

**London City Runner Metropolitan League Race One at Ruislip (hosted by Hillingdon AC) - Saturday 13 October 2007**

Men's Division One Team Result

1	Woodford Green with Essex Ladies	1656
2	Serpentine RC	1567
3	Highgate Harriers	1496
4	Shaftesbury Barnet Harriers	1442
5	Hillingdon	1355
6	St Albans Striders	1170
7	Ealing, Southall & Middlesex	1111
8	Metropolitan Police AA	1072
9	Garden City Runners	885
10	London Heathside	881
11	Herts Phoenix	825
12	Enfield & Haringey	755
13	Victoria Park & Tower Hamlets	574
14	Woodford Green with Essex Ladies 'B'	426
15	Thames Valley Harriers	355

Men's Division Two Team Result

1	London Frontrunners	1078
2	Serpentine RC 'B'	845
3	Hillingdon 'B'	711
4	Newham & Essex Beagles	599
5	Highgate Harriers 'B'	560
6	London Frontrunners 'B'	324
7	St Mary's Richmond	318
8	Metropolitan Police AA 'B'	235
9	Mornington Chasers	193
10	Hayes & Harlington	147
11	Barnet & District	120
12	Harlow RC	110
13	London Heathside 'B'	95
14	Herts Phoenix 'B'	77
15	Ealing, Southall & Middlesex 'B'	57
16	Garden City Runners 'B'	13

Under 17 Men's Team Result

1	Shaftesbury Barnet Harriers	261
2	Hillingdon	241
3	Herts Phoenix	233
4	Herts Phoenix 'B'	195
5	St Mary's Richmond	188
6	Ealing, Southall & Middlesex	175
7	Hillingdon 'B'	158
8	Shaftesbury Barnet Harriers 'B'	144
9	Highgate Harriers	118
10	London Heathside	95
11	Newham & Essex Beagles	88
12	Royston Crows	51
13	Ealing, Southall & Middlesex 'B'	50
14	Hayes & Harlington	28
15	Woodford Green with Essex Ladies	27
16	St Mary's Richmond 'B'	26
17	Thames Valley Harriers	6
18	Newham & Essex Beagles 'B'	3

Veteran Men's Team Result

1	London Heathside	658
2	Hillingdon	651
3	Woodford Green with Essex Ladies	623
4	Ealing, Southall & Middlesex	617
5	Herts Phoenix	558
6	Metropolitan Police AA	557
7	Garden City Runners	531
8	Highgate Harriers	521
9	London Frontrunners	473
10	Serpentine RC	437
11	Hillingdon 'B'	412
12	Shaftesbury Barnet Harriers	365
13	Enfield & Haringey	313
14	Thames Valley Harriers	277
15	London Heathside 'B'	246
16	Herts Phoenix 'B'	223
17	St Albans Striders	201
18	Woodford Green with Essex Ladies 'B'	177
19	Hayes & Harlington	133
20	Ealing, Southall & Middlesex 'B'	130
21	Barnet & District	99
22	St Mary's Richmond	89
23	Harlow RC	84
24	Serpentine RC 'B'	75
25	Victoria Park & Tower Hamlets	69
26	Garden City Runners 'B'	61
27	Enfield & Haringey 'B'	11
28	Metropolitan Police AA 'B'	10
29	Thames Valley Harriers 'B'	7
30	Newham & Essex Beagles	6

Under 13 Boys Team Result

1	Hillingdon	119
2	Ealing, Southall & Middlesex	113
3	St Mary's Richmond	109
4	Shaftesbury Barnet Harriers	104
5	Herts Phoenix	49
6	Woodford Green with Essex Ladies	48
7	St Mary's Richmond 'B'	43
8	Thames Valley Harriers	37
9	Shaftesbury Barnet Harriers 'B'	36
10	Hillingdon 'B'	20
11	Ealing, Southall & Middlesex 'B'	18
12	Highgate Harriers	4
13	Newham & Essex Beagles	3

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Women's Team Result

1	Highgate Harriers	492
2	Garden City Runners	472
3	Woodford Green with Essex Ladies	431
4	Serpentine RC	391
5	London Frontrunners	340
6	Ealing, Southall & Middlesex	338
7	Hillingdon	318
8	Barnet & District	315
9	Serpentine RC 'B'	252
10	Shaftesbury Barnet Harriers	203
11	Enfield & Haringey	201
12	Metropolitan Police AA	172
13	London Heathside	144
14	St Albans Striders	87
15	Garden City Runners 'B'	80
16	Herts Phoenix	61
17	Victoria Park & Tower Hamlets	57
18	Newham & Essex Beagles	47
19	Woodford Green with Essex Ladies 'B'	35
20	Hillingdon 'B'	29
21	Ealing, Southall & Middlesex 'B'	19
22	Mornington Chasers	7
23	Thames Valley Harriers	5

Veteran Women's Team Result

1	Highgate Harriers	162
2	Garden City Runners	146
3	Ealing, Southall & Middlesex	120
4	London Frontrunners	95
5	Serpentine RC	83
6	Woodford Green with Essex Ladies	80
7	London Heathside	78
8	Barnet & District	62
9	Hillingdon	40
10	Shaftesbury Barnet Harriers	37
11	Newham & Essex Beagles	26
12	Serpentine RC 'B'	26
13	Ealing, Southall & Middlesex 'B'	16
14	Garden City Runners 'B'	9
15	Herts Phoenix	7
16	Enfield & Haringey	2
17	Thames Valley Harriers	1

Under 17 Women's Team Result

1	Ealing, Southall & Middlesex	184
2	St Mary's Richmond	143
3	Woodford Green with Essex Ladies	133
4	St Mary's Richmond 'B'	104
5	Enfield & Haringey	95
6	Hillingdon	82
7	Thames Valley Harriers	82
8	Ealing, Southall & Middlesex 'B'	63
9	London Heathside	47
10	Highgate Harriers	46
11	Barnet & District	41
12	Newham & Essex Beagles	39
13	Herts Phoenix	37
14	Hillingdon 'B'	37
15	Serpentine RC	32
16	Woodford Green with Essex Ladies 'B'	22
17	Victoria Park & Tower Hamlets	19
18	Royston Crows	5
19	Metropolitan Police AA	3

Under 13 Girls Team Result

1	Thames Valley Harriers	96
2	Hillingdon	89
3	Woodford Green with Essex Ladies	85
4	Herts Phoenix	84
5	Ealing, Southall & Middlesex	71
6	Royston Crows	71
7	St Mary's Richmond	57
8	Enfield & Haringey	50
9	Hillingdon 'B'	33
10	Newham & Essex Beagles	23
11	Thames Valley Harriers 'B'	6
12	Ealing, Southall & Middlesex 'B'	1

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Men's Results					60	P	Wetton	TVH	S	30. 58	
					61	L	Dooley	Met P	S	30. 58	
1	O	Laws	NEB	S	26. 23	62	N	Keys	E&H	S	30. 59
2	N	Hall *	Herts P	S	26. 38	63	P	Thomas	High	S	31. 00
3	D	Dalmedo *	Hill	S	27. 02	64	N	Rowe	Met P	V40	31. 02
4	B	Hope	WG&EL	S	27. 30	65	S	Whiting	Lon FR	V40	31. 03
5	H	Dodwell	High	S	27. 35	66	B	Stramer	Serp	S	31. 05
6	J	Trapmore	SB	S	27. 42	67	D	Charette	VPH&TH	S	31. 09
7	S	Collins	E&H	S	27. 45	68	E	Noble	Serp	V40	31. 09
8	S	Farah	NEB	S	27. 46	69	C	Martin	Lon FR	S	31. 09
9	G	Saqui	High	S	27. 48	70	A	Robbins	Serp	S	31. 09
10	A	Barber	NEB	S	27. 51	71	D	Thompson	Hill	U20	31. 11
11	K	Robertson	SB	S	27. 54	72	S	Buckle	St Alb	S	31. 12
12	B	Powell	WG&EL	S	28. 03	73	D	Shirley	High	S	31. 13
13	S	Martyn	High	S	28. 04	74	S	Livingstone	GCR	V45	31. 19
14	M	Jubb	St Alb	S	28. 08	75	R	Brown	ESM	V40	31. 19
15	M	Shone	WG&EL	S	28. 27	76	P	Hayman	Serp	S	31. 20
16	H	Care	WG&EL	S	28. 29	77	E	Green	High	S	31. 20
17	G	Robinson	GCR	S	28. 34	78	R	Tomlinson	ESM	S	31. 21
18	P	Adams	St Alb	S	28. 35	79	M	Ennion	St Alb	S	31. 21
19	A	Greenleaf	Unatt	S	Gst 28. 37	80	L	Matthewman	High	S	31. 23
20	J	Powell	WG&EL	S	28. 48	81	M	Forrest	Lon FR	V40	31. 24
21	A	Skorubskas	ESM	S	28. 49	82	A	Brown	E&H	V50	31. 32
22	T	Jackson	SB	V40	28. 51	83	P	Cunningham	SB	V40	31. 35
23	D	Vaughan	GCR	S	28. 53	84	R	Jenkin	Hill	V45	31. 37
24	S	Barrett	Serp	S	28. 55	85	L	Packer *	Met P	S	31. 38
25	R	Wilson	ESM	S	28. 57	86	N	Mitchell	Lon H	V45	31. 39
26	S	Murphy	SB	S	29. 05	87	P	Leppard	Hill	S	31. 40
27	J	Pike	NEB	S	29. 13	88	J	Long	WG&EL	S	31. 45
28	C	Chapman	High	S	29. 18	89	J	Deane	High	S	31. 46
29	H	Torry	Serp	S	29. 28	90	T	Mitchell-Smith	VPH&TH	S	31. 50
30	E	Vamben	Serp	S	29. 30	91	P	Woodbridge	Met P	S	31. 55
31	D	Clark	Unatt	S	Gst 29. 33	92	C	Braybrook	St Alb	V40	31. 56
32	J	Scott	St Alb	S	29. 35	93	A	Holt	GCR	V40	32. 01
33	J	Roche	WG&EL	S	29. 36	94	R	Harding	Met P	V40	32. 04
34	P	Cuddihy	Hill	S	29. 37	95	M	Branco	Serp	S	32. 05
35	I	Campbell	Met P	V45	29. 38	96	G	Warren	GCR	S	32. 16
36	M	Davies	WG&EL	V40	29. 42	97	P	Townsend	Herts P	U20	32. 18
37	A	Symons	SB	S	29. 45	98	G	Levy	Lon FR	S	32. 19
38	C	Symonds	E&H	S	29. 47	99	A	Miles	Hill	V50	32. 21
39	P	Lastras	St Alb	S	29. 50	100	S	Prosser *	Herts P	S	32. 28
40	P	Lemmon	Lon H	V45	29. 51	101	B	Hussain	NEB	S	32. 29
41	M	Burgess	WG&EL	S	29. 53	102	B	Cobb	Serp	V45	32. 30
42	E	Phillips	Serp	S	29. 57	103	G	Bagnall	VPH&TH	S	32. 31
43	M	Sullivan	SB	S	30. 02	104	M	Cook	Lon H	S	32. 32
44	R	Phillips	Serp	S	30. 03	105	D	Newman	Hill	V45	32. 34
45	P	Wyatt	Met P	S	30. 07	106	N	Morrison	Herts P	V55	32. 37
46	M	Gaunt	Serp	S	30. 08	107	B	Robbins	TVH	S	32. 38
47	P	Greaves	Herts P	V40	30. 10	108	P	York	ESM	V40	32. 41
48	R	Breen	SB	S	30. 13	109	J	Edgar	Serp	S	32. 42
49	A	Reeves	Serp	S	30. 19	110	T	Lebreton	High	S	32. 42
50	M	Bateman	Hill	S	30. 20	111	G	Parsons	Lon FR	S	32. 43
51	P	Manson	WG&EL	S	30. 21	112	M	Delahunty	ESM	S	32. 44
52	K	Walden	SB	S	30. 28	113	R	Legge	Serp	S	32. 44
53	P	Wood	Hill	S	30. 30	114	S	Plested	ESM	V55	32. 45
54	N	Stoddart	SMR	S	30. 34	115	A	Coleman	WG&EL	V45	32. 46
55	M	Revier	Hill	U20	30. 39	116	T	Gascoigne	High	S	32. 58
56	B	McCullen	ESM	S	30. 41	117	I	Cummings	WG&EL	V45	32. 59
57	A	Aitken	High	S	30. 45	118	T	Parkin	SB	S	33. 02
58	J	Flahive	Lon H	V40	30. 54	119	D	Smith	Hill	V40	33. 05
59	R	Hewitt	E&H	S	30. 55	120	S	Claridge	Hill	V45	33. 07

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121	R	Melvorn	Herts P	V60	33. 08	182	R	Green	WG&EL	V55	36. 11
122	R	Smith	Serp	S	33. 09	183	K	Wilson	High	V40	36. 11
123	B	Parker	VPH&TH	S	33. 10	184	S	Mann	Herts P	V60	36. 13
124	K	Kemp	Lon H	V45	33. 11	185	J	Rodgers	SMR	S	36. 16
125	J	O'Shea	High	V40	33. 19	186	D	Paterson	Serp	V55	36. 21
126	S	Clark	St Alb	S	33. 22	187	R	Birchley	VPH&TH	S	36. 22
127	A	Mildenhall	WG&EL	S	33. 28	188	A	Emberson	TVH	V60	36. 23
128	T	McCarthy	WG&EL	V50	33. 33	189	R	Solomans	High	V60	36. 24
129	R	Howells	ESM	V50	33. 35	190	A	Smith	WG&EL	S	36. 25
130	D	Buckeridge	ESM	V50	33. 36	191	C	Lukins	Met P	V40	36. 26
131	T	Killilea	Lon H	V40	33. 40	192	M	Howard *	Hill	V50	36. 27
132	K	Lineham	High	V45	33. 46	193	J	Falvey	ESM	V50	36. 28
133	R	Robeson	Lon FR	S	33. 47	194	G	Clarke	St Alb	V50	36. 29
134	M	Greer	GCR	S	33. 48	195	A	Brandimarti	Serp	S	36. 33
135	J	Nisbet	H&H	V40	33. 50	196	S	Wicks	Lon FR	S	36. 34
136	J	Armstrong	Lon H	S	33. 52	197	S	Keys	E&H	V50	36. 46
137	D	Digweed	St Alb	S	33. 58	198	N	Skipper	Lon H	V50	36. 48
138	S	Wicks	Hill	V40	34. 11	199	C	Lee	ESM	V45	36. 49
139	S	Dokic	Hill	V50	34. 12	200	M	Heaney	GCR	V40	36. 50
140	P	Doyle	Lon FR	S	34. 13	201	S	Williams	GCR	V45	36. 51
141	S	Managhan	Lon H	S	34. 14	202	A	Mansi	Hill	V55	36. 56
142	P	Kayley	St Alb	S	34. 15	203	D	Walton	Lon H	V45	36. 59
143	J	McGrath	Met P	V40	34. 18	204	M	Dixon	Herts P	V60	37. 03
144	D	Shortridge	VPH&TH	S	34. 19	205	J	Bignell	Hill	V55	37. 05
145	J	Rainbow	High	S	34. 19	206	B	Leach	Hill	V60	37. 08
146	N	Stephens	High	V40	34. 20	207	S	Maddison	TVH	V55	37. 09
147	D	Barrett	WG&EL	V45	34. 21	208	C	Bennion	VPH&TH	S	37. 12
148	M	Ingram	TVH	V45	34. 28	209	G	McDonald	Lon FR	V40	37. 13
149	S	Penney	SMR	V40	34. 37	210	P	Bird	GCR	V45	37. 14
150	J	Williams	Lon FR	S	34. 38	211	R	Howells	Serp	S	37. 18
151	Y	Sanchez	Lon FR	S	34. 39	212	B	Boothroyd	Met P	S	37. 21
152	G	Kennedy	Lon FR	S	34. 42	213	C	Hays	Met P	S	37. 24
153	S	Rodgers	Met P	S	34. 49	214	R	Bloom	Herts P	V60	37. 27
154	B	Hutchinson	Hill	S	34. 52	215	T	Phillips	WG&EL	U20	37. 29
155	C	Lescott	Serp	S	34. 58	216	I	Hodge	Serp	V45	37. 30
156	S	Bowen	GCR	V40	35. 01	217	N	Mann	Hill	V45	37. 32
157	D	Takacs	Lon FR	V40	35. 03	218	P	Stockings	WG&EL	V45	37. 36
158	S	Scrutton	High	V40	35. 13	219	D	Over	Serp	S	37. 37
159	B	Cocker	Morn	S	35. 15	220	T	Spanyol	WG&EL	S	37. 43
160	J	Wallis	WG&EL	V40	35. 16	221	K	Geaney	Serp	S	37. 52
161	N	Pollock	Morn	S	35. 17	222	D	Birks *	E&H	V40	37. 55
162	J	Gillanders	Lon FR	S	35. 18	223	S	Allen	Barn	V50	37. 58
163			Harl RC	V40	35. 19	224	C	Pinnell	Hill	V40	37. 59
164	M	Faughnan	Herts P	V40	35. 20	225	G	Deathridge	VPH&TH	V40	38. 05
165	R	Sharp	Lon FR	V40	35. 28	226	A	Denney	Morn	S	38. 12
166	K	Sams	Met P	S	35. 29	227	R	Cripps	Serp	S	38. 17
167	R	Pitkethly	VPH&TH	S	35. 30	228	R	Hung	GCR	S	38. 18
168	C	Jacobs	Lon FR	S	35. 31	229	J	Odlin	Lon H	V50	38. 19
169	M	Pointing	Met P	S	35. 32	230	G	Hymms	Serp	V50	38. 21
170	D	Newman	Lon H	V40	35. 34	231	J	Myall	Hill	V55	38. 23
171	C	Saunders	Serp	S	35. 44	232			Harl RC	S	38. 24
172	G	Turbett	Lon H	S	35. 44	233	D	Vizard	Hill	V40	38. 25
173	R	Stack	Lon FR	S	35. 49	234	S	Doyle	Herts P	V40	38. 27
174	D	Edwards	GCR	V40	35. 51	235	R	Foskett	Herts P	V50	38. 31
175	T	Marlow	Lon H	V45	35. 53	236	J	Luscombe	Hill	S	38. 38
176	P	Shelley	SB	V40	35. 56	237	M	Murphy	WG&EL	S	38. 41
177	D	Jackson	Met P	S	35. 57	238	J	Courtney	Met P	S	38. 45
178	M	Threakall	NEB	S	35. 57	239	D	Beasley	Herts P	V60	38. 47
179	R	Nash	Hill	V55	36. 04	240	J	Murphy	Barn	S	38. 57
180	J	Binfield	SMR	S	36. 04	241	T	Blanc	Serp	S	38. 58
181	E	Bradley	ESM	V45	36. 09	242	R	Lithgow	Hill	U20	39. 03

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243	I	Smith	H&H	V40	39. 08	8	J	Rainsford	Lon H	U17	13. 52
244	J	Thorpe	WG&EL	V45	39. 12	9	A	Veitch	Herts P	U17	13. 55
245	P	Stiles	E&H	V50	39. 22	10	L	Walshe	Herts P	U17	13. 58
246	T	Kent	H&H	S	39. 29	11	E	Shepherd	Herts P	U15	14. 00
247	R	Devitt	SB	V40	39. 34	12	J	Laing	Hill	U17	14. 04
248	R	Smith	Serp	V55	39. 48	13	T	Gough	Herts P	U17	14. 05
249	C	Cloke	E&H	V55	39. 58	14	V	Zaver	Herts P	U15	14. 16
250	J	Steed	Herts P	V70	40. 15	15	R	Thompson	Hill	U17	14. 17
251	P	Warren *	Serp	V65	40. 16	16	T	Barfoot	Herts P	U15	14. 23
252	N	Seaman	Hill	V45	40. 18	17	T	Nunn	SMR	U15	14. 27
253	J	Owen	Barn	V60	40. 23	18	W	Laing	High	U17	14. 29
254	M	Miller	Hill	V65	40. 44	19	H	Birrell	High	U17	14. 34
255	T	Smith	TVH	V45	41. 06	20	M	Bitmead	SMR	U17	14. 36
256	G	Robertson	Serp	V45	41. 10	21	T	Grant	Hill	U15	14. 41
257	M	Searle	Hill	V45	41. 13	22	B	Johnston	SB	U17	14. 42
258	T	Chen	Serp	S	41. 15	23	S	Talbot	Herts P	U15	14. 44
259	R	Hood	Herts P	V65	41. 19	24	J	Killip	SMR	U15	14. 47
260	G	O'Connell	TVH	V40	41. 29	25	C	Hepworth	ESM	U17	14. 48
261	P	Hope	Met P	V45	41. 32	26	T	Hone	Roys Cr	U17	14. 52
262	C	Notton	Serp	S	41. 32	27	J	Moran	SMR	U15	14. 54
263	G	Allen	Serp	V50	41. 33	28	D	Wilson	Herts P	U15	15. 00
264	A	Cathcart	VPH&TH	V40	41. 48	29	A	Razzano	SB	U15	15. 01
265	M	Caddy	St Alb	V40	41. 59	30	J	Thie	SB	U17	15. 02
266	V	Wilson	WG&EL	V60	42. 26	31	M	Fayers	Hill	U15	15. 03
267	A	Davies	WG&EL	S	42. 31	32	G	Barclay	Hill	U15	15. 04
268	L	Christodoulou	Met P	S	42. 32	33	M	Cameron	ESM	U15	15. 07
269	D	Wardle	Hill	V50	42. 36	34	K	Ingham-Neacy	Hill	U15	15. 10
270	T	Hamilton	Barn	V60	42. 48	35	J	O'Donovan	Hill	U15	15. 12
271	B	Feldman	Hill	V60	42. 51	36	T	Bower	NEB	U17	15. 14
272	N	Michael	TVH	V55	43. 08	37	R	Parker	Herts P	U17	15. 15
273	J	Mercer	E&H	V65	43. 23	38	A	Shaw	ESM	U17	15. 20
274	G	Harrold	E&H	V65	43. 25	39	P	Santros	Hill	U15	15. 22
275	G	Valentine	Met P	V50	43. 27	40	A	Cloona	Herts P	U15	15. 23
276	K	Turner	Barn	V45	44. 08	41	G	Nisbet	H&H	U17	15. 25
277	T	Allen	GCR	V60	44. 12	42	L	Blakie	WG&EL	U17	15. 26
278	L	Menken	Serp	S	44. 13	43	S	Hunton	SMR	U15	15. 30
279	N	Dibb	TVH	V45	44. 39	44	C	Young	ESM	U15	15. 31
280	C	Jenkins	NEB	V40	45. 06	45	T	Drury	Hill	U15	15. 34
281	F	Merrigan	VPH&TH	V45	45. 47	46	G	Guthrie	NEB	U17	15. 35
282	P	Sawko	GCR	S	46. 43	47	B	Zaheer	ESM	U17	15. 43
283	S	Patterson	Hill	V55	47. 12	48	J	Lawler	Lon H	U15	15. 46
284	B	Harding	Hill	V55	47. 37	49	D	Kail	NEB	U17	15. 47
285	M	Jamil	Lon FR	V50	50. 53	50	J	Waterman	Herts P	U15	15. 48
286	R	Johnson	Hill	V70	51. 23	51	R	Stephenson	SB	U17	15. 53
						52	G	Laing	High	U17	15. 54
						53	D	Abrey	SB	U15	16. 04
						54	A	Walshe	Herts P	U15	16. 13
						55	J	Carton	Hill	U15	16. 17
						56	A	Beattie	Lon H	U15	16. 30
						57	M	Barnwell	NEB	U17	16. 47
						58	L	Pierre-Inkson	Hill	U15	16. 50
						59	G	Eastwell	Hill	U15	17. 14
						60	J	Cronin	Hill	U15	17. 22
						61	P	Allen	Roys Cr	U15	17. 32
1	J	Shelley	SB	U17	13. 02	62	A	Pal	Hill	U15	17. 50
2	R	Mann	Hill	U17	13. 04	63	T	Adamson	TVH	U17	17. 54
3	N	Fleming	SB	U17	13. 07	64	A	Flynn	Hill	U15	18. 05
4	T	Bryant	SB	U17	13. 14	65	R	Faulkner	Herts P	U15	18. 06
5	J	Taylor-Caldwell	ESM	U17	13. 30	66	M	Shelley	ESM	U17	18. 32
6	C	Yates	Hill	U15	13. 39	67	R	Simpson	NEB	U17	21. 10
7	R	Goodman	SB	U15	13. 41	68	R	Issitt	NEB	U17	ntt

Under 17 Men's Results

**London City Runner Metropolitan League Race One at Ruislip (hosted by Hillingdon AC) - Saturday 13 October 2007**

Under 13 Boys Results					20	D	Kennedy	WG&EL	S	24.	16			
					21	C	Harris	GCR	V40	24.	21			
1	A	Haynes	ESM	U13	11.	14	22	A	Ridley	SB	V40	24.	22	
2	J	Stockings	WG&EL	U13	11.	16	23	R	Clifton	Serp	S	24.	31	
3	M	McLaughlin	SB	U13	11.	17	24	A	Brockhurst	GCR	S	24.	42	
4	D	McGuigan	ESM	U13	11.	18	25	A	Trafford	ESM	S	Gst	24.	43
5	S	Crosbie	Hill	U13	11.	19	26	K	Gundersen	WG&EL	S	24.	44	
6	B	Chapman	SMR	U13	11.	25	27	E	Grant	Hill	S	24.	46	
7	G	Campbell	Hill	U13	11.	40	28	L	Bowles	E&H	S	24.	46	
8	L	Penney	SMR	U13	11.	43	29	S	Andreou	WG&EL	V45	24.	53	
9	L	Cloona	Herts P	U13	11.	51	30	A	Wingler	High	V35	24.	54	
10	R	Hope	Hill	U13	11.	58	31	G	Jubb	St Alb	S	24.	57	
11	J	Hailstone	Hill	U13	12.	09	32	S	Fitt	GCR	V40	24.	59	
12	R	Johnson	SB	U13	12.	10	33	L	Wilson	ESM	V45	25.	02	
13	E	O'Brien	SMR	U13	12.	12	34	C	Hale	GCR	V35	25.	13	
14	J	Hannington	ESM	U13	12.	13	35	N	Froud	Barn	V40	25.	24	
15	C	Hadden	SB	U13	12.	15	36	J	Wastell	Lon H	V45	25.	31	
16	S	Trengoue	SMR	U13	12.	21	37	H	Smethurst *	Lon FR	V40	25.	35	
17	T	Holmes-Davies	SMR	U13	12.	23	38	S	Edmonds	Serp	S	25.	36	
18	D	Oliver	SB	U13	12.	24	39	C	Perry	Barn	S	25.	37	
19	S	Hobbs	Hill	U13	12.	28	40	A	Openshaw	Serp	S	25.	44	
20	F	McGuigan	ESM	U13	12.	29	41	B	Fernandez	Lon FR	S	25.	45	
21	B	Culverwell	SMR	U13	12.	34	42	H	Usbrone	Serp	S	25.	50	
22	T	Fogarty	ESM	U13	12.	34	43	A	Goodwin	High	S	25.	53	
23	C	McCormick	SB	U13	12.	36	44	H	Sheridan	Barn	S	25.	55	
24	D	Barcroft	Herts P	U13	12.	36	45	G	Morgan	ESM	V45	25.	57	
25	N	Nwanokwu	SB	U13	12.	46	46	P	Thorne	Serp	S	26.	00	
26	B	Shilston	WG&EL	U13	12.	50	47	S	McHugh	Met P	S	26.	05	
27	K	Kenrick	TVH	U13	12.	56	48	L	Croxson	Serp	S	26.	13	
28	J	Pullan	TVH	U13	13.	01	49	C	Lefever	Herts P	S	26.	24	
29	C	Searles	TVH	U13	13.	01	50	L	Maughan	Serp	V35	26.	28	
30	E	Booker	SB	U13	13.	02	51	A	Stach-Kevitz	NEB	V35	26.	33	
31	J	Edwards	TVH	U13	13.	12	52	S	Rogerson	Lon FR	S	26.	34	
32	S	Glynn	Herts P	U13	13.	32	53	L	Brosnan	Lon FR	V35	26.	35	
33	O	Garner	SMR	U13	13.	34	54	A	Palin	Serp	S	26.	38	
34	P	Love	High	U13	13.	40	55	N	Anderson	SB	S	26.	46	
35	T	Badru	NEB	U13	14.	08	56	V	Metcalf	Serp	V40	26.	48	
36	B	Baily	ESM	U13	14.	40	57	O	Muminova	Lon FR	S	26.	57	
37	J	Vizard	Hill	U13	15.	45	58	R	Mitchell-Smith	VPH&TH	S	27.	02	
							59	A	Wardle	WG&EL	V40	27.	34	
							60	W	Wilson	Lon H	V35	27.	39	
							61	S	Burdett	E&H	S	27.	40	
							62	K	Crowe	Serp	S	27.	44	
							63	J	Thomas	WG&EL	V40	27.	44	
							64	F	Cottrill	ESM	V35	27.	51	
							65	H	Hoyle	Barn	V35	27.	52	
							66	P	Rutherford	Serp	S	27.	57	
							67	S	Jackson	Met P	S	28.	02	
							68	F	Holland	Lon H	V45	28.	05	
							69	J	Weekes	Hill	S	28.	29	
							70	J	Conn	Serp	V35	28.	32	
							71	R	Ingram	Serp	S	28.	39	
							72	C	Jones	ESM	V45	28.	48	
							73	S	Reddy	Serp	V35	29.	01	
							74	S	Knox	Serp	V35	29.	26	
							75	P	Fischer	Hill	V50	29.	28	
							76	M	Violett	Barn	V35	29.	29	
							77	L	Conway	Hill	V50	29.	31	
							78	K	Stanbridge	St Alb	S	29.	33	
							79	M	Walsh	ESM	S	29.	42	
							80	Y	Budd	Hill	V35	29.	55	
Women's Results														
1	K	Sparke	WG&EL	S	21.	43								
2	E	Evans	High	S	22.	07								
3	K	Jenrick	High	V35	22.	37								
4	A	McCutcheon	High	V35	22.	41								
5	M	Livingstone	GCR	V35	23.	31								
6	L	Wynn	Serp	S	23.	34								
7	A	Einarsdottir	Lon FR	V35	23.	35								
8	E	Griffiths	E&H	S	23.	36								
9	N	de la Salle	Hill	S	23.	38								
10	A	Curley	High	V35	23.	39								
11	M	Hutchison	Hill	S	23.	42								
12	E	Ferenczi	SB	S	23.	44								
13	K	March	Barn	S	23.	45								
14	J	Gray	GCR	S	23.	48								
15	M	Hall	GCR	S	23.	58								
16	F	Kennedy	ESM	V45	24.	00								
17	K	Reeves *	Met P	S	24.	05								
18	A	McGuigan	ESM	S	24.	05								
19	K	Morser	WG&EL	S	24.	08								

**London City Runner Metropolitan League Race One at Ruislip (hosted by Hillingdon AC) - Saturday 13 October 2007**

81	R	Brough	Serp	S	29. 59	Under 17 Women's Results					
82	J	Allen	GCR	V55	30. 10						
83	J	Marzullo	Serp	S	31. 09	1	M	Reynolds	ESM	U17	15. 13
84	D	Dalley	Lon H	V40	31. 31	2	G	Bell	ESM	U15	15. 25
85	A	Fake	VPH&TH	S	31. 37	3	E	Waldman	Lon H	U17	15. 27
86	A	Cowley	Herts P	V55	31. 41	4	S	Williams	High	U15	15. 58
87	L	Hutchison	Hill	V45	31. 50	5	J	Mobed	TVH	U15	16. 07
88	E	Hammond	Met P	S	31. 54	6	E	Davies	ESM	U15	16. 08
89	M	Pryke	Serp	V35	32. 11	7	H	Pollak	ESM	U17	16. 09
90	R	Powell	Serp	V35	32. 16	8	G	Miansaron	SMR	U17	16. 29
91	H	Adams	Morn	S	32. 52	9	K	Barber	Barn	U15	16. 30
92	L	Keltie	Serp	V35	33. 24	10	B	Hewitt	WG&EL	U17	16. 32
93	C	Read *	E&H	V40	33. 49	11	H	Arredondo	E&H	U17	16. 38
94	E	Bergonzi	VPH&TH	S	34. 03	12	D	Rafell	ESM	U15	16. 41
95	M	Fitzgerald	TVH	V65	34. 12	13	C	Cattle	Herts P	U15	16. 45
96	M	Denny	TVH	S	37. 05	14	G	Miles	SMR	U15	16. 52
97	S	Vaatz	Serp	S	37. 27	15	M	Garner	SMR	U15	16. 54
						16	J	Docking	WG&EL	U17	17. 00
Under 13 Girls Results						17	E	Shuker	E&H	U17	17. 02
						18	D	Atanda	NEB	U15	17. 03
1	S	Tory	TVH	U13	12. 15	19	K	Stockings	WG&EL	U17	17. 12
2	R	Power-Ross	TVH	U13	12. 19	20	E	Edmunds	SMR	U15	17. 17
3	K	Iliffe	SMR	U13	12. 32	21	L	Edmunds	SMR	U17	17. 19
4	E	Lloyd	Herts P	U13	12. 46	22	C	Conway	WG&EL	U17	17. 23
5	G	Ferrari	WG&EL	U13	13. 00	23	M	Nicholes	Hill	U17	17. 24
6	E	Bird	Herts P	U13	13. 01	24	T	Kitt	SMR	U15	17. 28
7	K	Baily	ESM	U13	13. 03	25	A	Mingham	SMR	U17	17. 31
8	K	Fray	E&H	U13	13. 09	26	R	Pryce	SMR	U17	17. 33
9	S	Jones	Roys Cr	U13	13. 27	27	K	Brown	E&H	U15	18. 01
10	M	Blackie	Hill	U13	13. 31	28	S	Fuhr	WG&EL	U17	18. 02
11	H	Gibbons	Hill	U13	13. 32	29	F	Armstrong	TVH	U15	18. 38
12	H	Bedeau	WG&EL	U13	13. 43	30	G	Wilcox	Hill	U15	18. 41
13	R	O'Sullivan	Roys Cr	U13	13. 55	31	F	Costello	Serp	U17	18. 47
14	A	Hunton	SMR	U13	14. 08	32	C	Vizzard	Hill	U15	18. 57
15	V	Colyer	ESM	U13	14. 16	33	J	Nettleton	Hill	U15	19. 01
16	B	Arredondo	E&H	U13	14. 17	34	G	Clark	TVH	U17	19. 32
17	L	Coffey	Herts P	U13	14. 19	35	S	Walker	VPH&TH	U15	19. 36
18	C	Cowper	Hill	U13	14. 25	36	L	Saadi	Hill	U17	19. 45
19	C	Rowland	TVH	U13	14. 42	37	C	McCroary	Serp	U17	19. 50
20	C	Tetlaw	Hill	U13	14. 59	38	N	Shelley	ESM	U15	19. 53
21	M	Johnson	ESM	U13	15. 08	39	J	O'Connell	ESM	U17	20. 06
22	S	Smith	WG&EL	U13	15. 30	40	N	Nigund	SMR	U15	20. 10
23	B	O'Donnell	Hill	U13	15. 31	41	A	Fitzpatrick	Hill	U15	20. 42
24	M	Bedeau	WG&EL	U13	15. 45	42	K	Morris	Hill	U17	20. 47
25	O	Ladope	NEB	U13	15. 59	43	K	Ramsden	NEB	U15	20. 58
26	D	Bromfield	NEB	U13	16. 02	44	B	Cooper-Davey	Hill	U15	21. 11
27	H	Stouts	Roys Cr	U13	16. 04	45	C	Woods	Roys Cr	U15	21. 11
28	E	Calder	Roys Cr	U13	16. 10	46	F	Boe	VPH&TH	U15	21. 16
29	K	Dempsey-Brench	Hill	U13	16. 16	47	R	Harding	Met P	U15	22. 32
30	E	Julien	TVH	U13	16. 23	48	E	Matthews	ESM	U17	23. 30
31	Z	Watts	Hill	U13	16. 28	49	Z	Dempsey-Brench	Hill	U15	23. 46
32	A	Lee	Hill	U13	16. 33						
33	E	O'Donnell	TVH	U13	16. 38	* denotes Registered Second Claim athletes (eligible to score)					
34	A	Gould	ESM	U13	17. 10						
35	U	McBurney	TVH	U13	17. 31	Results produced by Gavin Collett (Hillingdon AC).					
36	C	Gould	ESM	U13	21. 37	Any queries to gavin.collett@gallahergroup.com					

Any member club who has not yet paid their affiliation fee of £15, should do so to Howard Williams.

Next fixture: Saturday 10th November 2007 at Claybury hosted by Woodford Green with Essex Ladies AC.

Parking, changing & refreshments at Ashton Playing Fields.