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11 March 2012

Dear Team Manager:

Thank you for your entry for the Saucony SEAA Road Relay Championships on Sunday 25 March at Stantonbury Campus Athletics Stadium, Milton Keynes (MK14 6BN). I enclose a map of the area. Please park in one of the Campus car parks. The car park at the end of Soskin Drive is reserved for officials (to avoid excessive car traffic across the course during the race). There will be signs pointing to the track from the Campus car parks.

There is changing accommodation and showers at the track in the clubhouse. There will be additional toilets on the site to supplement those in the clubhouse. Please do not leave kit/bags in the changing rooms - they can be left by your tent/banner on the infield or banking.

I also enclose a map of the course. Note that there are a number of bollards on the redways and footpaths around the course and, while there has not yet been an accident, it is worth pointing out to your runners that they need to be vigilant.

Please note, the SEAA Road Race Management Committee has stated that Under 17 athletes won't be allowed to take part in these Championships (i.e. athletes must be 17 or over on 1 October 2011).

We are pleased to be able to say that tents and banners can be erected on the track infield and on the banking.

The Registration Desk will be in the clubhouse close to the Start/Finish area. You will be able to pick up a package containing your numbers and the team declaration sheets. The men's team declarations must be completed and returned by 11.30am and the women by 12.30pm. The men's 12-stage race starts at 12 noon and the women's 6-stage race at 1pm. For the men's race, any runners who have not started their legs by 4.30pm will be sent off together at that time with the final positions and times of their teams adjusted accordingly. This will ensure that the race finishes by 5pm.

Refreshments will be available in the clubhouse and, if the weather is good, there will be a barbecue.

A computer program has been developed for processing the results that will, we hope, enable us to get results out quickly. Each leg results will be on sale for 20p from the Registration Desk.

The women's presentation will be held on the clubhouse steps at 3.45pm. The men's presentation will be held there at 5.15pm (if not before!). Teams will only be eligible for the men's and women's spot prizes if there is at least one member present at the presentation.

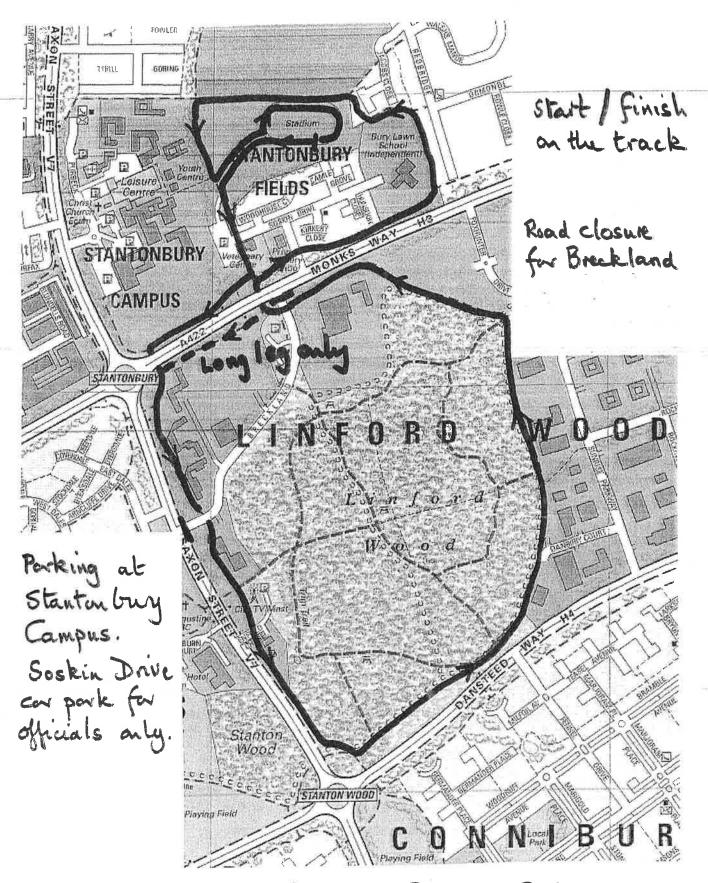
There will be a tug-of-war competition on the infield from 4:30pm, with men's teams of 8 and women's teams of 4. The entry fee for this will be £8 for a men's team and £4 for a women's team. Teams will be restricted to those who have run in the relay. All proceeds from this fun event will go to Sport Relief.

I look forward to seeing you on the day and to another exciting Championship.

Yours in Sport

Mick Bromilow

Chair, Marshall Milton Keynes AC



South of England Road Relays

Short Leg 5053m

Long Leg (2 laps of Linford Woods) 7664m

