	Serp	31:38	153 J Blane	(V) E&H	35:54	248 K McLeod	Serp	43:16
59 R Dzikowski	(V) WG&EL	31:45	154 D Newman	Lon H	35:57	249 C Pience	Morn	43:38
60 M Branco	Serp	31:48	155 T Marlow	(V) Lon H	35:59	250 M Jamil	(V) Lon FR	43:40
61 T Lashmar	VPH&TH	31:53	156 D Randall	(V) ESM	36:01	251 R Crosby	(V) TVH	44:23
62 I Druce	Serp	31:57	157 A Chaimowitz	Lon H	36:02	252 T Shaw	(V) Hill	44:36
63 A Owen	Lon H	32:01	158 C Jacobs	NEB	36:03	253 T Hannah	(V) ESM	44:38
64 A Davies	Serp	32:05	159 D Newman	(V) Hill	36:05	254 J Fogarty	(V) GCR	44:53
65 A Crosby	GCR	32:09	160 S Doyle	(V) Herts P	36:07	255 D Roche	VPH&TH	45:00
66 B Broyd	Herts P	32:15	161 C Hellmers	NEB	36:08	256 K Goss	(V) Hill	45:42
67 S Livingstone	(V) GCR	32:19	162 S Scrutton	(V) High	36:13	257 M Wells	Guest	45:52
68 R Wilson	ESM	32:20	163 L Bruce	VPH&TH	36:16	258 S Kester	Met P	45:55
69 L Dooley	Met P	32:21	164 G McDonald	(V) Lon FR	36:20	259 L Steinpress	(V) Lon H	45:57
70 D Domoney	ESM	32:24	165 J Barretta	High	36:31	260 P Oppe	(V) TVH	46:45
71 T McCarthy	(V) WG&EL	32:29	166 A Mansi	(V) Hill	36:33	261 T Allen	(V) GCR	47:00
72 P Leppard	Hill	32:31	167 R Sharp	Lon FR	36:36	262 P Collins	(V) Lon I	47:10
73 N Morrison	(V) Herts P	32:35	168 S Patten	(V) Lon H	36:45	263 S Bradshaw	(V) Herts P	47:45
74 R Stewart	High	32:39	169 T Chin	(V) Lon H	36:49	264 A Salam	Morn	49:31
75 G Fuzesi	High	32:42	170 E King	(V) B&D	36:53	265 K Evans	(V) Serp	49:45
76 S Whiting	Lon FR	32:43	171 S Wicks	(V) Hill	36:54			
77 P Wetton	TVH	32:44	172 R Green	(V) WG&EL	36:58			
78 P Wood	Hill	32:46	173 S Bowen	(V) GCR	36:59			
79 T Kelly	(V) Lon I	32:49	174 G Redhead	(V) ESM	37:00			
80 T Ross	(V) Herts P	32:54	175 S Mann	(V) Herts P	37:01			
81 R Brown	ESM	32:57	176 W Gilby	(V) Lon H	37:03			
82 D Alcock	VPH&TH	33:02	177 C Lee	(V) ESM	37:04			
83 J Castro	Hill	33:07	178 A No Name	Guest	37:05			
84 G Kennedy	Lon FR	33:08	179 A Reid	Met P	37:08			
85 A Matthews	Met P	33:11	180 C Hays	Met P	37:09			
86 R Bryant	VPH&TH	33:17	181 M Fairbank	ESM	37:11			
87 J Chestney	(V) GCR	33:19	182 J Luscombe	Hill	37:14			
88 P Warburton	(V) Hill	33:21	183 F Robinson	(V) B&D	37:20			
89 P Fromme	Serp	33:31	184 R Foskett	(V) Herts P	37:24	1 A Holt	(V) GCR	29:55
90 G Levy	Lon FR	33:32	185 P Holland	(V) Lon H	37:27	2 J Critchlow	(V) Guest	30:20
91 I Birch	(V) ESM	33:33	186 S Jones	(V) Hill	37:29	3 I Campbell	(V) Met P	30:23
92 J Lowe	(V) High	33:34	187 J Kelly	(V) SB	37:33			
93 N Stockman	High	33:35	188 S Mann	ESM	37:36			
94 J Guiney	Lon I	33:36	189 J Murphy	B&D	37:37			
95 R Cassey	GCR	33:37	190 R Bell	TVH	37:38			

VET MEN

SENIOR MEN'S TEAM POSITIONS

1 Serpentine Running Club	2546	9 Herts Phoenix	1875	17 Barnet & District AC	599
2 Shaftesbury Barnet H	2398	10 Metropolitan Police AA	1695	18 Mornington Chasers	473
3 Ealing, S M A.C.	2384	11 London Frontrunners	1536	19 Enfield & Haringey A.C.	379
4 Highgate Harriers	2305	12 Victoria Park H & Tower H	1404	20 London Irish A.C.	363
5 Hillingdon A.C.	2265	13 London Heathside R "B"	1168	21 Hayes and Harlington RR	139
6 London Heathside R	2264	14 St Albans Striders	1083	22 Woodford Green & EL "B"	75
7 Garden City Runners	2223	15 Thames Valley Harriers	996		
8 Woodford Green & EL A.C.	1945	16 Newham & Essex Beagles	971		

SENIOR MEN'S LEAGUE TABLE

1 London Heathside R	4738	9 Herts Phoenix	3763	17 Woodford Green & EL "B"	1359
2 Serpentine Running Club	4692	10 Metropolitan Police AA	3378	18 Barnet & District AC	1283
3 Shaftesbury Barnet H	4660	11 Victoria Park H & Tower H	3117	19 Enfield & Haringey A.C.	1064
4 Woodford Green & EL A.C.	4518	12 London Frontrunners	2498	20 Mornington Chasers	753
5 Highgate Harriers	4457	13 St Albans Striders	2431	21 Harlow Running Club	486
6 Ealing, S M A.C.	4198	14 London Heathside R "B"	2422	22 London Irish A.C.	363
7 Hillingdon A.C.	4125	15 Thames Valley Harriers	1889	23 Hayes and Harlington RR	139
8 Garden City Runners	3873	16 Newham & Essex Beagles	1563		

VETERAN MEN'S TEAM POSITIONS

1 London Heathside R	575	8 Metropolitan Police AA	302	15 London Irish A.C.	102
2 Hillingdon A.C.	571	9 London Frontrunners	279	16 Enfield & Haringey A.C.	94
3 Garden City Runners	536	10 Shaftesbury Barnet H	171	17 Hayes and Harlington RR	81
4 Woodford Green & EL A.C.	480	11 Barnet & District AC	162	18 Newham & Essex Beagles	55
5 Ealing, S M A.C.	455	12 Thames Valley Harriers	145	19 Mornington Chasers	53
6 Herts Phoenix	452	13 Victoria Park H & Tower H	127		
7 Highgate Harriers	420	14 Serpentine Running Club	110		

VETERAN MEN'S LEAGUE TABLE

1 London Heathside R	1169	8 Ealing, S M A.C.	718	15 Thames Valley Harriers	248
2 Woodford Green & EL A.C.	1088	9 Enfield & Haringey A.C.	389	16 Serpentine Running Club	216
3 Hillingdon A.C.	1084	10 Victoria Park H & Tower H	332	17 St Albans Striders	154
4 Garden City Runners	1002	11 Shaftesbury Barnet H	323	18 London Irish A.C.	102
5 Highgate Harriers	905	12 London Frontrunners	318	19 Hayes and Harlington RR	81
6 Herts Phoenix	896	13 Harlow Running Club	304	20 Mornington Chasers	75
7 Metropolitan Police AA	769	14 Barnet & District AC	296	21 Newham & Essex Beagles	63

UNDER 17 MEN

1 A Holford	WG&EL	14:17	19 S Britten	Herts P	15:40	37 K Moreland	SB	17:35
2 N Goolab	ESM	14:26	20 L Nicholas	ESM	15:43	38 K Ali	WG&EL	17:57
3 A Osman	ESM	14:32	21 J Newman	WG&EL	15:45	39 J Lang	Hill	18:01
4 T Phillips	WG&EL	14:38	22 P Townsend	Herts P	15:49	40 D Riste	NEB	18:02
5 J Shelley	SB	14:41	23 T Gough	Herts P	15:52	41 D Toulan	SB	18:15
6 C Berg	WG&EL	14:42	24 J MatthewMan	High	15:57	42 C Hepworth	ESM	18:30
7 R Mann	Hill	14:46	25 M Sullivan	SB	16:00	43 S Ashcroft	ESM	18:39
8 R Sparke	WG&EL	14:49	26 P Harris	SB	16:21	44 A Shaw	ESM	18:50
9 N Fleming	SB	14:57	27 J Douse	WG&EL	16:32	45 B Hughe	TVH	19:06
10 O Mansour	WG&EL	15:01	28 Z Fadhil	WG&EL	16:33	46 G Nisbet	H&H	19:21
11 B McCallun	ESM	15:02	29 I BaptisteDeLimit	ESM	16:45	47 J Viner	Hill	19:26
12 Z Randall	ESM	15:09	30 M McDonough	SB	16:54	48 R Capemba	NEB	22:07
13 P Hannah	ESM	15:25	31 M Aden	ESM	16:56	49 L Lovelock-Jemmott	WG&EL	22:31
14 H Gilham	Herts P	15:30	32 P Clewett	NEB	17:00	50 C Chan	NEB	22:40
15 J Downing	ESM	15:31	33 Z Benzerovyve	TVH	17:06			
16 A Cornwell	WG&EL	15:33	34 R Griffin	ESM	17:15			
17 D Menigistu	ESM	15:34	35 A Veitch	Herts P	17:22			
18 L Walsh	Herts P	15:34	36 T Hollis	WG&EL	17:32			

UNDER 17 MEN TEAM POSITIONS

1 Woodford Green & EL A.C.	185	5 Herts Phoenix	131	9 Highgate Harriers	27
2 Ealing, S M A.C.	176	6 Woodford Green & EL "B"	130	10 Thames Valley Harriers	24
3 Ealing, S M A.C. "B"	139	7 Hillingdon A.C.	60	11 Hayes and Harlington RR	5
4 Shaftesbury Barnet H	139	8 Newham & Essex Beagles	34		

UNDER 17 MEN LEAGUE POSITIONS

1 Woodford Green & EL A.C.	343	6 Shaftesbury Barnet H	163	11 Enfield & Haringey A.C.	43
2 Ealing, S M A.C.	311	7 Hillingdon A.C.	123	12 Thames Valley Harriers	24
3 Herts Phoenix	244	8 Newham & Essex Beagles	69	13 Barnet & District AC	22
4 Ealing, S M A.C. "B"	237	9 Highgate Harriers	59	14 Hayes and Harlington RR	5
5 Woodford Green & EL "B"	193	10 London Heathside R	52		

UNDER 13 BOYS

1 J Stainer	SB	13:07	15 J Castro	Hill	14:50	29 S Park	ESM	16:20
2 K Shepherd	Herts P	13:19	16 M Smith	WG&EL	14:51	30 K Kenrick	TVH	16:32
3 P Warburton	Hill	13:20	17 G Wloch	Hill	14:56	31 D McGuigan	ESM	16:33
4 P Scanlan	WG&EL	13:23	18 T Warner	Herts P	15:04	32 R Churcher	ESM	16:33
5 A Bekele	SB	13:31	19 J Gill	NEB	15:06	33 A Patterson	WG&EL	16:51
6 R Charles	ESM	13:35	20 R Stephenson	SB	15:09	34 J Harper	Herts P	16:58
7 M Speight	Hill	13:38	21 S Hirons	Hill	15:11	35 L Ranola	NEB	17:07
8 D McGuigan	ESM	13:43	22 M Cousins	NEB	15:27	36 A Riste	NEB	17:56
9 N McNaught	Herts P	13:48	23 J O'Brien	NEB	15:31	37 D Smith	SB	17:58
10 A Haynes	ESM	14:20	24 G Eastwell	Hill	15:41	38 R James	Hill	18:42
11 C Silver	Herts P	14:36	25 S Mathieson	Hill	15:42	39 J Coffey	Herts P	20:43
12 N MughaddamPour	TVH	14:43	26 J Larch	Hill	15:44	40 M Kibuuka	NEB	20:50
13 J McCormick	SB	14:48	27 D Kemp	ESM	15:51	41 A Dixon	SB	20:50
14 D Kail	NEB	14:49	28 C Watts	ESM	16:10	42 G Dokic	Hill	20:55

UNDER 13 BOYS TEAM POSITIONS

1 Shaftesbury Barnet H	133	4 Ealing, S M A.C.	121	7 Ealing, S M A.C. "B"	52
2 Herts Phoenix	132	5 Newham & Essex Beagles	94	8 Thames Valley Harriers	44
3 Hillingdon A.C.	130	6 Woodford Green & EL A.C.	76		

UNDER 13 BOYS LEAGUE TABLE

1 Herts Phoenix	228	4 Shaftesbury Barnet H	191	7 Ealing, S M A.C. "B"	52
2 Hillingdon A.C.	216	5 Woodford Green & EL A.C.	165	8 Thames Valley Harriers	44
3 Ealing, S M A.C.	192	6 Newham & Essex Beagles	120	9 Serpentine Running Club	11

UNDER 15 GIRLS + UNDER 13 GIRLS

1 G Bell	ESM	13:06	17 C Cattle	Herts P	15:10	33 G Clark	TVH	17:10
2 V Dabhi	NEB	13:50	18 M Polke	ESM	15:22	34 K Caka	TVH	17:13
3 N Dabhi	NEB	14:00	19 R Carew	TVH	15:44	35 E Relph	WG&EL	17:34
4 K Foy	WG&EL	14:10	20 N Shelley	ESM	15:45	36 H Patmore	WG&EL	17:40
5 A NoName	Guest	14:13	21 K Stockings	WG&EL	15:46	37 J O'Connell	ESM	17:57
6 L Whitehead	Herts P	14:14	22 K Francis	WG&EL	15:48	38 D West	Herts P	18:00
7 E Davis	ESM	14:28	23 N Humberstone	Herts P	15:59	39 C Conway	WG&EL	18:03
8 D Atanda	NEB	14:35	24 H PattieBelleli	WG&EL	16:05	40 S Rose	WG&EL	18:05
9 ? NoName	Guest	14:37	25 J Docking	WG&EL	16:10	41 E Doyle	Herts P	18:08
10 ? NoName	Guest	14:38	26 ? NoName	Guest	16:12	42 ? Kathleen	NEB	20:29
11 ? NoName	Guest	14:40	27 D Raffel	ESM	16:16	43 M Veitch	Herts P	21:12
12 ? NoName	Guest	14:44	28 J Thom	TVH	16:20	44 M Singh	WG&EL	21:12
13 R AllenderWest	WG&EL	14:56	29 E Hellmans	NEB	16:22	45 ? NoName	Guest	21:30
14 H Brill	ESM	15:01	30 C LordSallenave	TVH	16:31	46 S Miller	Herts P	22:02
15 A Rai	ESM	15:04	31 M Shaw	TVH	16:35	47 S Sayed	ESM	22:10
16 A Cattle	Herts P	15:10	32 A Ali	WG&EL	16:53			

UNDER 15 GIRLS + UNDER 13 GIRLS TEAM POSITIONS

1 Ealing, S M A.C.	155	5 Ealing, S M A.C. "B"	90
2 Newham & Essex Beagles	150	6 Thames Valley Harriers	84
3 Woodford Green & EL A.C.	132	7 Woodford Green & EL "B"	76
4 Herts Phoenix	130	8 Herts Phoenix "B"	24

UNDER 15 GIRLS + UNDER 13 GIRLS LEAGUE TABLE

1 Ealing, S M A.C.	302	5 Ealing, S M A.C. "B"	185	9 Hillingdon A.C.	38
2 Woodford Green & EL A.C.	292	6 Woodford Green & EL "B"	162	10 Enfield & Haringey A.C.	32
3 Newham & Essex Beagles	291	7 Thames Valley Harriers	102	11 Shaftesbury Barnet H	31
4 Herts Phoenix	258	8 Herts Phoenix "B"	63		

SENIOR WOMEN

1 L Jackson	(V) WG&EL	15:13	51 A Stach-Kevitz	(V) NEB	17:55	101 R MacLannan	E&H	20:07
2 J Sparke	WG&EL	15:21	52 J Watt	(V) Lon H	17:56	102 N White	E&H	20:14
3 V Webster	SB	15:28	53 G Jubb	St Alb	17:59	103 S Cameron	(V) ESM	20:20
4 K Morser	WG&EL	15:30	54 C Stokes	Lon H	18:01	104 A Palin	Serp	20:24
5 J King	(V) Lon H	15:54	55 S Richardson	ESM	18:05	105 P Bailey	ESM	20:26
6 K Jenrick	(V) High	15:59	56 J Humberstone	GCR	18:06	106 E Jones	Met P	20:50
7 E Calderbank	Serp	16:05	57 K Solder	WG&EL	18:09	107 L Hutchison	(V) Hill	21:17
8 L Kehoe	High	16:10	58 K Hancock	(V) Serp	18:10	108 A Belchambers	(V) Hill	21:24
9 A Critchlow	(V) Lon H	16:14	59 P Thomas	(V) ESM	18:11	109 M Walsh	ESM	21:27
10 J Kent	(V) B&D	16:16	60 A Eichen	(V) Serp	18:12	110 M Glackin	Serp	21:28
11 K Philp	GCR	16:19	61 B Pullan	St Alb	18:14	111 J Lee	St Alb	21:29
12 N Griffith	Guest	16:24	62 G Morgan	(V) ESM	18:17	112 A Cowley	(V) Herts P	21:30
13 B Pritchett	(V) WG&EL	16:28	63 K Bradley	(V) B&D	18:17	113 S Green	Met P	21:30
14 A Wingler	(V) Hill	16:31	64 F Smith	Lon H	18:18	114 L Denness	Serp	21:38
15 M Hutchinson	Hill	16:37	65 J Turner	High	18:19	115 L Blaber	Met P	21:40
16 E Ogunde	High	16:38	66 L Yates	SB	18:20	116 C Sacks	Serp	21:42
17 R Spencer	WG&EL	16:42	67 K Foster	ESM	18:21	117 O Muminova	Lon FR	21:44
18 M Hall	GCR	16:43	68 A DaSilva	TVH	18:21	118 J Allan	(V) Serp	21:47
19 F Kennedy	(V) ESM	16:47	69 A Wall	ESM	18:22	119 C Blane-Hernan	E&H	21:53
20 V Parry	(V) Lon H	16:49	70 H Rule	Herts P	18:22	120 R Powell	(V) Serp	22:09
21 K Woods	B&D	16:51	71 M Valencia	Lon FR	18:22	121 F Scott	(V) TVH	22:18
22 A Howe	Lon H	16:53	72 C Davies	Herts P	18:30	122 K French	ESM	22:20
23 H Zenner	Serp	16:54	73 D Kennedy	WG&EL	18:38	123 J Hazell	Lon H	22:22
24 S McHugh	Met P	16:55	74 R Weston	(V) Lon H	18:39	124 S Hannington	(V) ESM	22:26
25 A Care	WG&EL	16:56	75 L Burnie	High	18:47	125 J Reid	(V) Met P	22:29
26 L Cameron	Met P	17:00	76 B Nmguah	ESM	18:54	126 A Fake	VPH&TH	22:37
27 E Evans	High	17:02	77 R Charles	ESM	18:55	127 S Celoni	(V) NEB	22:45
28 S Simmons	Met P	17:05	78 J Evans	Met P	19:01	128 A Lee	Serp	22:50
29 J Carrick	High	17:06	79 N Froud	(V) B&D	19:05	129 S Hodge	(V) Serp	22:57
30 E Grant	Hill	17:07	80 C Pardoe	(V) GCR	19:11	130 J Miles	(V) Hill	23:01
31 K Gundersen	VPH&TH	17:11	81 C Jones	(V) ESM	19:15	131 C Beckley	Met P	24:26
32 S Guest	(V) St Alb	17:12	82 F Holland	(V) Lon H	19:19	132 L Keltie	(V) Serp	24:35
33 L McKie	St Alb	17:17	83 A Wardle	(V) WG&EL	19:21	133 J Berrisford	Lon H	24:40
34 J Gray	GCR	17:18	84 V Metcalf	(V) Serp	19:22	134 S Gandee	(V) Herts P	25:02
35 K Meredith	Lon H	17:19	85 J Spiller	Serp	19:23	135 L Rossa	Serp	26:21
36 S Fitt	(V) GCR	17:21	86 A Seymour	(V) St Alb	19:23	136 N Labib	(V) Serp	26:33
37 A McGuigan	ESM	17:28	87 J Conn	Serp	19:25	137 S Marques	NEB	26:48
38 R Donaldson	High	17:30	88 J Thomas	(V) WG&EL	19:26			
39 D Steer	(V) St Alb	17:35	89 C McGuigan	ESM	19:27			
40 L Goldsmith	SB	17:36	90 J Vlahovic	Serp	19:28			
41 C Perry	B&D	17:38	91 P O'Conner	St Alb	19:31			
42 S Edmunds	Serp	17:39	92 L Manley	Hill	19:37			
43 L Rwerman	Serp	17:40	93 L Bott	Serp	19:40			
44 C Harris	(V) GCR	17:40	94 L BruceBurgess	B&D	19:50			
45 L Wilson	(V) ESM	17:44	95 N Baker	(V) ESM	19:53			
46 J Wastell	(V) Lon H	17:47	96 J Allen	(V) GCR	19:57			
47 B Fernandez	Lon FR	17:49	97 K Trimble	E&H	19:59			
48 A Tingle	(V) TVH	17:51	98 C Mooney	(V) St Alb	20:02	1 L Jackson	(V) WG&EL	15:13
49 K Murphy	(V) B&D	17:52	99 K Malsey	Met P	20:03	2 J King	(V) Lon H	15:54
50 K Balchin	Met P	17:54	100 C Heemskerck	(V) Hill	20:04	3 K Jenrick	(V) High	15:59

VET WOMEN

SENIOR WOMEN TEAM POSITIONS

1 Woodford Green & EL A.C.	766	7 Ealing, S M A.C.	551	13 London Frontrunners	179
2 Highgate Harriers	728	8 St Albans Striders	524	14 Thames Valley Harriers	177
3 London Heathside R	691	9 Metropolitan Police AA	523	15 Herts Phoenix	164
4 Garden City Runners	629	10 Hillingdon A.C.	376	16 Enfield & Haringey A.C.	133
5 Serpentine Running Club	595	11 Shaftesbury Barnet H	305	17 Victoria Park H & Tower H	119
6 Barnet & District AC	565	12 Serpentine Running C "B"	285	18 Newham & Essex Beagles	99

SENIOR WOMEN LEAGUE TABLE

1 Highgate Harriers	1312	8 Serpentine Running Club	888	15 Enfield & Haringey A.C.	298
2 Woodford Green & EL A.C.	1273	9 Hillingdon A.C.	741	16 Thames Valley Harriers	275
3 London Heathside R	1134	10 St Albans Striders	670	17 London Frontrunners	255
4 Barnet & District AC	1024	11 Shaftesbury Barnet H	618	18 Newham & Essex Beagles	212
5 Garden City Runners	997	12 Serpentine Running C "B"	387	19 Harlow Running Club	66
6 Ealing, S M A.C.	926	13 Victoria Park H & Tower H	367	20 Mornington Chasers	5
7 Metropolitan Police AA	902	14 Herts Phoenix	315		

VETERAN WOMEN TEAM POSITIONS

1 London Heathside R	182	6 St Albans Striders	122	11 Newham & Essex Beagles	41
2 Ealing, S M A.C.	146	7 Serpentine Running Club	97	12 Herts Phoenix	14
3 Woodford Green & EL A.C.	142	8 Highgate Harriers	96	13 Metropolitan Police AA	7
4 Barnet & District AC	140	9 Hillingdon A.C.	47		
5 Garden City Runners	126	10 Thames Valley Harriers	46		

VETERAN WOMEN LEAGUE POSITIONS

1 London Heathside R	303	7 Highgate Harriers	164	13 Enfield & Haringey A.C.	18
2 Barnet & District AC	247	8 St Albans Striders	122	14 Herts Phoenix	14
3 Woodford Green & EL A.C.	230	9 Hillingdon A.C.	53	15 Victoria Park H & Tower H	11
4 Ealing, S M A.C.	211	10 Thames Valley Harriers	46	16 Metropolitan Police AA	7
5 Garden City Runners	197	11 Newham & Essex Beagles	41	17 Mornington Chasers	3
6 Serpentine Running Club	175	12 Harlow Running Club	28		