Hillingdon AC Fixtures

August

Thur 13th

5k Training Race

2015				
2015				
January				
Sat 3rd	Middlesex XC Champs	Ally Pally	XC	All
Sat 10th	ATW Met League	Horsenden Hill	XC	All
10th-11th	SEAA U15 / U17 Championships	Lee Valley	Indoor	
17th-18th	SEAA U20 / Senior Championships	Lee Valley	Indoor	
Sat 24th	SEAA XC Champs	Brighton	XC	All
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February				
Sat 7th	ATW Met League	Wormwood Scrubs	XC	All
Sat 21st	English National XC Champs	Parliament Hill	XC	All
Sat 28th	English U15 / U17 / U20 Championships	Sheffield	Indoor	
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March				
Sun 8th	Finchley 20	Ruislip	Road	Seniors
Weds 11th	Teddy Hall Relays	Oxford	Road	Seniors
Sun 22nd	Middlesex (and Herts) Masters XC	Trent Park	XC	Vets
14th-15th	Middlesex Championships	Lee Valley	Indoor	
Sun 29th	SEAA 12 and 6 Stage Road Relays	Milton Keynes	Road	Seniors
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April				
Thur 9th	5k Training Race	Ruislip	Road	All
Sat 11th	National 12 and 6 Stage Road Relays	Sutton Coldfield	Road	Seniors
Sun 12th	Hillingdon Half Marathon	Uxbridge	Road	Seniors
Sat 18th	Youth Development League (Upper)	Uxbridge	T & F	Juniors
Sat 25th	Southern Athletics League	Uxbridge	T & F	Seniors
Sun 26th	London Marathon & Mini Marathon	London	Road	Semons
3411 20411	London Marathon & Milli Marathon	London	Noud	
May				
Sat 2nd	Youth Development League (Lower)	Uxbridge	T & F	Juniors
Mon 11th	Southern Veterans League	Battersea	T & F	35+
Thur 14th	5k Training Race	Ruislip	Road	All
Sat 16th	Youth Development League (Upper)	TBC	T&F	Juniors
Sat 16th	National Masters Road Relay Champs	Sutton Coldfield	Road	35+
Sat 30th	Youth Development League (Lower)	Guildford	T&F	Juniors
Sun 31st	Southern Athletics League	Kingston	T & F	Seniors
3411 3131	Journal Million League	Killgstoll	1 0 1	Schlors
June				
Sun 7th	Ickenham 5	Ickenham	Road	15+
Mon 8th	Southern Veterans League	Hillingdon	T&F	35+
Thur 11th	5k Training Race	Ruislip	Road	All
Sat 20th	Southern Athletics League	Abingdon	T & F	Seniors
Mon 22nd	Southern Veterans League	Battersea	T & F	35+
Sun 28th	Youth Development League (Upper)	Guildford	T & F	Juniors
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July Sat 4th	Southorn Athletics League	Winchester	T & F	Seniors
Thur 9th	Southern Athletics League		Road	All
	5k Training Race	Ruislip		
Mon 13th	Southern Veterans League (Upper)	Perivale Perivale	T & F	35+
Sun 26th	Youth Development League (Upper)	renvale	T&F	Juniors

Ruislip

All

Road

T & F Sat 15th Southern Athletics League Seniors Andover September All Thur 10th Ruislip Road 5k Training Race Fixtures to be confirmed include Youth Development League (Lower) 2 fixtures still TBC Alder Valley League Fixtures still TBC Summer series events

Track and Field Champs