

Hillingdon AC Fixtures

2018

September

Sat 1st	Alder Valley Girls Final	Eton	T & F	Juniors
Sun 2nd	Alder Valley Boys Final	Reading	T & F	Juniors
Sat 8th	Youth Development League Final	TBC	T & F	Juniors
Sun 9th	Youth Development League Final	TBC	T & F	Juniors
Sun 9th	Middx County Road Relays	Hayes	Road	All
Thur 13th	5k Training Race	Ruislip	Road	All
Sun 23rd	SEAA Juniors & Womens 4 Stage Road Relays	Crystal Palace	Road	Juniors
Sun 23rd	SEAA Men's 6 Stage Road Relays	Crystal Palace	Road	Men
Tues 25th	3K Training Race	Uxbridge	Mixed	All
Sun 30th	Middlesex 10K	Victoria Park	Road	Seniors
Sun 30th	SVAC Track and Field Final	Ashford, Kent	T & F	Vet Men
	September Parkrun			

October

Sat 6th	ERRA Womens 4 stage National Road Relays	Sutton Coldfield	Road	Women
Sat 6th	ERRA Mens 6 stage National Road Relays	Sutton Coldfield	Road	Men
Sat 6th	ERRA YA National Road Relays	Sutton Coldfield	Road	Juniors
Sat 13th	Start Fitness Met League	Claybury	XC	All
Sat 20th	SEAA XC Relays	TBC	XC	All
Sat TBC	Liddiard & North of the Thames Champs	Kingsbury	XC	All

November

Sat 3rd	English XC Relays	Mansfield	XC	All
Sat 3rd	North London XC Champs	Hackney	XC	Seniors
Sat 10th	Start Fitness Met League	Welwyn	XC	All
Sat TBC	London XC Champs	PH TBC	XC	All
Sat TBC	Fraternity Cup & Sorority Cup	Trent Park	XC	Seniors

December

Sat 1st	Start Fitness Met League	Uxbridge TBC	XC	All
Sat 8th	SEAA Inter Counties / Vets XC Champs	TBC	XC	Seniors
Sat 15th	Dark Run 5K	Ruislip	Road	All
15/16th	SEAA Indoor All Ages Combined Events Champs	Lee Valley	Indoor	All
Tues 25th	Christmas Morning 5K	Ruislip	Road	All
TBC	Lido Relays	Ruislip	Road	All

2019

January

Sat 5th	Middlesex XC Champs	Horsenden Hill	XC	All
Sat 12th	Start Fitness Met League	Scrubs TBC	XC	All
12/13th	SEAA U15 / U17 Championships	Lee Valley	Indoor	
19/20th	SEAA Indoor Champs	Lee Valley	Indoor	
Sat 26th	SEAA XC Champs	PH TBC	XC	All

February

Sat 9th	Start Fitness Met League	Ally Pally	XC	All
Sat 23rd	English National XC Champs	Leeds	XC	All
TBC	English U15 / U17 / U20 Championships	TBC	Indoor	

March

Sun 10th	Finchley 20	TBC	Road	Seniors
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TBC SEAA 12 and 6 Stage Road Relays
TBC Teddy Hall Relays
TBC Middlesex (and Herts) Masters XC
TBC Middlesex Championships

TBC
Oxford
TBC
Lee Valley

Road	Seniors
Road	Seniors
XC	Vets
Indoor	

Priority XC fixtures

