

Hillingdon AC Fixtures

2016

February

Sat 13th	Start Fitness Met League	Ally Pally	XC	All
Sat 27th	English National XC Champs	Donington Park	XC	All

March

Wed 9th	Teddy Hall Relays	Oxford	Road	Seniors
Sun 13th	Finchley 20	Ruislip	Road	Seniors
Sun 13th	Middlesex (and Herts) Masters XC	Watford	XC	Vets
13/14th	English U15 / U17 / U20 Championships	Sheffield	Indoor	
19/20th	Middlesex Championships	Lee Valley	Indoor	
Sun 20th	SEAA 12 and 6 Stage Road Relays	Milton Keynes	Road	Seniors
Mon 28th	Hillingdon Half Marathon & 10K	Uxbridge	Road	

April

TBC	Wilkie Mile	Ruislip	Road	All
Thur 7th*	5k Training Race Date TBC	Ruislip	Road	All
Sat 9th	Alder Valley Boys	Bracknell	T & F	Juniors
Sun 10th	Alder Valley Girls	Portsmouth	T & F	Juniors
Sat 16th	S A L	Hillingdon	T & F	Seniors
Sat 16th	National 12 and 6 Stage Road Relays	Sutton Coldfield	Road	Seniors
Sun 17th	Brighton Marathon	Brighton	Road	
Sat 23rd	YDL - LAG	Dorset	T & F	Juniors
Sun 24th	London Marathon & Mini Marathon	London	Road	

MAY

Sun 1st	YDL - UAG	Oxford	T & F	Juniors
Sun 8th	Alder Valley Girls	Hillingdon	T & F	Juniors
Mon 9th	Vets League	Battersea	T & F	Vets
Thur 12th	5k Training Race Date	Ruislip	Road	All
Sat 14th	Middlesex County Champs	Lee Valley	T & F	All
Sun 15th	Middlesex County Champs	Lee Valley	T & F	All
Sat 21st	YDL - LAG	Guildford	T & F	Juniors
Sun 22nd	S A L	Yeovil	T & F	Seniors
Sun 29th	YDL - UAG	Aldershot	T & F	Juniors

JUNE

Sun 5th	Alder Valley Boys	Hillingdon	T & F	Juniors
Mon 6th	Vets League	Hillingdon	T & F	Vets
Thur 9th	5k Training Race	Ruislip	Road	All
Sat 11th	Middlesex Schools Championships	Hillingdon	T & F	Juniors
Sun 12th	Ickenham 5 Mile Race	Ickenham	Road	
Sat 18th	S A L	Bracknell	T & F	Seniors
Sun 19th	YDL - LAG	Kingston	T & F	Juniors
Mon 20th	Vets League	Battersea	T & F	Vets
Sun 26th	YDL - UAG	Bedford	T & F	Juniors

JULY

Sat 9th	S A L	Brighton	T & F	Juniors
Wed 13th	Vets League	Perivale	T & F	Vets
Thur 14th	5k Training Race	Ruislip	Road	All
Sat 16th	YDL - LAG	Walton	T & F	Juniors
Sun 24th	YDL - UAG	Linford Christie	T & F	Juniors

AUGUST

Thur 11th 5k Training Race
Sun 14th Alder Valley Girls
Sat 20th S A L
Sun 21st Alder Valley Boys

Ruislip	Road	All
Guildford	T & F	Juniors
Woking	T & F	Seniors
Basingstoke	T & F	Juniors

SEPTEMBER

Thur 8th 5k Training Race
Sat 10th Alder Valley Girls Final
Sun 11th Alder Valley Boys Final

Ruislip	Road	All
Windsor or Bracknell	T & F	Juniors
Reading or Portsmouth	T & F	Juniors

Further fixtures TBC