

SCVAC LEAGUE MID-LONDON DIVISION

2009

Points scored and match points

MEN

	11-May	08-Jun	22-Jun	13-Jul	Totals
1 Herne Hill Harriers	132	122	129		383
	7	7	7		21
2 Hillingdon	131	107	127		365
	6	6	6		18
3 Serpentine	106	82	108		296
	5	5	5		15
4 Ealing Southall & Middlesex	58.5	65	66		189.5
	3	4	3		10
5 Metros	60	60	34		154
	4	3	2		9
6 Hercules Wimbledon	40.5	38	67		145.5
	1	1	4		6
7 St Mary's Richmond	50	54	33		137
	2	2	1		5

WOMEN

	11-May	8-Jun	22-Jun	13-Jul	Totals
1 Ealing Southall & Middlesex	133	102	104		339
	5	6	5		16
2 Hillingdon	139	87	103.5		329.5
	6	4	4		14
3 Serpentine	120	95	110		325
	4	5	6		15
4 Metros	37	14	27		78
	3	1	2		6
5 Herne Hill Harriers	13	21	32.5		66.5
	2	2	3		7
6 St Mary's Richmond	5	25	15		45
	1	3	1		5

SCVAC LEAGUE		MID-LONDON DIVISION			Match 3	June 22, 2009	Battersea		
MEN									
		1st	2nd	3rd	4th	5th	6th	7th	
100m	M35A	P McKay	A Butler M45	T McKelvey	S McDuell	L Greene	K Ranpura M45		
		HHH 11.9	Hill 12.4	Serp 13.0	HW 13.7	ESM 14.6	Metros 17.3		
	M35B	K Sankofa M45	J Steel	S Baird M45				n/s M McGee	
		HHH 12.4	Hill 12.9	Serp 13.2				Hill 14.1	
	M50	B Fraser M60	T Silverman	D Martin	P Wignall	M Ransome M55			
		HHH 13.2	Serp 13.4	Hill 13.9	HW 14.2	Metros 14.5			
400m	M60	A Long M65	B Stanbrook	B Leach	K Kwok				
		HHH 14.4	ESM 15.8	Hill 16.2	Serp 19.0				
	M35A	G Palmer M40	P McKay	J Steele	S McDuell	J Finn	J Falvey	K Ranpura M45	
		St Mary's 55.6	HHH 55.9	Hill 56.6	HW 57.7	Serp 59.7	ESM 64.9	Metros 72.9	
	M35B	S Bond M40	D Smith M45	M White	R Grange M45	I Capon			
		HW 61.9	Hill 63.1	HHH 63.2	Serp 64.1	ESM 80.2			
1500m	M50	D Martin	B Fraser M60	H Saxby	T Silverman	E Bradley	M Ransome M55		
		Hill 62.0	HHH 62.2	HW 62.2	Serp 70.2	ESM 70.8	Metros 74.0		
	M60	L Greene	A Mansi	B Stanbrook	B Harris M65	M Harran M65		n/s L Greene M35	
		ESM 72.0	Hill 78.0	ESM 80.2	Serp 82.8	HHH 94.4		ESM 72.0	
	M35A	A Robbins	B Creed M45	R Jenkins	M Delahunty	S McDuell			
		Serp 4:31.5	HHH 4:32.9	Hill 4:41.6	ESM 4:47.7	HW 5:04.1			
2000m	M35B	E Noble M40	T Harran M45	S Bond M40	G French		n/s A Millbank M45	n/s T Chen	
		Serp 4:45.2	HHH 4:48.9	HW 5:10.3	ESM 5:13.1		HHH 4:59.6	Serp 5:29.1	
	M50	P Manley	D McGregor	H Saxby	M Mann M60	A Miles			
		ESM 4:49.5	Serp 4:51.6	HW 4:55.0	HHH 4:57.0	Hill 5:04.7			
	n/s	J Falvey	C Hide	V Pauzers M55	T Morris	J Myall		
		ESM 5:25.9	Serp 5:26.7	HHH 5:44.5	HW 5:56.3	Hill 6:09.3			
Walk	M35	A Millbank M45	A Cox M50	S Baird M45				n/s S Butler M45	
		HHH	Hill	Serp				Hill	
	M50	W Pauzers M55	K Bobbett	T Morris	M Ransome M55	A Jamdagni	n/s J Myall	n/s M Harran M65	
4 x 400		HHH	Hill	HW	Metros	Serp	Hill	HHH	
		HHH 3:58.6	Hill 4:06.6	Serp 4:11.6	HW 4:27.9	ESM 4:29.0			

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Match 3		June 22, 2009		Battersea				
MEN								
		ESM	HERC	HHH	HILL	METROS	ST	SERP
			WIMB				MARY'S	
100m	M35A	3	4	7	6	2		5
	M35B			7	6			5
	M50		4	7	5	3		6
	M60	6		7	5			4
400m	M35A	2	4	6	5	1	7	3
	M35B	3	7	5	6			4
	M50	3	5	6	7	2		4
	M60	6		4	7			5
1500m	M35A	4	3	6	5			7
	M35B	4	5	6				7
	M50	7	5	4	3			6
2k Walk	M35			7	6			5
	M50		5	7	6	4		3
4 x 400		3	4	7	6			5
HJ	M35			6	7	4		5
	M50	4	7	3	5	2	6	
TJ	M35			6	5	4		7
	M50	5	4	6	7	3		
Discus	M35	3		7	5	2	4	6
	M50	2	3	4	6		5	7
	M60	6	4		5	2	7	3
Javelin	M35	3		5	7	4		6
	M50	2	3	6	7	1	4	5
	TOTALS	66	67	129	127	34	33	108
	1 Herne Hill Harriers				129			
	2 Hillingdon				127			
	3 Serpentine				108			
	4 Hercules Wimbledon				67			
	5 Ealing Southall & Middlesex				66			
	6 Metros				34			
	7 St Mary's Richmond				33			

SCVAC LEAGUE		MID-LONDON DIVISION			Match 3	June 22, 2009	Battersea
WOMEN		1st	2nd	3rd	4th		
100m	W35A	T Reay	P Thomas	A Chandler			
		Serp 14.0	ESM 16.0	Hill 18.3			
	W35B	P Rutherford	J Harris W40	D Butler W45			
		Serp 15.1	ESM 16.6	Hill 19.7			
	W50	H James W55	L Conway	C Jones			n/s C Wisdom
		Serp 16.2	Hill 17.5	ESM 19.0			Serp 17.7
	W60	A Marsden W65	D Johnstone	C Girvan	R Young W65	n/s A Kinahaw	n/s M Morris
		Metros 19.0	ESM 19.6	Hill 21.0	Serp 24.5	Serp 18.8	Serp 20.8
400m	W35A	T Reay	P Thomas	C Carroll W45			
		Serp 68.3	ESM 73.5	Hill 84.5			
	W35B	P Rutherford	N Baker	A Chandler			
		Serp 69.5	ESM 83.8	Hill 85.0			
	W50	H James W55	L Conway	C Jones		n/s S Knox	n/s C Wisdom
		Serp 81.6	Hill 83.9	ESM 85.1		Serp 63.5	Serp 87.2
	W60	J Newman	C Girvan	A Marsden W65	R Young W65		n/s A Kinahaw
		ESM 100.2	Hill 101.8	Metros 105.0	Serp 121.6		Serp 96.0
1500m	W35A	L Kipling	M Westlund	A Hopkins	C Carroll W45		
		St Mary's 5:02.7	Serp 5:16.5	ESM 5:21.8	Hill 6:59.1		
	W35B	J Orr W40	L Pettit W40	A Chandler			
		ESM 5:22.3	Serp 5:58.5	Hill 7:00.9			
	W50	F Kennedy	L Conway	P Kelvin W55	A Marsden W65		
		ESM 5:28.3	Hill 6:12.5	Serp 6:46.4	Metros 7:49.0		
	n/s	G Morgan	V Metcalf	C Wisdom	A Kinahan	J Newman	M Morris
		ESM 5:32.0	Serp 6:16.0	Serp 6:42.6	Serp 7:02.7	ESM 7:07.5	Serp 7:41.0
2000m	W35	A Hopkins	V Metcalf W40	C Carroll			
Walk		ESM	Serp	Hill			
	W50	M Morris W55	D Johnstone W60	C Heemskerk	P Jackson W65		
		Serp	ESM	Hill	Metros		
4 x 400		Serp 4.55	ESM 5.08	Hill 6.20			

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Match 3		June 22, 2009		Battersea				
WOMEN								
		ESM	HHH	HILL	METROS	ST	SERP	
						MARY'S		
100m	W35A	5		4			6	
	W35B	5		4			6	
	W50	4		5			6	
	W60	5		4	6		3	
400m	W35A	5		4			6	
	W35B	5		4			6	
	W50	4		5			6	
	W60	6		5	4		3	
1500m	W35A	4		3		6	5	
	W35B	6		4			5	
	W50	6		5	3		4	
2k Walk	W35	6		4			5	
	W50	5		4	3		6	
4 x 400		5		4			6	
HJ	W35	4		5			6	
	W50	6	4.5	4.5				
TJ	W35	4	3	6			5	
	W50	4	3	6			5	
Discus	W35	3	6	4		2	5	
	W50	1	6	3	2	4	5	
	W60	5		4	6		3	
Javelin	W35	3	5	6	2	1	4	
	W50	3	5	6	1	2	4	
	TOTALS	104	32.5	103.5	27	15	110	
	1	Serpentine			110			
	2	Ealing Southall & Middlesex			104			
	3	Hillingdon			103.5			
	4	Herne Hill			32.5			
	5	Metros			27			
	6	St Mary's Richmond			15			