

Finchley '20' Mile Road Race

Sunday 12 March 2006. 9:30 am

Results for All Competitors in finish order.

Place	Time	Name	Team	Category	Entrant No	Position
1	1:50:34	BARNETT, Ed	Aldershot Farnham & District	SM	245	1
2	1:56:40	LYNAS, Matthew	Thames Hare & Hounds	SM	350	2
3	1:56:54	RAMSAY, Grant	Barnet & District	SM	119	3
4	1:57:28	COLLINGE, Andrew	Highgate Harriers	SM	499	4
5	2:00:09	LANE, Mick	Ranelagh Harriers	M40	503	5
6	2:00:17	TWEDDLE, Richard	Vets AC	M40	150	6
7	2:00:26	TOJERIO, Robert	Queens Park Harriers	SM	372	7
8	2:01:23	RACKHAM, Nigel	Metros	M40	198	8
9	2:01:34	FERRARO, Julian	London Heathside	M40	396	9
10	2:01:58	GREENE, Brendan	Queens Park Harriers	SM	60	10
11	2:02:43	ROBERSON, Paul	Reading Road Runners	SM	521	11
12	2:02:58	HUTCHINSON, Brett	Hillingdon AC	SM	246	12
13	2:03:43	ROGERS, Jeremy	Highgate Harriers	SM	123	13
14	2:04:03	ASFAR, Dan		SM	3	14
15	2:05:04	MARSHALL, Steve	Oxford university AC	SM	448	15
16	2:05:22	WHITEHEAD, Stephen	Ranelagh Harriers	SM	159	16
17	2:05:48	SIMPSON, Andrew	royal navy athletics club	SM	427	17
18	2:06:07	HOWE, Angela	London Heathside	W35	75	18
19	2:06:22	YFF, Barbara	Serpentine Running Club	SW	165	19
20	2:08:06	HIGGINS, Dan		SM	420	20
21	2:08:12	EVANS, Pascal	Stragglers	SM	49	21
22	2:09:45	WALMSLEY, Chris		SM	452	22
23	2:10:18	AYRES, Tim		M40	7	23
24	2:10:19	ADAMS, Paul	St Albans Striders	SM	2	24
25	2:10:27	RUSHMER, Gary		M40	406	25
26	2:10:31	LONARGAN, John	Runnymede Runners	SM	94	26
27	2:11:09	ILLMAN, Keith		SM	358	27
28	2:11:36	BURTWELL, Mark	South London Harriers	SM	25	28
29	2:12:03	COLLINS, Jonathan		SM	389	29
30	2:12:53	LOCKYER, Derek		M40	189	30
31	2:13:04	ROSS, Ian	Oxford Iniversity AC	SM	249	31
32	2:13:09	SINCLAIR, Oliver		SM	289	32
33	2:13:19	ENNION, Matthew		SM	472	33
34	2:13:37	HILL, Justin	Ware Joggers	M40	465	34
35	2:13:41	ILLING, Paul	Watford Harriers	M40	77	35
36	2:14:17	NEWMAN, David	Hillingdon AC	M40	518	36
37	2:14:18	SHIPLEY, James	Hillingdon AC	SM	517	37
38	2:15:13	TILLOTSON, Marcus	London Heathside	SM	199	38
39	2:15:40	OPPONG, Dominic		SM	534	39
40	2:15:43	PATTERSON, Andrew	Fairlands Valley Spartans	SM	233	40
41	2:15:45	COLLETT, Graham		SM	32	41
42	2:15:59	IFCHER, Daniel		SM	484	42
43	2:16:13	MOODY, Colin	Harlow Runners	M50	192	43
44	2:16:14	HOWSON, Luke		SM	337	44
45	2:16:16	CARE, Angharad	Woodford Green	SW	236	45
46	2:16:23	BOWEN, Sean	garden city runners	M40	16	46
47	2:17:06	DEWS, Emma	windmilers	SW	339	47
48	2:17:41	TYLER, John	Havering 90 Joggers	M40	510	48
49	2:17:54	MOORE, Trevor		M40	317	49
50	2:18:09	FLYNN, John	Stubbington Green Runners	M40	56	50
51	2:18:34	GREEN, Patrick	Serpentine Running Club	SM	259	51
52	2:18:35	MOULTON, Rob		SM	243	52
53	2:18:36	MURPHY, Karen	Barnet & District	W35	287	53
54	2:18:42	EVANS, Angela	London Heathside	SW	48	54
55	2:18:54	DAVIS, Richard	South London Harriers	M40	487	55

56	2:18:59	DIXON, DAVE		SM	43	56
57	2:19:04	ATKINS, Barry	Thames Turbo TC	SM	473	57
58	2:19:30	DUFFY, Liam	Hart Road Runners	M50	277	58
59	2:19:36	WALKER, Derek	Watford Harriers	M40	154	59
60	2:19:43	COMPER, Paul		SM	482	60
61	2:19:54	GUEST, Sarah	St Albans Striders	W35	63	61
62	2:20:12	HALL, David	Luton united	M40	206	62
63	2:20:29	HENEY, Kenneth	London Heathside	SM	67	63
64	2:20:33	KELLY, Christopher	British Airways	M40	178	64
65	2:21:38	HARDCASTLE, Kath	Fairlands Valley Spartans	SW	512	65
66	2:21:43	GARDINAL, Patrick		SM	58	66
67	2:22:44	EALAND, Nigel	Hillingdon AC	M40	211	67
68	2:22:59	EDGELL, Jonathan		SM	492	68
69	2:23:01	BRODICK, Ian	London Heathside	M40	22	69
70	2:23:17	LEWIS, Graham		SM	93	70
71	2:23:33	PONTING, David		M50	111	71
72	2:23:57	MCGOWAN, Julian		SM	187	72
73	2:24:13	LEITCH, Jessica	Oxford Iniversity AC	SW	221	73
74	2:24:18	LARSEN, Rikke		W35	87	74
75	2:24:28	SPARROW, Matthew		SM	139	75
76	2:24:33	EDWARDS, Marcus	Watford Joggers	M40	44	76
77	2:24:41	JACKSON, Simon	Fairlands Valley Spartans	SM	247	77
78	2:24:52	HOLLINGSWORTH, Noel	Stragglers	M40	480	78
79	2:24:53	ADAMS, Henry		SM	332	79
80	2:25:01	COOKE, Tim	BBC Running C	M50	36	80
81	2:25:02	CHAMPAIGN, Ragnar		M40	513	81
82	2:25:50	LINEHAN, Kevin	Highgate Harriers	M40	345	82
83	2:26:30	LUNT, Gemma	Wargrave Runners	SW	96	83
84	2:26:31	WILSON, Michael	Thames Valley Harriers	M40	163	84
85	2:26:35	RAWLINGS, Jonathan		SM	305	85
86	2:26:46	SHACKLETON, Richard		SM	288	86
87	2:26:53	WILLIAMS, Jonathan	clevedon	M40	386	87
88	2:26:55	PALMER, David		SM	195	88
89	2:27:01	STEEPLES, Trevor	civil service	M40	143	89
90	2:27:02	MORRIS, Sheridan		M40	322	90
91	2:27:03	RICHMOND, David		M50	120	91
92	2:27:04	SAUNDERSON, Mark		SM	235	92
93	2:27:08	OXENHAM, Simon		SM	371	93
94	2:27:11	GROTE, Byron		M50	404	94
95	2:27:16	AVERY, Mandy	broxboune runners	W35	225	95
96	2:28:29	CROOK, Andrew		SM	171	96
97	2:28:38	TOPHILL, Samantha	Fairlands Valley Spartans	W35	149	97
98	2:28:39	ATTRIDGE, Simon		SM	5	98
99	2:28:41	SAUNDERS, Rowan		SM	131	99
100	2:28:54	HAMILTON, Ted	Hillingdon AC	M50	65	100
101	2:28:56	BAKER, Bjorn		SM	376	101
102	2:29:00	HORN, Aimee	Hillingdon AC	SW	74	102
103	2:29:03	MCARTHY, Walter		M40	180	103
104	2:29:04	MELLOR, Robert		SM	520	104
105	2:29:14	GILLESPIE, Gordon		M40	425	105
106	2:29:18	JOHNSTONE, Douglas	windmilers	M50	367	106
107	2:29:19	CURRAN, Elsa	Windsor, Slough & Eton AC	W35	37	107
108	2:29:22	BOWEN, Andy	West Four Harriers	M40	300	108
109	2:29:25	NORDIN, Breege	Ilford AC	W45	530	109
110	2:29:30	GASCOIGNE, Timothy	Highgate Harriers	SM	399	110
111	2:29:37	PEARCE, Katie	Windle Valley	SW	349	111
112	2:29:42	LAWTON, Bjorn		SM	89	112
113	2:29:51	WOODS, Abigail	Serpentine Running Club	SW	382	113
114	2:30:24	MALZER, Alex		SM	353	114
115	2:30:32	OLDHAM, Michelle	Walton	SW	302	115
116	2:30:39	SYKES, Toby	Thames Hare & Hounds	SM	489	116

117	2:30:41	MARSHALL, Kevin	Thames Valley Triathlete	SM	390	117
118	2:31:08	ROGERS, Simon	cambridge and coleridge	SM	122	118
119	2:31:26	JONES, Daniel		SM	81	119
120	2:32:03	SOBIEROJ, Salim		SM	132	120
121	2:32:07	KIDDIE, James	Reading Road Runners	M50	84	121
122	2:32:25	NUNN, James	Reading Road Runners	SM	438	122
123	2:33:27	RICHES, Nick		SM	477	123
124	2:33:30	BAILEY, Frank	headington road runners	M40	6	124
125	2:33:39	ROGAN, Emma	Metros	SW	201	125
126	2:33:50	BISHOP, Jonathan		SM	311	126
127	2:33:59	BEASLEY, Mark	Fairlands Valley Spartans	M40	9	127
128	2:34:15	CHAPMAN, John	Stopsley Striders	M40	27	128
129	2:34:46	WARREN, Geoff		SM	375	129
130	2:34:54	ROWLANDS, Anthony	St Albans Striders	M50	127	130
131	2:34:55	BLOOMFIELD, Emma	London Heathside	W35	445	131
132	2:35:22	WRIGHT, John	Serpentine Running Club	M40	481	132
133	2:35:33	O'DONNELL, John		SM	509	133
134	2:35:36	THOMAS, Lennard	Queens Park Harriers	M40	185	134
135	2:35:42	STANLEY, Lloyd		SM	423	135
136	2:35:51	PAULL, Stephen	Metros	M50	416	136
137	2:36:02	STRINGER, Gary	Ealing & Southall	M40	144	137
138	2:36:36	JEFFREY, Chris		SM	456	138
139	2:36:40	BRESSINGTON, Darrel	Maidenhead	SM	12	139
140	2:36:52	LOVELL, Warren		SM	95	140
141	2:37:01	SHOTBOLT, Adrian	Dunstable Road Runners	SM	134	141
142	2:37:03	HALL, Jonathan		SM	240	142
143	2:37:09	TOLCHARD, Edward		SM	432	143
144	2:37:18	WATSON, Derek	Serpentine Running Club	M50	293	144
145	2:37:19	BURKE, Terry	Metros	M50	168	145
146	2:37:22	WARNER, Joe		SM	413	146
147	2:37:30	FELD, David		M50	496	147
148	2:37:56	TYRELL, Jason	Royston Runners	SM	193	148
149	2:38:06	NATALI, Paul		SM	106	149
150	2:38:08	HARWOOD, Andrew		M40	66	150
151	2:38:13	BAYLEY, Mark		SM	319	151
152	2:38:15	BRATTON, Tim		SM	410	152
153	2:38:22	FISHER, Geoff	Stragglers	M50	478	153
154	2:38:36	STASIUK, Stefan	Burnham Joggers	M50	483	154
155	2:38:42	CRAIG, Robert		M40	297	155
156	2:38:47	NOEL, Maureen	Belgrave	W35	502	156
157	2:38:58	RUSSELL, Michael	Ware Joggers	M50	267	157
158	2:39:07	MURPHY, Lee		SM	447	158
159	2:39:22	STANNARD, Paul	Serpentine Running Club	SM	136	159
160	2:39:36	COOK, Anne	Bishop Stortford	W45	34	160
161	2:39:40	NEWBURY, Andrew	garden city runners	M50	205	161
162	2:39:43	WILSON, Michael	Thames Valley Harriers	M40	523	162
163	2:40:08	LEE, Kwok	Sudbury Court	SM	400	163
164	2:40:12	HOPKINS, Gabriel		SM	73	164
165	2:40:22	CHIVERS, Richard	Road Runners Club	M50	29	165
166	2:40:26	DAVIES, Richard	Queens Park Harriers	SM	169	166
167	2:41:02	BONNICK, Clare	Watford Harriers	W35	15	167
168	2:41:10	MOLE, Denis	Havering 90 Joggers	M50	229	168
169	2:41:48	WILLIAMS, Daniel		SM	310	169
170	2:41:52	LAMBARD, David		SM	222	170
171	2:41:59	O'DONNELL, Owen		SM	422	171
172	2:42:05	STYLES, Louise		SW	145	172
173	2:42:07	SMITH, Malcolm		M40	142	173
174	2:42:08	WATSON, Karen		SW	507	174
175	2:42:09	COTTELL, Sarah		SW	282	175
176	2:42:29	BUTLER, Adrian		SM	242	176
177	2:42:30	SMITH, Richard	Serpentine Running Club	M50	138	177

178	2:42:32	GILLAM, Sally	Iford AC	W35	394	178
179	2:42:34	RABIN, Nick		SM	450	179
180	2:42:38	SCOFFHAM, Alastair	Metros	M40	380	180
181	2:42:50	BRUNTON, Suzanna		SW	23	181
182	2:43:09	MCLAREN, Bruce		SM	102	182
183	2:43:30	CUNNINGHAM, Grant	Stragglers	SM	429	183
184	2:43:33	GLENNANE, Claire		SW	391	184
185	2:43:48	THORN, Michael	British Airways	SM	148	185
186	2:43:53	O'BRIEN, Angela		SW	431	186
187	2:43:57	BISHOP, Stephen		M40	11	187
188	2:44:04	SWATTON, David	Harlow Runners	SM	475	188
189	2:44:07	ORITSEJAFOR, Angela	Dulwich Runners	W35	470	189
190	2:44:10	ASHWORTH, Mike		SM	4	190
191	2:44:23	WALLER, Douglas		M40	155	191
192	2:44:27	THOMASON, Francis	Reading Road Runners	M50	218	192
193	2:44:35	RICHARDSON, Lance	Stopsley Striders	M50	208	193
194	2:44:36	GARRETT, Martin	Sudbury Court	M50	59	194
195	2:44:46	TOOGOOD, Clare		SW	320	195
196	2:44:49	LAWSON, James		SM	318	196
197	2:45:02	WILLIAMS, Nigel	Bracknell	M50	162	197
198	2:45:06	TIMMIS, Jonathan		SM	508	198
199	2:45:07	KERRY, Trish	sittingbourne striders	W35	82	199
200	2:45:08	HYMANS, Michael	Metros	M50	443	200
201	2:45:15	MEAD, Natalie	Marlow Striders	W35	411	201
202	2:45:23	MARSHALL, Peter		M40	260	202
203	2:45:38	MCBURNEY, Kate		SW	99	203
204	2:45:39	MCBURNEY, John		SM	100	204
205	2:46:01	LONGHURST, Philip		M40	327	205
206	2:46:17	HARDING, Phil		M40	270	206
207	2:46:34	NEOCLEOUS, Anna		SW	357	207
208	2:46:40	HIGHFIELD, Mark		M40	68	208
209	2:46:40	SINCLAIR, Paul		M40	453	209
210	2:46:41	LEE, Jonathan		M40	295	210
211	2:46:45	HINE, Lucy	Cambridge H	W45	71	211
212	2:46:53	LEE, Jane		W35	294	212
213	2:46:58	PERERA, Helen	Cambridge H	W35	373	213
214	2:47:00	SEYMOUR, David		SM	401	214
215	2:47:04	HARDING, Bob		M40	271	215
216	2:47:24	BOWLES, Jacqueline	Metros	W35	17	216
217	2:47:26	ALLEN, Coral		W35	488	217
218	2:47:47	PRIEST, Andrew		SM	412	218
219	2:48:01	LEMON, Hilarie	Hillingdon AC	W45	191	219
220	2:48:11	CLARK, Derek	Maidenhead	SM	426	220
221	2:48:29	POTGIETER, Andrea		SW	116	221
222	2:48:47	GREENFIELD, David	Kingston & Polytechnic	M40	446	222
223	2:49:05	BENNETT, Sarah		SW	363	223
224	2:49:12	COOK, Michael		M50	33	224
225	2:49:15	ADAMS, James	Serpentine Running Club	SM	1	225
226	2:49:22	BLEKSLEY, Katie		SW	532	226
227	2:50:24	AGBO, Celestine		M40	403	227
228	2:50:54	MCRAE, Jenna		SW	239	228
229	2:51:39	HOPE, Andy	Sudbury Court	SM	72	229
230	2:52:12	GRADWELL, Andor		SM	377	230
231	2:52:20	BOREEL, Jacob	Serpentine Running Club	M40	533	231
232	2:52:21	SOAR, Andy	East London Road Runners	SM	462	232
233	2:52:22	RAZA, Mark	East London Road Runners	SM	524	233
234	2:52:24	SMITH, John	east essex tri club	SM	176	234
235	2:52:40	COX, Vanda	Thames Hare & Hounds	W45	458	235
236	2:52:45	PROWTING, Mick		M40	505	236
237	2:52:47	BONNICK, Ian	Watford Harriers	M40	14	237
238	2:52:59	BALLARD, Alex		SM	261	238

239	2:53:01	HARDING, John		M40	272	239
240	2:53:04	NEVIN, Frank		M40	107	240
241	2:53:47	TAYLOR, Keith	Watford Joggers	M40	147	241
242	2:54:01	ADAMS, Alexandra		SW	333	242
243	2:54:11	BISWELL, Rebecca	windmilers	SW	167	243
244	2:54:22	ADAMS, Christopher	Royal Air Force	M40	463	244
245	2:54:46	NEWMAN, Gill	Marlow Striders	W35	442	245
246	2:54:50	BRANCH, Linda		W45	279	246
247	2:55:00	LINDON, Jamie		SM	196	247
248	2:55:06	WEST, Phillip	London Heathside	M50	158	248
249	2:55:14	CHARRINGTON, Susie		SW	190	249
250	2:55:28	RICHARDS, Jonathan		M40	471	250
251	2:55:41	ROBERTS, David	Abingdon Amblers	M40	121	251
252	2:55:45	HAIGH, Christine	sittingbourne striders	W35	64	252
253	2:55:46	FORSYTH, Kelly		SW	451	253
254	2:56:24	DAVIES, James	Paddock Wood AC	SM	224	254
255	2:56:32	SMITH, Mike		M40	466	255
256	2:56:35	COTTON, Katie		SW	494	256
257	2:56:36	VANDERSYPEN, Sarah	Marlow Striders	W35	419	257
258	2:56:44	SILVERTHORNE, Karen		W45	135	258
259	2:57:16	FULLER, Stephanie	Thames Valley Triathlete	W35	387	259
260	2:57:25	MANDER, Amy		SW	329	260
261	2:57:32	MAYNE, Sarah	Mornington Chasers	W35	98	261
262	2:57:43	CZERNIEWSKA, Peter		M50	39	262
263	2:57:44	HIRST, Alastair		SM	525	263
264	2:57:58	STEINPRESS, Laurence	London Heathside	M50	141	264
265	2:58:09	IMRIE, Gavin	Sudbury Court	SM	76	265
266	2:58:18	MASON, James	Striders of Croydon	SM	493	266
267	2:58:46	GORDON, Jeffrey	Thames Hare & Hounds	M60	61	267
268	2:58:52	SELBY, Linda	Harlow Runners	W55	194	268
269	2:59:06	BARBER, Eugene	Treasury Running Club	M40	522	269
270	2:59:23	LITTLEJOHN, Robert	Sandhurst Joggers	M40	476	270
271	2:59:44	STRACEY, Victoria	Handycroaa Runners	SW	314	271
272	2:59:54	BROWNE, Gabrielle	Road Runners Club	W35	312	272
273	3:00:07	KROLLIG, Sharon	BP Helios Harriers	W45	86	273
274	3:00:19	FINN, Anna		SW	301	274
275	3:00:38	RODRIGUES, Stephen		SM	286	275
276	3:00:42	MURPHY, Gerry		M50	374	276
277	3:00:42	BURKE, Jacqui		W35	336	277
278	3:00:50	EILERTS DE HAAN, Carin		W55	46	278
279	3:01:13	RANGEARD, Fabienne	Mornington Chasers	SW	118	279
280	3:01:21	PRICE, Neil		SM	321	280
281	3:01:42	POTTER, Colin		SM	356	281
282	3:02:33	MURPHY, Olive	Serpentine Running Club	SW	105	282
283	3:02:47	BURNETT, Anita		W45	402	283
284	3:02:58	BAYLEY, Paul		SM	8	284
285	3:04:03	ALLAN, David		M40	495	285
286	3:04:03	TRACE, Ella	Dulwich Runners	SW	186	286
287	3:04:05	VERNON, Chris	Dulwich Runners	M60	464	287
288	3:04:05	GREEN, Jim	Serpentine Running Club	SM	435	288
289	3:04:11	MORGAN, Chris	Road Runners Club	M40	306	289
290	3:04:11	SHACKLADY, Brian		SM	175	290
291	3:04:26	PERCIVAL, Violando	Road Runners Club	M40	498	291
292	3:04:41	GREEN, Valerie	Watford Joggers	SW	253	292
293	3:05:01	TIMSON, Charlotte	Serpentine Running Club	SW	474	293
294	3:05:52	SUNSHINE, David		SM	298	294
295	3:06:44	BRENNAN, David		SM	340	295
296	3:06:56	PACEY, Sabrina		SW	109	296
297	3:07:03	MILLER, Khadijah	Queens Park Harriers	SM	362	297
298	3:07:21	SAUNDERS, Kathryn	Harlow Runners	SW	216	298
299	3:07:23	LODGE, Judy		W45	234	299

300	3:07:35	CALDWELL, Andrea		SW	467	300
301	3:07:39	PALEY, Stuart	Mornington Chasers	SM	110	301
302	3:07:40	SUTHERLAND, Alex	Mornington Chasers	M40	166	302
303	3:07:40	SPILLER, Amy	Mornington Chasers	SW	258	303
304	3:08:12	WARD, Peter	Ealing, Southall & Middlesex	M40	157	304
305	3:08:38	HARDING, Claire	Watford Joggers	SW	304	305
306	3:08:41	JONES, Trevor	Hillingdon AC	M40	177	306
307	3:08:57	KEY, Cherry		W45	83	307
308	3:09:19	STEVENSON, Nicola		SW	415	308
309	3:09:25	GUEST, Helen	Cambridge H	W45	62	309
310	3:09:57	EVERINGHAM, Deborah		SW	265	310
311	3:09:59	TRIGG, Christopher		M40	173	311
312	3:10:22	NOTTAGE, Clive		SM	398	312
313	3:10:30	WHITELY, Meredith		SW	237	313
314	3:10:50	CZERNIEWSKA, Pam	womens running network	W45	38	314
315	3:10:53	MIR, Zlatan		M50	506	315
316	3:11:54	HAYES, Stephen		M40	364	316
317	3:11:57	ROSSALL, Phillip		M50	125	317
318	3:12:00	KING, Nicholas	Sudbury Court	M40	85	318
319	3:12:23	DUDDY, Gillian		W35	359	319
320	3:12:25	FAHY, Clodagh	Ranelagh Harriers	SW	418	320
321	3:12:26	WILSON, Tina	Reading Road Runners	W45	204	321
322	3:12:28	SHEPPARD, Sandra	Reading Road Runners	W45	212	322
323	3:13:07	FRYER, Clare	Havering 90 Joggers	SW	53	323
324	3:13:25	ROKENSON, Gary	hemel hempstead cycling club	M40	439	324
325	3:13:51	WILLIAMSON, Blades		M40	307	325
326	3:13:59	JOHAL, Jaymini	Watford Joggers	SM	352	326
327	3:14:25	BULL, Steve		SM	24	327
328	3:15:52	DAVIES, George		SM	115	328
329	3:16:15	CARTER, Leslie		SM	26	329
330	3:16:29	WESTGATE, Jacqueline	Harlow Runners	W35	527	330
331	3:18:26	STAGG, Christopher	Sudbury Court	M60	140	331
332	3:19:21	HUGHES, Peter		M40	226	332
333	3:19:51	MICHALAS, Apostolos		SM	331	333
334	3:22:25	WAITING, Robert		SM	188	335
335	3:22:32	WITTON, Wendi	Brighton & Hove	W45	383	336
336	3:22:35	FELTHAM, Barry		M50	50	337
337	3:22:42	PAGE, Stephen	Harlow Runners	M40	230	338
338	3:22:51	BAYLISS, Emma	Watford Joggers	SW	13	339
339	3:23:47	LLOYD, Jonathan		M50	244	340
340	3:23:48	FAHY, Aodhnait		SW	266	341
341	3:23:49	BORKETT, Denise		SW	280	342
342	3:24:10	KING, Janey		W55	459	343
343	3:25:10	BIENIEK, Derek	Ranelagh Harriers	SM	417	344
344	3:25:50	MONTGOMERY, Paul		M40	324	345
345	3:25:51	KLEIN, Duncan		SM	325	346
346	3:25:59	WONG, Chi		SM	405	347
347	3:26:04	HILL, Catherine	windmilers	SW	69	348
348	3:26:19	STEVEN, Jill		SW	231	349
349	3:26:27	JURY, Martina		W35	469	350
350	3:26:50	HOLLERON, Dominic		SM	207	351
351	3:26:53	BRAWN, Jason	East London Road Runners	SM	21	352
352	3:27:12	STAPLES, Pam		SW	241	353
353	3:28:11	MAHMOOD, Talat		SM	174	354
354	3:29:56	GRAY, Anna		SW	365	355
355	3:29:57	WRENN, Simon		SM	395	356
356	3:30:02	CHARLTON, Del-Ann		SW	531	357
357	3:30:49	ALDGATE, Hannah	Serpentine Running Club	SW	254	358
358	3:31:02	POWRIE, Honor		W35	117	359
359	3:31:12	MCRORY, Helen		W35	491	360
360	3:32:54	POWELL, Nicola	Serpentine Running Club	SW	227	361

361	3:33:31	LUNT, Gemma	Wargrave Runners	SW	96	362
362	3:35:03	LEMON, Jennifer	Hillingdon AC	SW	88	363
363	3:37:10	MCCABE, Ann		W45	263	364
364	3:39:45	SINGH, Hartej		SM	172	365
365	3:42:50	PORTER, Mary		SW	114	366
366	3:45:22	ALEXANDER, Sujatha		SM	366	367
367	3:50:20	WALTERS, Garnet	Serpentine Running Club	W35	156	368
368	3:51:26	ATKINSON, Jan	Harlow Runners	W35	219	369
369	3:51:26	LYNAS, Wendy	Thames Hare & Hounds	W45	351	370
370	3:55:11	NEOCLEOUS, Petros		SM	392	371
371	4:00:52	GENOVESE, Lia		W45	328	372
372	4:08:10	WOOLNOUGH, Mike		SM	170	373
373	4:17:19	EGBOR, M A	Serpentine Running Club	M50	460	374