

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

Under 13 Boys Results

1	M	McLaughlin	SB	U13	11. 21
2	B	Chapman	SMR	U13	11. 35
3	A	Haynes	ESM	U13	11. 37
4	D	McGuigan	ESM	U13	11. 39
5	D	Pinder	ESM	U13	12. 05
6	F	McGuigan	ESM	U13	12. 16
7	S	Hobbs	Hill	U13	12. 17
8	B	Culverwell	SMR	U13	12. 27
9	B	Killip	SMR	U13	12. 31
10	R	Hope	Hill	U13	12. 32
11	E	Webb	SMR	U13	12. 33
12	T	Saunders	Hill	U13	12. 36
13	O	Berg	TVH	U13	12. 36
14	J	Hailstone	Hill	U13	12. 43
15	M	Banstead	SMR	U13	12. 44
16	O	Penney	SMR	U13	12. 46
17	J	Hannington	ESM	U13	12. 49
18	C	McCormick	SB	U13	13. 02
19	N	Nwanokwu	SB	U13	13. 03
20	K	Kenrick	TVH	U13	13. 10
21	N	Doyle	Herts P	U13	13. 20
22	C	Searles	TVH	U13	13. 24
23	B	Baily	ESM	U13	13. 30
24	B	Shilston	WG&EL	U13	14. 00
25	C	Little	Hill	U13	14. 08
26	E	Pearce	SMR	U13	14. 09
27	D	Speight	Hill	U13	14. 34
28	N	Toumi	TVH	U13	14. 35
29	J	Vizard	Hill	U13	15. 08

Under 13 Boys Team Result

1	Ealing, Southall & Middlesex	102
2	St Mary's Richmond	90
3	Hillingdon	77
4	Shaftesbury Barnet Harriers	52
5	Thames Valley Harriers	37
6	St Mary's Richmond 'B'	33
7	Ealing, Southall & Middlesex 'B'	20
8	Herts Phoenix	9
9	Hillingdon 'B'	9
10	Woodford Green with Essex Ladies	6

Under 13 Boys League Positions

1	St Mary's Richmond	462
2	Ealing, Southall & Middlesex	450
3	Hillingdon	421
4	Shaftesbury Barnet Harriers	285
5	St Mary's Richmond 'B'	225
6	Woodford Green with Essex Ladies	178
7	Thames Valley Harriers	162
8	Herts Phoenix	153
9	Ealing, Southall & Middlesex 'B'	105
10	Hillingdon 'B'	92
11	Shaftesbury Barnet Harriers 'B'	53
12	Highgate Harriers	13
13	Newham & Essex Beagles	9
14	Thames Valley Harriers 'B'	8
15	Victoria Park & Tower Hamlets	2

Under 13 Girls Results

1	S	Tory	TVH	U13	12. 27
2	E	Bird	Herts P	U13	12. 58
3	H	Gibbons	Hill	U13	13. 00
4	E	Lloyd	Herts P	U13	13. 06
5	K	Baily	ESM	U13	13. 17
6	A	Hunton	SMR	U13	13. 21
7	C	Kerr	E&H	U13	13. 28
8	E	Calder	Roys Cr	U13	13. 29
9	K	Fray	E&H	U13	13. 35
10	L	Coffey	Herts P	U13	13. 57
11	S	Jones	Roys Cr	U13	14. 13
12	R	Miles	Hill	U13	14. 31
13	R	O'Sullivan	Roys Cr	U13	14. 46
14	S	Smith	WG&EL	U13	14. 51
15	N	Harding	SMR	U13	14. 53
16	M	Johnson	ESM	U13	14. 54
17	K	Eastmond	ESM	U13	14. 56
18	J	Miles	SMR	U13	15. 06
19	C	Rowland	TVH	U13	15. 07
20	G	Gahan	ESM	U13	15. 07
21	G	Crean	ESM	U13	15. 07
22	C	Cowper	Hill	U13	15. 10
23	L	Stansbury	SMR	U13	15. 39
24	A	Jowett	VPH&TH	U13	16. 20
25	H	Stouts	Roys Cr	U13	16. 49
26	E	Julien	TVH	U13	17. 30
27	B	O'Donnell	Hill	U13	17. 31
28	A	Lee	Hill	U13	17. 37
29	E	O'Donnell	TVH	U13	17. 38
30	R	Clayden-Chapman	TVH	U13	17. 55
31	A	Gould	ESM	U13	23. 31
32	C	Gould	ESM	U13	23. 32

Under 13 Girls Team Result

1	Herts Phoenix	83
2	Royston Crows	75
3	Ealing, Southall & Middlesex	74
4	St Mary's Richmond	70
5	Hillingdon	68
6	Thames Valley Harriers	57
7	Enfield & Haringey	50
8	Woodford Green with Essex Ladies	19
9	Ealing, Southall & Middlesex 'B'	15
10	Victoria Park & Tower Hamlets	9
11	Hillingdon 'B'	5
12	Thames Valley Harriers 'B'	3

Under 13 Girls League Positions

1	Hillingdon	336
2	Herts Phoenix	301
3	Ealing, Southall & Middlesex	288
4	Thames Valley Harriers	287
5	Woodford Green with Essex Ladies	283
6	Royston Crows	250
7	Enfield & Haringey	231
8	St Mary's Richmond	215
9	Hillingdon 'B'	97
10	Ealing, Southall & Middlesex 'B'	62
11	Woodford Green with Essex Ladies 'B'	39
12	Newham & Essex Beagles	33
13	Victoria Park & Tower Hamlets	20
14	Thames Valley Harriers 'B'	13
15	Metropolitan Police AA	5
16	Garden City Runners	3

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

Under 17 Men's Results

1	R	Mann	Hill	U17	12. 46
2	T	Bryant	SB	U17	12. 53
3	J	Laing	Hill	U17	13. 11
4	L	Nicholas	ESM	U17	13. 21
5	R	Thompson	Hill	U17	13. 24
6	T	Grant	Hill	U15	13. 34
7	T	Gough	Herts P	U17	13. 39
8	E	Shepherd	Herts P	U15	13. 44
9	W	Laing	High	U17	13. 52
10	M	Fayers	Hill	U15	14. 01
11	V	Zaver	Herts P	U15	14. 01
12	A	Peters	E&H	U15	14. 02
13	S	Ashcroft	ESM	U17	14. 07
14	R	Wagstaff *	E&H	U15	14. 17
15	H	Birrell	High	U17	14. 23
16	T	Nunn	SMR	U15	14. 25
17	T	Hone	Roys Cr	U17	14. 25
18	M	Evans	SMR	U17	14. 26
19	C	Hepworth	ESM	U17	14. 26
20	J	Moran	SMR	U15	14. 33
21	A	Shaw	ESM	U17	14. 35
22	M	Cameron	ESM	U15	14. 37
23	G	Barclay	Hill	U15	14. 37
24	D	Wilson	Herts P	U15	14. 40
25	G	Laing	High	U15	14. 48
26	J	Killip	SMR	U15	14. 51
27	R	Parker	Herts P	U17	14. 53
28	E	Campbell	Hill	U17	14. 54
29	B	Zaheer	ESM	U17	14. 54
30	B	Goater	SMR	U15	14. 54
31	M	Wilson	SMR	U15	15. 11
32	W	Pinder	ESM	U15	15. 21
33	A	Cloona	Herts P	U15	16. 04
34	M	Shelley	ESM	U17	16. 15
35	J	Castro	Hill	U15	16. 23
36	B	Harrison	Roys Cr	U15	16. 38
37	J	Watts	NEB	U15	16. 42
38	E	Grossman	SB	U15	16. 54
39	P	Allen	Roys Cr	U15	17. 24
40	R	Churcher	ESM	U15	17. 47
41	S	Whelan-Medlam	TVH	U17	17. 58
42	S	Gibson	NEB	U15	19. 25
43	R	Issitt	NEB	U15	ntt

Under 17 Men's Team Result

1	Hillingdon	161
2	Herts Phoenix	126
3	Ealing, Southall & Middlesex	119
4	St Mary's Richmond	96
5	Highgate Harriers	83
6	Hillingdon 'B'	80
7	Enfield & Haringey	62
8	Ealing, Southall & Middlesex 'B'	59
9	Shaftesbury Barnet Harriers	48
10	Royston Crows	40
11	Herts Phoenix 'B'	28
12	St Mary's Richmond 'B'	27
13	Newham & Essex Beagles	10
14	Thames Valley Harriers	3

Under 17 Men's League Positions

1	Hillingdon	822
2	Herts Phoenix	743
3	Ealing, Southall & Middlesex	700
4	Hillingdon 'B'	507
5	St Mary's Richmond	461
6	Woodford Green with Essex Ladies	448
7	Shaftesbury Barnet Harriers	435
8	Ealing, Southall & Middlesex 'B'	368
9	Highgate Harriers	363
10	Newham & Essex Beagles	349
11	Enfield & Haringey	330
12	Herts Phoenix 'B'	313
13	Royston Crows	153
14	Shaftesbury Barnet Harriers 'B'	144
15	London Heathside	95
16	Woodford Green with Essex Ladies 'B'	88
17	Newham & Essex Beagles 'B'	63
18	St Mary's Richmond 'B'	53
19	Hayes & Harlington	39
20	Thames Valley Harriers	25
21	Enfield & Haringey 'B'	5

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

Under 17 Women's Results

1	M	Reynolds	ESM	U17	14. 51
2	M	Newbury	TVH	U17	15. 02
3	E	Waldman	Lon H	U17	15. 18
4	G	Bell	ESM	U15	15. 22
5	S	Williams	High	U15	15. 26
6	J	Mobed	TVH	U15	15. 45
7	E	Edmunds	SMR	U15	16. 17
8	E	Burkot	Lon H	U17	16. 24
9	E	Davies	ESM	U15	16. 25
10	H	Pollak	ESM	U17	16. 32
11	G	Miles	SMR	U15	16. 35
12	E	Johnston-Purus	SMR	U15	16. 41
13	K	Bryant	SMR	U15	16. 49
14	E	Layton	SB	U17	16. 59
15	R	Pryce	SMR	U17	17. 05
16	L	Saadi	Hill	U17	17. 19
17	A	Cattle	Herts P	U15	17. 30
18	C	Cattle	Herts P	U15	17. 30
19	L	Edmunds	SMR	U17	17. 37
20	E	Harding	SMR	U15	18. 46
21	S	Walker	VPH&TH	U15	19. 05
22	J	Nettleton	Hill	U15	19. 16
23	H	Wells	Hill	U15	19. 23
24	H	French	ESM	U17	19. 36
25	J	Thom	TVH	U17	20. 02
26	N	Shelley	ESM	U15	20. 28
27	E	Matthews	ESM	U17	21. 07
28	N	Fage-Bargin	VPH&TH	U15	21. 28

Under 17 Women's Team Result

1	Ealing, Southall & Middlesex	92
2	St Mary's Richmond	73
3	Thames Valley Harriers	54
4	London Heathside	47
5	St Mary's Richmond 'B'	33
6	Hillingdon	26
7	Highgate Harriers	24
8	Herts Phoenix	23
9	Shaftesbury Barnet Harriers	15
10	Ealing, Southall & Middlesex 'B'	10
11	Victoria Park & Tower Hamlets	9

Under 17 Women's League Positions

1	St Mary's Richmond	517
2	Ealing, Southall & Middlesex	414
3	Woodford Green with Essex Ladies	343
4	Thames Valley Harriers	319
5	St Mary's Richmond 'B'	300
6	Herts Phoenix	254
7	Hillingdon	216
8	Enfield & Haringey	190
9	London Heathside	180
10	Newham & Essex Beagles	172
11	Highgate Harriers	152
12	Barnet & District	113
13	Ealing, Southall & Middlesex 'B'	94
14	Victoria Park & Tower Hamlets	54
15	Hillingdon 'B'	50
16	Woodford Green with Essex Ladies 'B'	44
17	Shaftesbury Barnet Harriers	43
18	Serpentine RC	32
19	Herts Phoenix 'B'	19
20	Royston Crows	19
21	Newham & Essex Beagles 'B'	8
22	Metropolitan Police AA	3

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

Women's Results

1	V	Webster	SB	S	23. 21
2	E	Evans	High	S	24. 02
3	K	Philp	GCR	S	24. 40
4	J	Gray	GCR	S	24. 47
5	K	Pradier	Serp	V35	25. 02
6	A	Wingler	High	V35	25. 04
7	A	Hopkins	ESM	S	25. 05
8	D	Kennedy	WG&EL	S	25. 09
9	A	Curley	High	V35	25. 14
10	E	Grant	Hill	S	25. 16
11	Z	Wray	Barn	S	25. 20
12	N	de la Salle	Hill	S	25. 26
13	M	Livingstone	GCR	V35	25. 31
14	C	Miles	SB	S	25. 34
15	A	Care	WG&EL	S	25. 38
16	L	Bromilow	VPH&TH	S	25. 48
17	K	Jenrick	High	V40	25. 55
18	G	Marrs	Unatt	S	25. 59
19	B	Pritchett	WG&EL	V40	26. 09
20	K	Gundersen	WG&EL	S	26. 24
21	F	Kennedy	ESM	V50	26. 26
22	H	Zenner *	Serp	S	26. 32
23	G	Jubb	St Alb	S	26. 35
24	L	Wilson	ESM	V50	26. 40
25	M	Hall	GCR	S	26. 48
26	S	McHugh	Met P	S	26. 55
27	A	Einarsdottir	Lon FR	V35	26. 59
28	L	Cameron	Met P	S	27. 09
29	A	Openshaw	Serp	S	27. 15
30	No	Name	GCR	S	27. 25
31	H	Hoyle	Barn	V35	27. 30
32	N	Anderson	SB	V35	27. 35
33	M	Valencia	Lon FR	S	27. 37
34	No	Name	GCR	S	27. 40
35	B	Fernandez	Lon FR	S	27. 41
36	A	Stach-Kevitz	NEB	V35	27. 45
37	J	Wastell	Lon H	V45	28. 04
38	O	Muminova	Lon FR	S	28. 12
39	C	Perry	Barn	S	28. 20
40	J	Turner	High	S	28. 23
41	J	Thomas	WG&EL	V40	28. 33
42	L	Waldman	Lon H	V40	28. 37
43	G	Morgan	ESM	V45	28. 41
44	R	Mitchell-Smith	VPH&TH	S	28. 44
45	S	Knox	Serp	V35	28. 46
46	A	Palin	Serp	S	28. 59
47	R	Munnik	High	S	29. 05
48	A	Eichen	Serp	V35	29. 08
49	L	Bruce-Burgess	Barn	S	29. 12
50	A	McGuigan	ESM	S	29. 14
51	V	Metcalfe	Serp	V40	29. 21
52	L	Killip	SMR	V45	29. 31
53	M	Kimura	Morn	V35	29. 32
54	J	Watt	Lon H	V35	29. 39
55	N	Cendrowicz	High	V35	29. 49
56	A	ReeceSaunders	Morn	V50	29. 55
57	V	Bird	GCR	V45	30. 00
58	S	Green	Met P	S	30. 01
59	J	Conn	Serp	V35	30. 11
60	F	Holland	Lon H	V45	30. 23
61	N	Baker	ESM	V35	30. 32
62	L	Blaber	Met P	S	30. 52
63	F	Maguire	High	S	31. 12
64	B	Jones	Lon FR	S	31. 16
65	S	Reddy	Serp	V35	31. 27
66	K	Horswood	Met P	V40	31. 31
67	F	Rump	VPH&TH	S	31. 34
68	C	Jones	ESM	V45	31. 37
69	M	Pryke	Serp	V35	31. 45

Women's Team Result

1	Garden City Runners	446
2	Highgate Harriers	433
3	Woodford Green with Essex Ladies	381
4	Serpentine RC	362
5	Ealing, Southall & Middlesex	351
6	London Frontrunners	280
7	Metropolitan Police AA	245
8	Barnet & District	241
9	Shaftesbury Barnet Harriers	230
10	Hillingdon	212
11	London Heathside	179
12	Victoria Park & Tower Hamlets	158
13	Serpentine RC 'B'	154
14	Mornington Chasers	103
15	Highgate Harriers 'B'	82
16	St Albans Striders	70
17	Garden City Runners 'B'	59
18	Newham & Essex Beagles	57
19	Ealing, Southall & Middlesex 'B'	47
20	St Mary's Richmond	41
21	Metropolitan Police AA 'B'	38
22	Thames Valley Harriers	4
23	Enfield & Haringey	3

Women's League Positions

1	Garden City Runners	2129
2	Highgate Harriers	2090
3	Woodford Green with Essex Ladies	1829
4	Serpentine RC	1716
5	Ealing, Southall & Middlesex	1396
6	Barnet & District	1199
7	Metropolitan Police AA	1197
8	London Frontrunners	1181
9	Hillingdon	1174
10	Shaftesbury Barnet Harriers	1135
11	London Heathside	1113
12	Serpentine RC 'B'	938
13	St Albans Striders	715
14	Victoria Park & Tower Hamlets	689
15	Enfield & Haringey	507
16	Garden City Runners 'B'	451
17	Mornington Chasers	404
18	Highgate Harriers 'B'	360
19	London Heathside 'B'	312
20	Herts Phoenix	308
21	Woodford Green with Essex Ladies 'B'	282
22	Metropolitan Police AA 'B'	246
23	Newham & Essex Beagles	215
24	Thames Valley Harriers	171
25	St Mary's Richmond	166
26	Ealing, Southall & Middlesex 'B'	101
27	Hillingdon 'B'	32
28	Barnet & District 'B'	22
29	Hayes & Harlington	12
30	Mornington Chasers 'B'	10
31	London Frontrunners 'B'	3

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

70	J	Allen	GCR	V55	31. 54	Veteran Women's Team Result	
71	J	Gristwood	ESM	V45	32. 12		
72	A	Wardle	WG&EL	V40	32. 18	1	Highgate Harriers 151
73	J	Reid	Met P	V40	32. 24	2	Serpentine RC 129
74	P	Fischer	Hill	V50	32. 38	3	Ealing, Southall & Middlesex 125
75	L	Conway	Hill	V50	32. 44	4	London Heathside 107
76	J	Burrows	Met P	S	32. 48	5	Woodford Green with Essex Ladies 83
77	L	Berry	Met P	S	32. 56	6	Garden City Runners 76
78	J	Farmer	Serp	V55	33. 07	7	Serpentine RC 'B' 58
79	N	Sorensen	High	U20	33. 11	8	Mornington Chasers 48
80	C	Heemskerk	Hill	V50	33. 18	9	London Frontrunners 37
81	K	Harrington	Lon FR	S	33. 58	10	Barnet & District 36
82	A	Rickford	Serp	S	34. 01	11	Shaftesbury Barnet Harriers 35
83	F	Codington	Morn	S	34. 09	12	Newham & Essex Beagles 34
84	N	Heron	Morn	S	34. 09	13	Ealing, Southall & Middlesex 'B' 27
85	R	Jackson *	Serp	V40	34. 41	14	Metropolitan Police AA 26
86	P	Garden	VPH&TH	V40	34. 50	15	St Mary's Richmond 26
87	S	Chapman	Morn	S	36. 14	16	Hillingdon 23
88	S	Pacey	Met P	S	36. 33	17	Victoria Park & Tower Hamlets 4
89	J	Lambert	TVH	V45	36. 44	18	Thames Valley Harriers 3
90	C	Read *	E&H	V40	36. 52	19	Enfield & Haringey 2
91	S	Vaatz	Serp	S	38. 09		
92	R	Maestre	Morn	V35	39. 12	Veteran Women's League Positions	
						1	Highgate Harriers 615
						2	Garden City Runners 576
						3	Ealing, Southall & Middlesex 466
						4	London Heathside 463
						5	Serpentine RC 425
						6	Woodford Green with Essex Ladies 286
						7	Barnet & District 245
						8	London Frontrunners 233
						9	Shaftesbury Barnet Harriers 227
						10	Serpentine RC 'B' 187
						11	Mornington Chasers 175
						12	London Heathside 'B' 151
						13	Hillingdon 106
						14	Metropolitan Police AA 75
						15	Newham & Essex Beagles 60
						16	Ealing, Southall & Middlesex 'B' 58
						17	St Mary's Richmond 56
						18	Garden City Runners 'B' 43
						19	St Albans Striders 40
						20	Victoria Park & Tower Hamlets 23
						21	Highgate Harriers 'B' 20
						22	Herts Phoenix 13
						23	Enfield & Haringey 7
						24	Thames Valley Harriers 5

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

Men's Results

1	O	Edwards	SB	S	31. 29
2	G	Watts *	SB	S	31. 45
3	S	Farah	NEB	S	32. 12
4	A	Greenleaf	Unatt	S	Gst 32. 15
5	J	Parslow	SB	S	32. 31
6	E	Creemers	VPH&TH	S	32. 33
7	J	Trapmore	SB	S	32. 37
8	K	Murphy	WG&EL	S	32. 39
9	S	Whelan	Lon FR	V40	32. 41
10	M	Shone	WG&EL	S	32. 50
11	B	Powell	WG&EL	S	32. 53
12	J	Atkinson *	Met P	S	33. 02
13	K	Robertson	SB	S	33. 09
14	N	Vanlerberghe	VPH&TH	S	33. 15
15	G	Saqui	High	S	33. 17
16	H	Wyber	WG&EL	S	33. 23
17	G	Robinson	GCR	S	33. 25
18	N	Gamester	SB	S	33. 30
19	N	Torry	Serp	S	33. 33
20	H	Torry	Serp	S	33. 35
21	R	Phillips	Serp	S	33. 42
22	D	Thompson	Hill	U20	33. 48
23	G	Irvine	TVH	S	33. 59
24	J	Clarke	NEB	S	34. 06
25	J	Cooper *	Met P	S	34. 07
26	C	Symonds	E&H	S	34. 09
27	D	Clark	SB	S	34. 10
28	A	Kotsyubka	ESM	S	34. 12
29	R	Wilson	ESM	S	34. 14
30	C	Berg	WG&EL	S	34. 15
31	P	Stainer	SB	V40	34. 26
32	N	Stoddart	SMR	S	34. 27
33	J	Rainsford	Lon H	U20	34. 31
34	A	Baci	E&H	S	34. 33
35	M	Flannelly	WG&EL	V40	34. 38
36	J	Castro	Hill	U20	34. 43
37	M	Bateman	Hill	S	34. 49
38	S	Whiting	Lon FR	V40	34. 51
39	H	Jama	ESM	S	35. 01
40	M	Revier	Hill	U20	35. 02
41	A	Robbins	Serp	S	35. 03
42	C	Nicol	TVH	S	35. 04
43	J	Morris	SB	U20	35. 05
44	A	Aitken	High	S	35. 06
45	T	Lashmar	VPH&TH	S	35. 07
46	P	Wyatt	Met P	S	35. 09
47	L	Packer	Met P	S	35. 10
48	B	Fairhall	VPH&TH	S	35. 11
49	I	Campbell	Met P	V45	35. 12
50	S	Mitchell	E&H	S	35. 13
51	M	Forrest	Lon FR	V40	35. 15
52	R	Holland	WG&EL	V45	35. 20
53	N	Gold	High	S	35. 27
54	S	Buckle	St Alb	S	35. 28
55	M	Sullivan	SB	U20	35. 32
56	A	Holt	GCR	V40	35. 33
57	K	Free	Met P	S	35. 34
58	W	Gristwood	ESM	V45	35. 36
59	N	Mitchell	Lon H	V45	35. 40
60	P	Lemmon	Lon H	V45	35. 42
61	M	Ennion	St Alb	S	35. 44
62	R	Tuddenham	Serp	S	35. 48
63	A	Drent	SB	S	35. 49
64	S	Barrett	Serp	S	35. 50
65	J	Flahive	Lon H	V40	35. 52
66	C	Bailey	High	V45	35. 58
67	E	Phillips	Serp	S	36. 01
68	M	Lane	Met P	V45	36. 02
69	T	Grant	Hill	S	36. 03

Men's Division One Team Result

1	Shaftesbury Barnet Harriers	1714
2	Woodford Green with Essex Ladies	1425
3	Serpentine RC	1335
4	Metropolitan Police AA	1220
5	Ealing, Southall & Middlesex	1096
6	Hillingdon	1062
7	Highgate Harriers	1038
8	London Heathside	989
9	Victoria Park & Tower Hamlets	948
10	Herts Phoenix	676
11	Garden City Runners	670
12	Thames Valley Harriers	627
13	Enfield & Haringey	623
14	St Albans Striders	373
15	Woodford Green with Essex Ladies 'B'	232

Men's Division One League Positions

1	Shaftesbury Barnet Harriers	6689
2	Woodford Green with Essex Ladies	6160
3	Serpentine RC	5478
4	Metropolitan Police AA	4910
5	Hillingdon	4818
6	Highgate Harriers	4666
7	Ealing, Southall & Middlesex	4141
8	London Heathside	3723
9	Garden City Runners	3134
10	Victoria Park & Tower Hamlets	2880
11	St Albans Striders	2713
12	Thames Valley Harriers	2635
13	Herts Phoenix	2625
14	Enfield & Haringey	2569
15	Woodford Green with Essex Ladies 'B'	1662

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

70	A	Dodd	ESM	S	36. 04	Men's Division Two Team Result		
71	S	Prosser *	Herts P	S	36. 05			
72	T	Lebreton	High	S	36. 06	1	London Frontrunners	1043
73	N	Morrison	Herts P	V55	36. 07	2	Serpentine RC 'B'	797
74	P	Greaves	Herts P	V40	36. 12	3	Hillingdon 'B'	461
75	M	Branco	Serp	S	36. 13	4	Shaftesbury Barnet Harriers 'B'	299
76	N	McGoun *	WG&EL	S	36. 17	5	Highgate Harriers 'B'	282
77	S	Mace	GCR	S	36. 19	6	Metropolitan Police AA 'B'	225
78	A	Welshman	Lon H	V40	36. 22	7	London Frontrunners 'B'	219
79	D	Spring	Serp	S	36. 26	8	Ealing, Southall & Middlesex 'B'	200
80	J	Blanchard	ESM	V45	36. 26	9	St Mary's Richmond	196
81	R	Brown	ESM	V40	36. 28	10	Newham & Essex Beagles	185
82	K	Walden	SB	S	36. 30	11	Harlow RC	144
83	H	Gilham	Herts P	U20	36. 39	12	Mornington Chasers	144
84	R	Browne	Lon H	V40	36. 42	13	London Heathside 'B'	117
85	B	Judge	GCR	S	36. 44	14	Hayes & Harlington	108
86	S	Livingstone	GCR	V50	36. 52	15	Herts Phoenix 'B'	104
87	S	Britten	Herts P	S	36. 53	16	Victoria Park & Tower Hamlets 'B'	88
88	C	Shepherd	WG&EL	S	36. 54	17	Royston Crows	44
89	N	Broadbent	E&H	U20	36. 58	18	Barnet & District	39
90	R	Fowler	E&H	S	37. 04	19	London Irish	38
91	T	Mitchell-Smith	VPH&TH	S	37. 05			
92	E	Samuel	Lon H	S	37. 06	Men's Division Two League Positions		
93	E	Southam	High	V45	37. 09			
94	R	Harding	Met P	V40	37. 11	1	London Frontrunners	4205
95	S	Managhan	Lon H	S	37. 14	2	Serpentine RC 'B'	3281
96	M	DaSilva	TVH	S	37. 16	3	Hillingdon 'B'	1968
97	E	Noble	Serp	V40	37. 16	4	Metropolitan Police AA 'B'	1768
98	P	Hayman	Serp	S	37. 19	5	Shaftesbury Barnet Harriers 'B'	1678
99	J	Lowe	High	S	37. 19	6	Newham & Essex Beagles	1482
100	A	Chklar	WG&EL	S	37. 19	7	Highgate Harriers 'B'	1332
101	C	Martin	Lon FR	V40	37. 19	8	St Mary's Richmond	879
102	B	Robbins	TVH	S	37. 30	9	London Frontrunners 'B'	734
103	N	Rowe	Met P	V40	37. 34	10	Harlow RC	660
104	P	Warburton	Hill	V45	37. 37	11	Mornington Chasers	624
105	D	Bond	Lon FR	S	37. 41	12	Ealing, Southall & Middlesex 'B'	614
106	P	Wetton	TVH	V40	37. 42	13	London Heathside 'B'	614
107	R	Tomlinson	ESM	S	37. 43	14	Barnet & District	557
108	S	Westlake	Lon FR	S	37. 44	15	Hayes & Harlington	361
109	L	Matthewman	High	U20	37. 51	16	Royston Crows	209
110	P	Lastras	St Alb	S	37. 53	17	Herts Phoenix 'B'	181
111	G	Levy	Lon FR	S	37. 55	18	Victoria Park & Tower Hamlets 'B'	165
112	P	Williams	Hill	S	38. 00	19	London Irish	38
113	A	Orr	Serp	S	38. 01	20	Garden City Runners 'B'	28
114	G	Bagnall	VPH&TH	S	38. 02	21	Thames Valley Harriers 'B'	27
115	G	Parsons	Lon FR	S	38. 14			
116	P	Woodbridge	Met P	S	38. 21			
117	I	Cummings	WG&EL	V45	38. 26			
118	L	Dooley	Met P	S	38. 26			
119	B	Hussain	NEB	S	38. 30			
120	A	Miles	Hill	V50	38. 32			
121	M	Molloy	WG&EL	V40	38. 32			
122	A	Coleman	WG&EL	V45	38. 32			
123	J	Gardner	High	S	38. 35			
124	P	Leppard	Hill	S	38. 39			
125	M	Delahunty	ESM	S	38. 46			
126	K	Waterman	Hill	V45	38. 49			
127	T	Killilea	Lon H	V40	38. 50			
128	M	Allen	GCR	S	38. 50			
129	S	Bennett	VPH&TH	S	38. 50			
130	P	Townsend	Herts P	U20	38. 52			
131	J	O'Shea	High	V45	39. 02			
132	C	McIver	ESM	S	39. 07			
133	R	Howells	ESM	V55	39. 10			
134	D	Shortridge	VPH&TH	S	39. 13			
135	B	Cobb	Serp	V45	39. 15			
136	P	Pearce	SB	S	39. 24			
137	D	Smith	Hill	V40	39. 28			
138	N	Stephens	High	V40	39. 30			
139	P	Kiernan	Lon H	V50	39. 31			
140	T	McCarthy	WG&EL	V50	39. 31			

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

141	S	Claridge	Hill	V45	39. 32	Veteran Men's Team Result		
142	D	Digweed	St Alb	S	39. 36			
143	S	Plested	ESM	V55	39. 41	1	London Heathside	640
144	R	Melvern	Herts P	V60	39. 51	2	London Frontrunners	601
145	D	Newman	Hill	V45	40. 01	3	Woodford Green with Essex Ladies	601
146	A	Elferink	Serp	S	40. 10	4	Ealing, Southall & Middlesex	571
147	P	Cunningham	SB	V40	40. 12	5	Highgate Harriers	538
148	K	Lineham	High	V45	40. 14	6	Metropolitan Police AA	536
149	R	Coyle	Serp	S	40. 14	7	Hillingdon	529
150	P	Manly *	ESM	V55	40. 14	8	Herts Phoenix	470
151	R	Sharp	Lon FR	V40	40. 15	9	Thames Valley Harriers	347
152	K	Wilson	High	V50	40. 16	10	Serpentine RC	325
153	J	Gillanders	Lon FR	S	40. 17	11	London Heathside 'B'	275
154	A	McColl	Serp	S	40. 18	12	Hillingdon 'B'	266
155	S	Ryeland	VPH&TH	S	40. 21	13	Woodford Green with Essex Ladies 'B'	233
156	S	Penney	SMR	V40	40. 26	14	Garden City Runners	220
157	M	Ingram	TVH	V45	40. 27	15	Shaftesbury Barnet Harriers	200
158	D	Simpson	Serp	V40	40. 28	16	Herts Phoenix 'B'	175
159	D	Phelan	VPH&TH	V40	40. 28	17	Highgate Harriers 'B'	119
160	J	Armstrong	Morn	S	40. 36	18	Ealing, Southall & Middlesex 'B'	117
161	R	Rickets	Harl RC	V40	40. 39	19	Enfield & Haringey	113
162	R	Robeson	Lon FR	S	40. 42	20	Victoria Park & Tower Hamlets	103
163	A	Smith	WG&EL	S	40. 42	21	St Mary's Richmond	94
164	A	Davey	Lon FR	S	40. 46	22	London Frontrunners 'B'	89
165	T	Marlow	Lon H	V45	40. 47	23	Harlow RC	88
166	P	Gallagher	GCR	S	40. 48	24	St Albans Striders	85
167	P	Fitzpatrick	Herts P	V40	40. 49	25	Mornington Chasers	72
168	D	Takacs	Lon FR	V40	40. 52	26	Hayes & Harlington	54
169	P	Doyle	Lon FR	V40	40. 53	27	Royston Crows	48
170	T	Parkin	SB	S	40. 55	28	London Irish	39
171	R	Casserley	GCR	S	40. 56	29	Barnet & District	35
172	J	Waterfield	Met P	S	40. 57	30	Metropolitan Police AA 'B'	6
173	J	Wallis	WG&EL	V40	40. 58			
174	J	Lock	Serp	S	41. 04	Veteran Men's League Positions		
175	A	Paycha	VPH&TH	S	41. 05			
176	D	Ross	Lon H	V40	41. 10	1	London Heathside	2437
177	L	Lazell	Met P	S	41. 10	2	Woodford Green with Essex Ladies	2213
178	R	Westaway	Serp	S	41. 12	3	London Frontrunners	2170
179	J	McGowan	Hill	S	41. 13	4	Metropolitan Police AA	2141
180	R	Birchley	VPH&TH	S	41. 17	5	Hillingdon	2116
181	S	Dokic	Hill	V50	41. 19	6	Ealing, Southall & Middlesex	2110
182	P	Harris	SB	S	41. 22	7	Highgate Harriers	1598
183	R	Bell	TVH	V40	41. 30	8	Serpentine RC	1536
184	S	Scrutton	High	V40	41. 33	9	Herts Phoenix	1415
185	R	Solomans	High	V60	41. 36	10	Shaftesbury Barnet Harriers	1308
186	G	Edmonds	Serp	S	41. 36	11	Thames Valley Harriers	1246
187	T	Kent	H&H	S	41. 36	12	Garden City Runners	1183
188	N	Copas	Serp	S	41. 41	13	Hillingdon 'B'	1038
189	M	Harris	Met P	V45	41. 42	14	Enfield & Haringey	1003
190	A	Hall	Serp	S	41. 45	15	London Heathside 'B'	955
191	P	McCrossin	Lon H	S	41. 47	16	Woodford Green with Essex Ladies 'B'	868
192	S	Wicks	Lon FR	S	41. 47	17	St Albans Striders	576
193	P	Hill	TVH	S	41. 49	18	Barnet & District	450
194	R	Pitkethly	VPH&TH	S	41. 58	19	Harlow RC	443
195	M	Faughnan	Herts P	V45	41. 58	20	Herts Phoenix 'B'	434
196	A	Emberson	TVH	V60	42. 02	21	Victoria Park & Tower Hamlets	426
197	J	Bignell	Hill	V55	42. 07	22	St Mary's Richmond	413
198	J	Nisbet	H&H	V40	42. 08	23	Ealing, Southall & Middlesex 'B'	364
199	J	Evans	Harl RC	S	42. 09	24	Hayes & Harlington	254
200	T	Powell	WG&EL	V50	42. 16	25	London Frontrunners 'B'	248
201	R	Howells	Serp	S	42. 26	26	Mornington Chasers	177
202	P	Stiles	E&H	V50	42. 51	27	Serpentine RC 'B'	149
203	M	Mack	WG&EL	V40	43. 02	28	Highgate Harriers 'B'	119
204	K	Concannon *	Met P	V45	43. 04	29	Royston Crows	89
205	S	Mann	Herts P	V60	43. 05	30	Garden City Runners 'B'	61
206	J	Barretta *	High	S	43. 14	31	Thames Valley Harriers 'B'	54
207	J	Courtney	Met P	S	43. 14	32	London Irish	39
208	S	Allen	Roys Cr	V40	43. 25	33	Metropolitan Police AA 'B'	27
209	C	Lee	ESM	V45	43. 30	34	Enfield & Haringey 'B'	11
210	S	Doyle	Herts P	V40	43. 34	35	Newham & Essex Beagles	6
211	N	Mann	Hill	V45	43. 36			

London City Runner Metropolitan League Race Four at Horsenden Hill (hosted by ESM) - Saturday 19 January 2008

212	S	Schneider	Serp	S	43. 40
213	J	Lynch	Morn	V50	43. 45
214	R	Derrick	St Alb	V50	43. 58
215	M	Crawshaw	St Alb	V40	44. 03
216	A	Mansi	Hill	V55	44. 09
217	R	Foskett	Herts P	V50	44. 19
218	D	Foley	Lon I	V50	44. 20
219	R	Bloom	Herts P	V60	44. 21
220	N	Stockman	High	S	44. 22
221	J	Myall	Hill	V55	44. 23
222	V	Wilson	WG&EL	V60	44. 30
223	I	Hodge	Serp	V45	44. 38
224	R	Hooley	TVH	V40	44. 47
225	N	Skipper	Lon H	V50	45. 02
226	M	Garrett *	Serp	V50	45. 12
227	D	Birks *	E&H	V40	45. 13
228	J	Falvey	ESM	V50	45. 23
229	T	Spanyol	WG&EL	V45	45. 31
230	S	Maddison	TVH	V55	45. 44
231	R	Weston	Lon H	V45	45. 55
232	D	Vizard	Hill	V40	46. 01
233	G	French	ESM	V50	46. 07
234	N	Yehuola	Lon FR	V50	46. 10
235	M	Murphy	WG&EL	S	46. 12
236	J	Luscombe	Hill	S	46. 15
237	C	Cloke	E&H	V55	46. 16
238	J	Owen	Barn	V60	46. 17
239	G	Moran	SMR	V45	46. 27
240	G	Deathridge	VPH&TH	V40	46. 52
241	M	McColgan	Harl RC	V50	46. 59
242	J	Steed	Herts P	V70	47. 24
243	D	Clark	Herts P	V40	47. 27
244	R	Cripps	Serp	S	47. 38
245	D	Beasley	Herts P	V65	47. 53
246	A	Keeler	ESM	V50	48. 03
247	R	Hodge	Serp	S	48. 25
248	R	Collins	Morn	V40	49. 00
249	S	Allen	Barn	V50	49. 03
250	C	Notton	Serp	S	49. 06
251	D	Wardle	Hill	V50	49. 23
252	M	Woolf	E&H	S	49. 27
253	F	Merrigan	VPH&TH	V45	49. 45
254	B	Feldman	Hill	V60	49. 52
255	G	Homewood	Morn	V40	49. 58
256	M	Gilham	Herts P	V50	50. 12
257	P	Sawko	GCR	S	50. 44
258	J	Mercer	E&H	V65	51. 09
259	P	Hope	Met P	V45	51. 15
260	R	Howe	Morn	V60	51. 54
261	S	Patterson	Hill	V55	51. 59
262	L	Christodoulou	Met P	S	52. 02
263	P	Welch	Hill	V55	52. 37
264	A	Gasbutowicz	VPH&TH	V40	52. 40
265	No	Name	WG&EL	S	53. 13
266	T	Allen	GCR	V60	53. 48

Results produced on behalf of the League
by Gavin Collett & Sharon Talbot (Hillingdon AC)
Any queries to gavin.collett@jti.com

NB only information recorded by each club on their
declaration sheet and handed in on the day of the race
can be used to compile these results.

Late notification of information cannot be accepted.

* denotes "Registered Second Claim" athletes

League Secretary

Howard Williams
84 Tyelands
Billericay
Essex
CM12 9PB
Tel: (01277) 625294

Next fixture (last of season):
Saturday 9 February at Westminster Lodge, St Albans
Hosted by Herts Phoenix AC
First race at 1.15pm