

Saturday 10 February 2007
London City Runner Metropolitan League Race Five
At Horsenden Hill, Perivale

Men's Results

| | | | | | | | | | | |
|----|---|------------|---------|--------|-----|----|-------------|---|------------|--------|
| 1 | N | Hall | Gst | 33. 47 | 58 | C | Shepherd | | WG&EL | 37. 29 |
| 2 | K | Skinner | NEB | 34. 22 | 59 | W | Gristwood | V | ESM | 37. 29 |
| 3 | O | Edwards | SB | 34. 35 | 60 | S | Whiting | V | Lon FR | 37. 32 |
| 4 | J | Trapmore | SB | 34. 47 | 61 | S | Norris | | TVH | 37. 34 |
| 5 | K | Murphy | WG&EL | 34. 58 | 62 | J | Castro | | Hill | 37. 50 |
| 6 | D | Lewis | SB | 35. 06 | 63 | S | Barrett | | Serp | 37. 51 |
| 7 | S | Pullan | St Alb | 35. 17 | 64 | N | Morrison | V | Herts P | 37. 52 |
| 8 | L | Shail | Gst | 35. 18 | 65 | R | Holland | V | WG&EL | 37. 52 |
| 9 | K | Robertson | SB | 35. 19 | 66 | J | Lowe | | High | 37. 58 |
| 10 | S | Farah | NEB | 35. 24 | 67 | R | Breen | | SB | 38. 03 |
| 11 | W | Grant | SB | 35. 27 | 68 | L | Dooley | | Met P | 38. 04 |
| 12 | M | Burgess | WG&EL | 35. 30 | 69 | M | Bateman | | Hill | 38. 05 |
| 13 | G | Saqui | High | 35. 31 | 70 | N | Mitchell | V | Lon H | 38. 06 |
| 14 | M | Shone | WG&EL | 35. 34 | 71 | N | Rowe | V | Met P | 38. 10 |
| 15 | R | Gamble | Barn | 35. 36 | 72 | T | Parkin | | SB | 38. 20 |
| 16 | M | Robins | GCR | 35. 40 | 73 | B | Whitworth | | WG&EL | 38. 21 |
| 17 | P | Stainer | V SB | 35. 40 | 74 | I | Warren | | VPH&TH | 38. 22 |
| 18 | A | McFarlane | Serp | 35. 45 | 75 | A | Reeves | | Serp | 38. 31 |
| 19 | P | Cuddihy | Hill | 35. 47 | 76 | M | Ponting | | TVH | 38. 32 |
| 20 | R | McCormick | V Barn | 35. 50 | 77 | S | Livingstone | V | GCR | 38. 37 |
| 21 | A | Skorubskas | ESM | 35. 53 | 78 | R | Brown | V | ESM | 38. 39 |
| 22 | P | Adams | St Alb | 35. 54 | 79 | K | Free | | Met P | 38. 41 |
| 23 | J | Roche | VPH&TH | 35. 54 | 80 | P | Leppard | | Hill | 38. 43 |
| 24 | B | Powell | WG&EL | 36. 05 | 81 | P | Wetton | | TVH | 38. 45 |
| 25 | A | Murphy | SB | 36. 16 | 82 | I | Druce | | Serp | 38. 50 |
| 26 | M | Jubb | St Alb | 36. 18 | 83 | R | Harding | V | Met P | 38. 54 |
| 27 | K | Darcy | Serp | 36. 27 | 84 | A | Duque | | NEB | 38. 57 |
| 28 | J | Mohamed | NEB | 36. 32 | 85 | K | Waterman | V | Hill | 39. 00 |
| 29 | J | Hine | Met P | 36. 36 | 86 | M | Delahunty | | ESM | 39. 03 |
| 30 | M | Sharp | E&H | 36. 38 | 87 | G | Bagnall | | VPH&TH | 39. 07 |
| 31 | M | Potter | Lon H | 36. 39 | 88 | P | Greaves | V | Herts P | 39. 07 |
| 32 | T | Taylor | Morn | 36. 44 | 89 | C | Woodhouse | | Met P | 39. 10 |
| 33 | P | Ilott | SB | 36. 45 | 90 | C | Braybrook | V | St Alb | 39. 12 |
| 34 | D | McKenzie | WG&EL | 36. 48 | 91 | JJ | Quirke | V | Lon I | 39. 14 |
| 35 | C | Panayiotou | High | 36. 53 | 92 | A | Benson | | Herts P | 39. 17 |
| 36 | N | Keys | E&H | 36. 53 | 93 | S | Weston | | St Alb | 39. 18 |
| 37 | M | Revier | Hill | 36. 55 | 94 | A | Chklar | | WG&EL | 39. 22 |
| 38 | H | Torry | Serp | 36. 57 | 95 | E | Noble | | Serp | 39. 23 |
| 39 | R | Jenkin | V Hill | 36. 57 | 96 | A | Davies | | Serp | 39. 29 |
| 40 | C | Brogan | V WG&EL | 36. 57 | 97 | G | Dunn | | Met P (NS) | 39. 32 |
| 41 | T | Lashmar | VPH&TH | 37. 00 | 98 | C | McIver | | ESM | 39. 37 |
| 42 | P | Lemmon | V Lon H | 37. 02 | 99 | P | Wyatt | | Met P | 39. 38 |
| 43 | A | Welshman | V Lon H | 37. 03 | 100 | K | Walden | | SB | 39. 48 |
| 44 | G | Jones | TVH | 37. 03 | 101 | S | Rodgers | | Met P | 39. 48 |
| 45 | C | Berg | WG&EL | 37. 10 | 102 | R | Tomlinson | | ESM | 39. 54 |
| 46 | J | Brown | Met P | 37. 11 | 103 | A | Matthews | | Met P | 40. 00 |
| 47 | P | Manson | WG&EL | 37. 12 | 104 | P | Warburton | V | Hill | 40. 02 |
| 48 | J | Wallis | V WG&EL | 37. 16 | 105 | S | Nunn | V | Barn | 40. 07 |
| 49 | D | Thompson | Hill | 37. 17 | 106 | T | Grant | | Hill | 40. 15 |
| 50 | E | Southam | V High | 37. 21 | 107 | P | Woodbridge | | Met P | 40. 21 |
| 51 | A | Brown | V E&H | 37. 22 | 108 | K | Heney | | Lon H | 40. 39 |
| 52 | M | Branco | Serp | 37. 23 | 109 | A | Miles | V | Hill | 40. 45 |
| 53 | H | Rose | Met P | 37. 24 | 110 | J | Gardner | | High | 40. 50 |
| 54 | B | Hussain | NEB | 37. 25 | 111 | J | Gold | | VPH&TH | 40. 57 |
| 55 | A | Kelleher | V Barn | 37. 26 | 112 | B | Parker | | VPH&TH | 41. 15 |
| 56 | P | Cunningham | V SB | 37. 28 | 113 | J | Rainbow | | High | 41. 25 |
| 57 | P | Major | WG&EL | 37. 28 | 114 | M | Rowe | | Barn | 41. 30 |

| | | | | | | | | | | | | | |
|-----|---|-------------|---|---------|-----|----|-----|---|--------------------------------------|---|---------|------|----|
| 115 | P | Cunningham | V | SB | 41. | 35 | 178 | R | Hooley | V | TVH | 47. | 45 |
| 116 | S | Hirons | V | Hill | 41. | 38 | 179 | N | Stockman | | High | 47. | 56 |
| 117 | D | Shortridge | | VPH&TH | 41. | 44 | 180 | S | Allen | V | Barn | 48. | 27 |
| 118 | P | Kayley | | St Alb | 41. | 59 | 181 | D | Vizard | V | Hill | 48. | 29 |
| 119 | P | Doyle | | Lon FR | 42. | 01 | 182 | T | Spanyol | | WG&EL | 48. | 35 |
| 120 | J | Lock | | Serp | 42. | 02 | 183 | I | Hodge | V | Serp | 48. | 36 |
| 121 | A | Smith | | WG&EL | 42. | 04 | 184 | J | Steed | V | Herts P | 48. | 38 |
| 122 | D | Newman | | Lon H | 42. | 08 | 185 | N | Mann | V | Hill | 48. | 48 |
| 123 | D | Newman | V | Hill | 42. | 13 | 186 | J | Booth | | Lon FR | 48. | 49 |
| 124 | P | Crockford | V | Lon H | 42. | 13 | 187 | S | Doyle | V | Herts P | 48. | 59 |
| 125 | C | Mann | V | Met P | 42. | 23 | 188 | D | Beasley | V | Herts P | 49. | 02 |
| 126 | J | Knight | | Met P | 42. | 23 | 189 | M | Jack | V | St Alb | 49. | 03 |
| 127 | T | Mehew | | High | 42. | 25 | 190 | M | Wheeler | V | VPH&TH | 49. | 44 |
| 128 | A | Watson | | Lon FR | 42. | 28 | 191 | M | McColgan | V | Harl RC | 49. | 54 |
| 129 | R | Melvorn | V | Herts P | 42. | 44 | 192 | G | Pugh | V | Harl RC | 50. | 06 |
| 130 | S | Preuveneers | | VPH&TH | 42. | 50 | 193 | M | Hewitson | V | GCR | 50. | 40 |
| 131 | T | Marlow | V | Lon H | 42. | 54 | 194 | J | Owen | V | Barn | 50. | 51 |
| 132 | R | Howells | V | ESM | 43. | 04 | 195 | R | Devitt | V | SB | 51. | 15 |
| 133 | S | Wicks | | Lon FR | 43. | 09 | 196 | B | Yehuola | V | Lon FR | 52. | 04 |
| 134 | P | Fitzpatrick | V | Herts P | 43. | 20 | 197 | T | Kent | | H&H | 52. | 22 |
| 135 | A | Ross | V | Herts P | 43. | 21 | 198 | T | Smith | V | TVH | 52. | 33 |
| 136 | F | Johnson | | Serp | 43. | 38 | 199 | T | Hannah | V | ESM | 52. | 53 |
| 137 | J | O'Shea | V | High | 43. | 39 | 200 | M | Calshaw | | Lon FR | 52. | 56 |
| 138 | P | Gallagher | | GCR | 43. | 46 | 201 | J | Davis | V | Herts P | 53. | 04 |
| 139 | C | Hamer | V | Lon H | 43. | 48 | 202 | N | Dibb | V | TVH | 53. | 22 |
| 140 | D | Digweed | | St Alb | 43. | 51 | 203 | M | Jamil | V | Lon FR | 54. | 14 |
| 141 | T | Powell | V | WG&EL | 43. | 53 | 204 | P | Hope | V | Met P | 54. | 40 |
| 142 | D | Edwards | V | GCR | 43. | 59 | 205 | L | Menken | | Serp | 54. | 46 |
| 143 | N | Shaikh | | SB | 44. | 12 | 206 | G | Stringer | V | ESM | 54. | 46 |
| 144 | S | Bowen | V | GCR | 44. | 13 | 207 | A | Davies | | WG&EL | 55. | 16 |
| 145 | A | Read | | NEB | 44. | 20 | 208 | S | Patterson | V | Hill | 55. | 22 |
| 146 | G | Fuzesi | | High | 44. | 24 | 209 | A | Gasbutowicz | V | VPH&TH | 55. | 59 |
| 147 | J | Nisbet | V | H&H | 44. | 26 | 210 | D | Beane | V | GCR | 58. | 13 |
| 148 | K | Lineham | V | High | 44. | 29 | 211 | S | Thompson | V | Hill | 60. | 14 |
| 149 | J | Barretta | | High | 44. | 33 | 212 | E | Phillips | | Serp | 62. | 32 |
| 150 | A | Dickson | | Lon H | 44. | 48 | 213 | R | Johnson | V | Hill | 63. | 27 |
| 151 | R | Robeson | | Lon FR | 44. | 51 | | | | | | | |
| 152 | J | Waterfield | | Met P | 44. | 56 | | | | | | | |
| 153 | S | Dokic | V | Hill | 45. | 02 | | | | | | | |
| 154 | B | Boothroyd | | Met P | 45. | 04 | 1 | | Shaftesbury Barnet Harriers | | | 2165 | |
| 155 | K | McLeod | | Serp | 45. | 06 | 2 | | Woodford Green with Essex Ladies | | | 2119 | |
| 156 | P | Stiles | V | E&H | 45. | 11 | 3 | | Hillingdon | | | 1693 | |
| 157 | R | Powell | V | SB | 45. | 21 | 4 | | Metropolitan Police AA | | | 1640 | |
| 158 | S | Mann | V | Herts P | 45. | 24 | 5 | | Serpentine RC | | | 1611 | |
| 159 | A | Emberson | V | TVH | 45. | 28 | 6 | | Highgate Harriers | | | 1295 | |
| 160 | P | Williams | V | E&H | 45. | 43 | 7 | | London Heathside | | | 1180 | |
| 161 | A | Reid | | Met P | 45. | 53 | 8 | | St Albans Striders | | | 1070 | |
| 162 | J | Balcombe | | Met P | 45. | 55 | 9 | | Victoria Park & Tower Hamlets | | | 1046 | |
| 163 | D | Jackson | | Met P | 46. | 01 | 10 | | Ealing, Southall & Middlesex | | | 983 | |
| 164 | R | Nash | V | Hill | 46. | 13 | 11 | | Newham & Essex Beagles | | | 961 | |
| 165 | J | Murphy | | Barn | 46. | 13 | 12 | | Herts Phoenix | | | 875 | |
| 166 | R | Kay | | Serp | 46. | 24 | 13 | | Barnet & District | | | 864 | |
| 167 | J | Kelly | V | SB | 46. | 28 | 14 | | Thames Valley Harriers | | | 759 | |
| 168 | S | Maddison | V | TVH | 46. | 34 | 15 | | Enfield & Haringey | | | 637 | |
| 169 | J | Tennant | V | Harl RC | 46. | 34 | 16 | | Garden City Runners | | | 578 | |
| 170 | J | Bignell | V | Hill | 46. | 37 | 17 | | London Fronrunners | | | 550 | |
| 171 | R | Derrick | V | St Alb | 46. | 55 | 18 | | Woodford Green with Essex Ladies 'B' | | | 466 | |
| 172 | R | Bloom | V | Herts P | 47. | 02 | 19 | | Mornington Chasers | | | 222 | |
| 173 | P | Williams | V | Herts P | 47. | 06 | 20 | | London Irish | | | 123 | |
| 174 | P | Sant | | Morn | 47. | 08 | 21 | | Harlow RC | | | 90 | |
| 175 | M | Coombs | V | Met P | 47. | 14 | 22 | | Serpentine RC 'B' | | | 90 | |
| 176 | A | Dodd | | ESM | 47. | 17 | 23 | | Hayes & Harlington | | | 84 | |
| 177 | R | Foskett | V | Herts P | 47. | 23 | | | | | | | |

Veteran Men's Results

| | | | | | |
|---|---|-----------|---|------|--------|
| 1 | P | Stainer | V | SB | 35. 40 |
| 2 | R | McCormick | V | Barn | 35. 50 |
| 3 | R | Jenkin | V | Hill | 36. 57 |

Veteran Men's Team Result

| | | |
|----|----------------------------------|-----|
| 1 | London Heathside | 403 |
| 2 | Hillingdon | 399 |
| 3 | Herts Phoenix | 344 |
| 4 | Shaftesbury Barnet Harriers | 320 |
| 5 | Woodford Green with Essex Ladies | 290 |
| 6 | Barnet & District | 271 |
| 7 | Metropolitan Police AA | 235 |
| 8 | Ealing, Southall & Middlesex | 218 |
| 9 | Garden City Runners | 185 |
| 10 | Highgate Harriers | 177 |
| 11 | Enfield & Haringey | 162 |
| 12 | Thames Valley Harriers | 125 |
| 13 | St Albans Striders | 119 |
| 14 | London Frontrunners | 97 |
| 15 | Harlow RC | 70 |
| 16 | London Irish | 65 |
| 17 | Hayes & Harlington | 46 |
| 18 | Serpentine RC | 25 |
| 19 | Victoria Park & Tower Hamlets | 23 |

Under 17 Men's Results

| | | | | |
|----|---|----------------|---------|--------|
| 1 | R | Mann | Hill | 23. 56 |
| 2 | O | Mansour | WG&EL | 24. 00 |
| 3 | Z | Benzerroune | TVH | 24. 00 |
| 4 | J | Laing | Hill | 24. 56 |
| 5 | S | Zajackowski | ESM | 25. 02 |
| 6 | B | McCallun | ESM | 25. 05 |
| 7 | L | Matthewman | High | 25. 07 |
| 8 | T | Gough | Herts P | 25. 29 |
| 9 | L | Nicholas | ESM | 25. 33 |
| 10 | R | Thompson | Hill | 25. 35 |
| 11 | M | Evans | SMR | 25. 36 |
| 12 | A | Veitch | Herts P | 25. 43 |
| 13 | H | Birrell | High | 25. 50 |
| 14 | P | Townsend | Herts P | 25. 58 |
| 15 | A | Jones | E&H | 26. 11 |
| 16 | T | Nunn | SMR | 26. 13 |
| 17 | C | Hepworth | ESM | 26. 19 |
| 18 | M | Bitmead | SMR | 26. 23 |
| 19 | J | Smith | Lon H | 26. 25 |
| 20 | J | Russel-Gill | NEB | 26. 50 |
| 21 | W | Laing | High | 26. 57 |
| 22 | M | Thaddeus | Herts P | 26. 58 |
| 23 | T | Grant | Hill | 27. 09 |
| 24 | B | Phillips | WG&EL | 27. 12 |
| 25 | L | Walsh | Herts P | 27. 30 |
| 26 | G | Laing | High | 27. 32 |
| 27 | S | Ashcroft | ESM | 27. 44 |
| 28 | D | Mobbs | High | 28. 01 |
| 29 | R | Hingley | ESM | 28. 11 |
| 30 | A | Shaw | ESM | 28. 51 |
| 31 | A | Gribben | ESM | 29. 29 |
| 32 | G | Nisbet | H&H | 29. 42 |
| 33 | D | Kail | NEB | 30. 36 |
| 34 | G | Barclay | Hill | 30. 56 |
| 35 | D | Harris | ESM | 32. 39 |
| 36 | M | Shelley | ESM | 33. 10 |
| 37 | B | Clarke-Janssen | Lon H | 38. 10 |
| 38 | L | Weir | SMR | 39. 46 |

Under 17 Men's Team Result

| | | |
|----|----------------------------------|-----|
| 1 | Ealing, Southall & Middlesex | 119 |
| 2 | Hillingdon | 118 |
| 3 | Herts Phoenix | 100 |
| 4 | Highgate Harriers | 89 |
| 5 | St Mary's Richmond | 73 |
| 6 | Woodford Green with Essex Ladies | 52 |
| 7 | Ealing, Southall & Middlesex 'B' | 39 |
| 8 | Thames Valley Harriers | 36 |
| 9 | Newham & Essex Beagles | 25 |
| 10 | Enfield & Haringey | 24 |
| 11 | London Heathside | 22 |
| 12 | Herts Phoenix 'B' | 14 |
| 13 | Hayes & Harlington | 7 |

Under 13 Boy's Results

| | | | | |
|----|---|---------------|---------|--------|
| 1 | R | Charles | ESM | 11. 41 |
| 2 | E | Shepherd | Herts P | 12. 22 |
| 3 | M | Cameron | ESM | 12. 27 |
| 4 | R | Wagstaff | Gst | 12. 50 |
| 5 | V | Zaver | Herts P | 13. 12 |
| 6 | A | Haynes | ESM | 13. 19 |
| 7 | T | Saunders | Hill | 13. 24 |
| 8 | J | Keisler | SMR | 13. 30 |
| 9 | M | Fayers | Hill | 13. 40 |
| 10 | A | Walshe | Herts P | 13. 42 |
| 11 | T | Drury | Hill | 13. 45 |
| 12 | C | Charles | ESM | 13. 48 |
| 13 | P | Santos | Hill | 14. 00 |
| 14 | A | Allen | ESM | 14. 08 |
| 15 | J | Edwards | TVH | 14. 12 |
| 16 | J | Watts | NEB | 14. 26 |
| 17 | O | Berg | TVH | 14. 30 |
| 18 | S | Park | ESM | 14. 32 |
| 19 | S | Drennan | WG&EL | 14. 40 |
| 20 | G | Campbell | Hill | 14. 53 |
| 21 | T | Holmes-Davies | SMR | 14. 57 |
| 22 | J | Harrington | ESM | 15. 02 |
| 23 | G | Eastwell | Hill | 15. 06 |
| 24 | R | Simpson | NEB | 15. 29 |
| 25 | L | Tomlinson | NEB | 15. 37 |
| 26 | J | Stuart | WG&EL | 16. 00 |
| 27 | L | Jones | ESM | 16. 02 |
| 28 | R | Williams | Hill | 16. 04 |
| 29 | J | Vizard | Hill | 16. 22 |
| 30 | D | Speight | Hill | 16. 59 |
| 31 | P | Trofa | ESM | 17. 35 |
| 32 | J | Tomlinson | NEB | 19. 16 |

Under 13 Boy's Team Result

| | | |
|---|----------------------------------|-----|
| 1 | Ealing, Southall & Middlesex | 110 |
| 2 | Hillingdon | 92 |
| 3 | Herts Phoenix | 82 |
| 4 | Ealing, Southall & Middlesex 'B' | 51 |
| 5 | St Mary's Richmond | 37 |
| 6 | Newham & Essex Beagles | 35 |
| 7 | Thames Valley Harriers | 34 |
| 8 | Woodford Green with Essex Ladies | 21 |

Women's Results

| | | | | | |
|----|---|--------------|---|---------|--------|
| 1 | L | Hall | | Herts P | 25. 19 |
| 2 | J | King | V | Lon H | 26. 35 |
| 3 | A | Wingler | V | High | 26. 41 |
| 4 | S | Simmons | | Met P | 26. 42 |
| 5 | M | Livingstone | V | GCR | 27. 14 |
| 6 | M | Newbery | | TVH | 27. 28 |
| 7 | C | Cutler | | WG&EL | 27. 29 |
| 8 | J | Macrory | | WG&EL | 27. 31 |
| 9 | K | Morser | | WG&EL | 27. 35 |
| 10 | D | Kennedy | | WG&EL | 27. 36 |
| 11 | V | Parry | V | Lon H | 27. 39 |
| 12 | J | Singer | | VPH&TH | 27. 46 |
| 13 | K | Philp | | GCR | 27. 47 |
| 14 | L | Clifford | V | GCR | 27. 49 |
| 15 | L | Wilson | V | ESM | 27. 52 |
| 16 | F | Burnie | | High | 28. 30 |
| 17 | E | Griffiths | | E&H | 28. 33 |
| 18 | L | Ruderman | | Serp | 28. 36 |
| 19 | M | Hall | | GCR | 28. 46 |
| 20 | S | AinLey | | TVH | 28. 54 |
| 21 | L | Burnie | | High | 29. 20 |
| 22 | C | Harris | V | GCR | 29. 21 |
| 23 | L | Bromilow | | VPH&TH | 29. 23 |
| 24 | R | Clifton | | Serp | 29. 32 |
| 25 | L | Cameron | | Met P | 29. 33 |
| 26 | L | McGuinness | V | Morn | 29. 54 |
| 27 | S | Edmonds | | Serp | 29. 57 |
| 28 | M | Valencia | | Lon FR | 30. 06 |
| 29 | K | Solder | | WG&EL | 30. 07 |
| 30 | S | McHugh | | Met P | 30. 10 |
| 31 | J | Wastell | V | Lon H | 30. 11 |
| 32 | V | Dabhi | | NEB | 30. 12 |
| 33 | N | Vasey | | High | 30. 13 |
| 34 | P | Thomas | V | ESM | 30. 16 |
| 35 | G | Jubb | | St Alb | 30. 19 |
| 36 | K | Bannister | | VPH&TH | 30. 25 |
| 37 | C | Perry | | Barn | 30. 38 |
| 38 | R | Canton | | Hill | 30. 40 |
| 39 | R | Miller | V | Lon H | 30. 43 |
| 40 | N | Cendrowicz | V | High | 30. 49 |
| 41 | L | BruceBurgess | | Barn | 30. 54 |
| 42 | P | Thorne | | Serp | 30. 57 |
| 43 | K | Levene | | Lon H | 30. 58 |
| 44 | G | Morgan | V | ESM | 30. 59 |
| 45 | C | Hale | V | GCR | 31. 01 |
| 46 | T | Brady | V | Serp | 31. 03 |
| 47 | M | McNamara | | E&H | 31. 13 |
| 48 | K | Ward | | VPH&TH | 31. 31 |
| 49 | K | Balchin | | Met P | 32. 16 |
| 50 | B | Fernandez | | Lon FR | 32. 21 |
| 51 | F | Maguire | | High | 32. 22 |
| 52 | L | Whitehead | | Herts P | 32. 25 |
| 53 | K | Horswood | V | Met P | 32. 27 |
| 54 | K | Wilson | | E&H | 32. 30 |
| 55 | V | Metcalf | V | Serp | 32. 35 |
| 56 | F | Holland | V | Lon H | 32. 41 |
| 57 | P | Jordan-Caws | | St Alb | 32. 46 |
| 58 | A | Roose-McClen | | High | 32. 56 |
| 59 | L | Brosnan | V | Lon FR | 32. 59 |
| 60 | J | Docking | | WG&EL | 33. 08 |
| 61 | A | Holford | | WG&EL | 33. 22 |

| | | | | | |
|----|---|------------|---|---------|--------|
| 62 | J | Leech | | Lon H | 33. 28 |
| 63 | J | Reid | V | Met P | 33. 35 |
| 64 | S | Peterson | | TVH | 34. 01 |
| 65 | G | Clark | | TVH | 34. 03 |
| 66 | S | Nettleton | | H&H | 34. 08 |
| 67 | R | Brough | | Serp | 34. 14 |
| 68 | B | Jones | | Lon FR | 34. 26 |
| 69 | M | Walsh | | ESM | 34. 30 |
| 70 | V | Warr | V | TVH | 34. 36 |
| 71 | J | Farmer | V | Serp | 34. 41 |
| 72 | C | Trease | | Hill | 34. 56 |
| 73 | C | Heemskerk | V | Hill | 35. 08 |
| 74 | M | Sampson | | H&H | 35. 13 |
| 75 | C | Willis | | Lon FR | 35. 17 |
| 76 | J | Gristwood | V | ESM | 35. 30 |
| 77 | A | Markiewicz | | VPH&TH | 35. 38 |
| 78 | A | Wardle | V | WG&EL | 36. 00 |
| 79 | C | Sacks | V | Serp | 36. 01 |
| 80 | H | Adams | | Morn | 36. 49 |
| 81 | E | Battson | V | VPH&TH | 37. 05 |
| 82 | A | Cowley | V | Herts P | 37. 08 |
| 83 | M | McClure | V | VPH&TH | 39. 05 |
| 84 | J | Burrows | | Met P | 40. 13 |
| 85 | J | Brown | V | E&H | 41. 02 |
| 86 | D | Johnstone | V | ESM | 41. 16 |
| 87 | K | Collins | | Met P | 44. 22 |

Women's Team Result

| | | |
|----|----------------------------------|-----|
| 1 | Garden City Runners | 410 |
| 2 | Woodford Green with Essex Ladies | 405 |
| 3 | Highgate Harriers | 364 |
| 4 | London Heathside | 346 |
| 5 | Serpentine RC | 316 |
| 6 | Metropolitan Police AA | 304 |
| 7 | Victoria Park & Tower Hamlets | 251 |
| 8 | Thames Valley Harriers | 215 |
| 9 | Ealing, Southall & Middlesex | 204 |
| 10 | London Frontrunners | 160 |
| 11 | Enfield & Haringey | 149 |
| 12 | Herts Phoenix | 129 |
| 13 | Barnet & District | 98 |
| 14 | St Albans Striders | 84 |
| 15 | Hillingdon | 81 |
| 16 | Mornington Chasers | 70 |
| 17 | Newham & Essex Beagles | 56 |
| 18 | Serpentine RC 'B' | 47 |
| 19 | Hayes & Harlington | 36 |

Veteran Women's Results

| | | | | | |
|---|---|-------------|---|-------|--------|
| 1 | J | King | V | Lon H | 26. 35 |
| 2 | A | Wingler | V | High | 26. 41 |
| 3 | M | Livingstone | V | GCR | 27. 14 |

Veteran Women's Team Result

| | | |
|----|----------------------------------|-----|
| 1 | London Heathside | 103 |
| 2 | Garden City Runners | 99 |
| 3 | Ealing, Southall & Middlesex | 75 |
| 4 | Highgate Harriers | 50 |
| 5 | Serpentine RC | 48 |
| 6 | Metropolitan Police AA | 28 |
| 7 | Mornington Chasers | 24 |
| 8 | London Frontrunners | 13 |
| 9 | Thames Valley Harriers | 11 |
| 10 | Hillingdon | 9 |
| 11 | Victoria Park & Tower Hamlets | 8 |
| 12 | Woodford Green with Essex Ladies | 7 |
| 13 | Herts Phoenix | 4 |
| 14 | Enfield & Haringey | 2 |

Under 15 Girl's Results

| | | | | |
|----|----|----------------|---------|--------|
| 1 | G | Bell | ESM | 12. 48 |
| 2 | N | Dabhi | NEB | 13. 52 |
| 3 | S | Williams | High | 13. 57 |
| 4 | D | Atanda | NEB | 14. 01 |
| 5 | A | Keane | High | 14. 04 |
| 6 | G | Miansarow | SMR | 14. 15 |
| 7 | Ho | Pattie-Belleli | WG&EL | 14. 21 |
| 8 | P | Kemp-King | ESM | 14. 30 |
| 9 | H | Gibbons | Hill | 14. 35 |
| 10 | M | Blackie | Hill | 14. 37 |
| 11 | E | Lloyd | Herts P | 14. 44 |
| 12 | C | Vizard | Hill | 14. 49 |
| 13 | K | Brown | E&H | 14. 52 |
| 14 | E | Meakins | Herts P | 15. 05 |
| 15 | C | Hall | Hill | 15. 21 |
| 16 | G | Ferrari | WG&EL | 15. 26 |
| 17 | J | O'Connell | ESM | 15. 28 |
| 18 | N | Shelley | ESM | 15. 30 |
| 19 | B | Hewitt | WG&EL | 15. 33 |
| 20 | H | French | ESM | 15. 36 |
| 21 | S | Hickman | E&H | 16. 08 |
| 22 | K | Ramsden | NEB | 16. 10 |
| 23 | S | Sabin | High | 16. 14 |
| 24 | Ha | Pattie-Belleli | WG&EL | 16. 19 |
| 25 | K | Garcia | NEB | 16. 33 |
| 26 | M | Singh | WG&EL | 17. 17 |
| 27 | S | Smith | WG&EL | 17. 44 |
| 28 | E | Matthews | ESM | 17. 59 |
| 29 | K | Dempsey-Brench | Hill | 18. 21 |
| 30 | Z | Dempsey-Brench | Hill | 19. 38 |
| 31 | L | Cameron | ESM | 24. 39 |

Under 15 Girl's Team Result

| | | |
|---|----------------------------------|----|
| 1 | Ealing, Southall & Middlesex | 84 |
| 2 | Hillingdon | 82 |
| 3 | Newham & Essex Beagles | 75 |
| 4 | Highgate Harriers | 65 |
| 5 | Woodford Green with Essex Ladies | 62 |
| 6 | Herts Phoenix | 39 |
| 7 | Enfield & Haringey | 30 |
| 8 | St Mary's Richmond | 26 |

FINAL LEAGUE POSITIONS 2006/07

Men's League Positions

| | | |
|----|--------------------------------------|-------|
| 1 | Woodford Green with Essex Ladies | 14690 |
| 2 | Shaftesbury Barnet Harriers | 14550 |
| 3 | Serpentine RC | 12453 |
| 4 | Highgate Harriers | 11766 |
| 5 | London Heathside | 11144 |
| 6 | Hillingdon | 10830 |
| 7 | Ealing, Southall & Middlesex | 10422 |
| 8 | Metropolitan Police AA | 10324 |
| 9 | Victoria Park & Tower Hamlets | 8699 |
| 10 | Garden City Runners | 8205 |
| 11 | Enfield & Haringey | 7715 |
| 12 | Thames Valley Harriers | 7486 |
| 13 | St Albans Striders | 7230 |
| 14 | Woodford Green with Essex Ladies 'B' | 7161 |
| 15 | Herts Phoenix | 6887 |
| 16 | Barnet & District | 6593 |
| 17 | Newham & Essex Beagles | 6410 |
| 18 | Serpentine RC 'B' | 5766 |
| 19 | London Frontrunners | 5622 |
| 20 | Harlow RC | 1526 |
| 21 | St Mary's Richmond | 1190 |
| 22 | London Irish | 878 |
| 23 | Garden City Runners 'B' | 847 |
| 24 | Hayes & Harlington | 574 |
| 25 | Mornington Chasers | 431 |

Under 17 Men's League Positions

| | | |
|----|----------------------------------|-----|
| 1 | Hillingdon | 732 |
| 2 | Ealing, Southall & Middlesex | 709 |
| 3 | Woodford Green with Essex Ladies | 691 |
| 4 | Herts Phoenix | 665 |
| 5 | Highgate Harriers | 482 |
| 6 | Thames Valley Harriers | 469 |
| 7 | St Mary's Richmond | 400 |
| 8 | Shaftesbury Barnet Harriers | 311 |
| 9 | Ealing, Southall & Middlesex 'B' | 288 |
| 10 | Enfield & Haringey | 285 |
| 11 | Herts Phoenix 'B' | 190 |
| 12 | Newham & Essex Beagles | 187 |
| 13 | London Heathside | 183 |
| 14 | Hayes & Harlington | 59 |

Veteran Men's League Positions

| | | |
|----|----------------------------------|------|
| 1 | Woodford Green with Essex Ladies | 2774 |
| 2 | London Heathside | 2741 |
| 3 | Hillingdon | 2573 |
| 4 | Barnet & District | 2035 |
| 5 | Ealing, Southall & Middlesex | 2011 |
| 6 | Garden City Runners | 1761 |
| 7 | Metropolitan Police AA | 1746 |
| 8 | Enfield & Haringey | 1720 |
| 9 | Herts Phoenix | 1716 |
| 10 | Highgate Harriers | 1519 |
| 11 | Shaftesbury Barnet Harriers | 1409 |
| 12 | Serpentine RC | 1017 |
| 13 | Thames Valley Harriers | 963 |
| 14 | St Albans Striders | 928 |
| 15 | Victoria Park & Tower Hamlets | 652 |
| 16 | London Frontrunners | 641 |
| 17 | Harlow RC | 426 |
| 18 | Hayes & Harlington | 325 |
| 19 | London Irish | 323 |
| 20 | Newham & Essex Beagles | 145 |
| 21 | Mornington Chasers | 6 |

Under 13 Boy's League Positions

| | | |
|----|----------------------------------|-----|
| 1 | Ealing, Southall & Middlesex | 575 |
| 2 | Hillingdon | 452 |
| 3 | Herts Phoenix | 399 |
| 4 | St Mary's Richmond | 309 |
| 5 | Ealing, Southall & Middlesex 'B' | 279 |
| 6 | Woodford Green with Essex Ladies | 237 |
| 7 | Shaftesbury Barnet Harriers | 148 |
| 8 | Newham & Essex Beagles | 139 |
| 9 | Thames Valley Harriers | 101 |
| 10 | Enfield & Haringey | 75 |
| 11 | Victoria Park & Tower Hamlets | 16 |
| 12 | London Heathside | 7 |

Women's League Positions

| | | |
|----|----------------------------------|------|
| 1 | Highgate Harriers | 3228 |
| 2 | Woodford Green with Essex Ladies | 2869 |
| 3 | London Heathside | 2744 |
| 4 | Garden City Runners | 2693 |
| 5 | Serpentine RC | 2413 |
| 6 | Metropolitan Police AA | 2287 |
| 7 | Ealing, Southall & Middlesex | 2252 |
| 8 | Barnet & District | 1736 |
| 9 | Thames Valley Harriers | 1687 |
| 10 | London Frontrunners | 1467 |
| 11 | Enfield & Haringey | 1308 |
| 12 | Serpentine RC 'B' | 1269 |
| 13 | Victoria Park & Tower Hamlets | 1127 |
| 14 | Newham & Essex Beagles | 996 |
| 15 | Shaftesbury Barnet Harriers | 861 |
| 16 | St Albans Striders | 789 |
| 17 | Hillingdon | 776 |
| 18 | Herts Phoenix | 624 |
| 19 | Mornington Chasers | 264 |
| 20 | St Mary's Richmond | 134 |
| 21 | Hayes & Harlington | 117 |
| 22 | Harlow RC | 104 |

Veteran Women's League Positions

| | | |
|----|----------------------------------|-----|
| 1 | London Heathside | 702 |
| 2 | Garden City Runners | 634 |
| 3 | Ealing, Southall & Middlesex | 528 |
| 4 | Highgate Harriers | 501 |
| 5 | Woodford Green with Essex Ladies | 372 |
| 6 | Serpentine RC | 319 |
| 7 | Barnet & District | 246 |
| 8 | Newham & Essex Beagles | 127 |
| 9 | Metropolitan Police AA | 115 |
| 10 | Mornington Chasers | 93 |
| 11 | London Frontrunners | 86 |
| 12 | Hillingdon | 85 |
| 13 | St Albans Striders | 71 |
| 14 | Thames Valley Harriers | 55 |
| 15 | Herts Phoenix | 29 |
| 16 | Victoria Park & Tower Hamlets | 21 |
| 17 | Harlow RC | 16 |
| 18 | Shaftesbury Barnet Harriers | 16 |
| 19 | Enfield & Haringey | 11 |
| 20 | Hayes & Harlington | 6 |

Under 15 Girl's League Positions

| | | |
|----|----------------------------------|-----|
| 1 | St Mary's Richmond | 677 |
| 2 | Newham & Essex Beagles | 616 |
| 3 | Ealing, Southall & Middlesex | 567 |
| 4 | Woodford Green with Essex Ladies | 566 |
| 5 | Herts Phoenix | 533 |
| 6 | Enfield & Haringey | 409 |
| 7 | Hillingdon | 379 |
| 8 | Thames Valley Harriers | 367 |
| 9 | Highgate Harriers | 264 |
| 10 | Barnet & District | 121 |
| 11 | Victoria Park & Tower Hamlets | 35 |
| 12 | London Heathside | 26 |

Lost Property at Horsenden Hill - Did anyone find a phone, purse and card wallet in a Tesco carrier bag?

Let Fiona know on 07896 148 976 or fionaburnie@googlemail.com if you found it!

Results produced by Gavin Collett (Hillingdon AC) for display on www.hillingdonac.co.uk

Best wishes from the member clubs for a speedy recovery to our League Secretary, Howard Williams

Our thanks go to:

Our sponsor, London City Runner

Our five host clubs - Herts Phoenix AC, Hillingdon AC, Woodford Green with Essex Ladies,
Thames Valley Harriers, Ealing, Southall & Middlesex AC

All the officials, marshalls, course markers, refreshment providers, etc

Hillingdon AC for providing the results service and website

And our League Secretary, Howard Williams

The Annual General Meeting of the League will take place in the Crown & Cushion Public House, Westminster Bridge Road (near Waterloo Station) on Tuesday 10 April at 6pm (please note change of date from that first circulated). Each member club is entitled to representation.